

Health/Guidance
Unit 6: Conflict Resolution

Essential Understandings	<ul style="list-style-type: none"> ▪ Conflict is normal and there are ways to manage conflict peacefully.
Essential Questions	<ul style="list-style-type: none"> ▪ What escalates and de-escalates conflict? ▪ What are choices students have to resolve conflicts? ▪ How does respect and acceptance influence conflict resolution? ▪ What communication skills can students use to solve problems?
Essential Knowledge	<ul style="list-style-type: none"> ▪ Respecting the personal space and boundaries of self and others promotes positive attitudes ▪ Cooperation skills foster positive social interactions ▪ Respect and acceptance are characteristics of healthy relationships. ▪ Finding several solutions to a problem contributes to the success of the solution
Vocabulary/Content	<ul style="list-style-type: none"> ▪ conflict, resolution, peaceful, compromise, empathy, brainstorming, I messages/You messages, active listening skills, effective, assertiveness, assistance, refusal skills, non-violent strategies, positive health choices, encourage, predicting consequences
Essential Skills	<ul style="list-style-type: none"> ▪ State a problem from another's point of view ▪ Identify someone else's feelings in a conflict ▪ Find several solutions to a problem ▪ Listen actively and respond to others

**Health/Guidance
Unit 6: Conflict Resolution**

<p>ASCA Concepts</p>	<p>Recognize that everyone has rights and responsibilities Respect alternate points of view Learn how to make and keep friends Use effective communication skills Use a decision making and problem solving model Understand consequences of decisions and choices Identify alternative solutions to a problem Demonstrate when, where and how to seek help for solving problems and making decisions Know how to apply conflict resolution skills Apply effective problem-solving and decision-making skills to make safe and healthy choices Learn techniques for managing stress and conflict</p>
<p>Related Maine Learning Results</p>	<p>Health E1a.Demonstrate appropriate listening skills to enhance health E1bDemonstrate effective verbal and non-verbal communication skills including assertiveness skills to enhance health E1c Demonstrate how to ask for assistance to enhance personal health E1d Demonstrate refusal skills to avoid or reduce health risks E1eDemonstrate non-violent strategies to manage or resolve conflict. E12 Students encourage others to make positive health choices</p>
<p>Sample Lessons And Activities</p>	<p>. Create T chart comparing I messages with You messages. Discuss a problem that may be occurring on the school campus: playground, hallway, cafeteria. Divide into small groups and find solutions. List the solutions and find commonalities among them. Role play adults and children discussing a problem that might occur in a home situation.</p>
<p>Sample Classroom Assessment Methods</p>	<ul style="list-style-type: none"> ▪ Create a group skit displaying conflict resolution skills ▪ Student write a weekly journal describing recess activity noting problems and resolutions ▪ Students list at least three trusted adults in their lives

Health/Guidance
Unit 6: Conflict Resolution

<p>Sample Resources</p>	<p>William J. Kreidler, <i>Creative Conflict Resolution</i> William J. Kreidler & Lisa Furlong, <i>Adventures in Peacemaking</i></p> <p>Sunburst Communications, <i>We Can Work It Out</i>, video</p>
--------------------------------	---