**Course Overview**

G.O.A.L.S Class (Guidance Outcomes Achieves Leadership Success): The transition from high school to young adulthood is a critical stage for all teenagers; for students with disabilities, this stage requires extra planning and goal setting. Factors to consider include post-secondary education, the development of career and vocational skills, as well as the ability to live independently. This course is a guide to planning for the successful transition of a student with disabilities from school to post-high school endeavors. The purpose of transition planning is to provide the student with the services and supports he/she needs to make a successful move into adult life. Students will use the work throughout the class to develop their IEP and Transition Plan for post-secondary life experiences.

**Essential Understandings**

* Values influence our lifelong decisions.
* Personal place or contribution in a community is not limited by a disability.
* Post-secondary planning includes current coursework, employment, further education and where one will live.
* Self-advocacy and accessing resources are important for future planning.

**Priority Standards and Performance Indicators**

**P.S. ELA-7 Speaking and Listening: Engage effectively in well-reasoned exchange of ideas**

1. Attentively listen to the words of a speaker.
2. Summarize what someone has said.
3. Defend, refute, or challenge the ideas of others.
4. Use evidence to support a position.
5. Organize ideas clearly and logically.
6. Use annotations of the text to contribute to class discussion.

**Maine Learning Results: Career and Education Development:**

A1: Self-knowledge and self-concept

B1: Relationships among learning, work, the community and the global community

**Brunswick High School Guiding Principles:**

Standard 1 Communicate clearly and effectively

1. Listen, comprehend and adjust communication based on audience, task, purpose and discipline
2. Use a variety of modes of expression, such as spoken, written, visual and performing arts including the use of technology and digital media

Standard 2 Demonstrate the habits of being a self-directed life-long learner

a. Demonstrates initiative and persistence

b. Demonstrates flexibility and independence

Standard 4 Engage in responsible and involved citizenship

1. Demonstrates global awareness and economic and civil literacy
2. Demonstrate awareness of personal and community health and awareness

Standard 5 Demonstrate integrative and informed thinking

a. Gain and apply knowledge across disciplines and learning contexts

**Examples of Formative / Summative Assessments**

* Completed transition plan with career goals, course of study
* Completed interviews with responses and reflection
* Post-secondary education plan with college research activities
* Career Research Project with O-NET interest inventory results & resume
* Development of post-secondary living vision
* Portfolio of services available in living area
* GOALS final exam

**Sample Texts and Materials/Resources**

* http://www.ldonline.org
* [www.disabilityisnatural.com](http://www.disabilityisnatural.com)
* www.ed.gov
* http://www.ou.edu
* [www.maine.gov/doe](http://www.maine.gov/doe)
* O-NET online
* SMCC.edu, CMCC.edu
* GOALS google classroom
* Videos: LD movie, Success through effort, Growing your mind, Coping with Stress