

**Health/Guidance
Unit 5: Conflict Resolution**

Essential Understandings	<ul style="list-style-type: none"> ▪ Conflict is normal and there are ways to manage conflict peacefully.
Essential Questions	<ul style="list-style-type: none"> ▪ What escalates and de-escalates conflict? ▪ What are choices students have to resolve conflicts? ▪ How does respect and acceptance influence conflict resolution? ▪ What communication skills can students use to solve problems?
Essential Knowledge	<ul style="list-style-type: none"> ▪ Respecting the personal space and boundaries of self and others promotes positive attitudes ▪ Cooperation skills foster positive social interactions ▪ Respect and acceptance are characteristics of healthy relationships. ▪ Multiple solutions are possible in problem solving..
Vocabulary/Content	<ul style="list-style-type: none"> ▪ conflict, peaceful, compromise, empathy, brainstorming, I messages, needs, wants, feelings, verbal, on-verbal, personal health, listening skills, dangerous, unwanted, trusted adult, predicting consequences ▪ .
Essential Skills	<ul style="list-style-type: none"> ▪ State a problem from another’s point of view ▪ Identify someone else’s feelings in a conflict ▪ Find several solutions to a problem ▪ Listen actively and respond to others

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ASCA concepts	<p>Recognize that everyone has rights and responsibilities Respect alternate points of view Learn how to make and keep friends Use effective communication skills Use a decision making and problem solving model Understand consequences of decisions and choices Identify alternative solutions to a problem Demonstrate when, where and how to seek help for solving problems and making decisions Know how to apply conflict resolution skills Apply effective problem-solving and decision-making skills to make safe and healthy choices Learn techniques for managing stress and conflict</p>
Related Maine Learning Results	<p>Health E1a, Demonstrate healthy ways to express needs, wants and feelings. E1b, Distinguish between verbal and nonverbal communication E1c Make requests to promote personal health E1d. Demonstrate listening skills to enhance health E1e Demonstrate ways to respond to an unwanted, threatening, or dangerous situation, including telling a trusted adults if threatened or harmed E2 Students encourage peers to make positive health choices.</p>
Sample Lessons And Activities	<p>Introduce 'I messages' vs. 'You messages' Teach skills to identify body language Brainstorm real-life conflicts from the playground and role play solutions .</p>
Sample Classroom Assessment Methods	<ul style="list-style-type: none"> ▪ Second Step Summative Knowledge Assessments ▪ Students draw picture of a conflict and a solution.

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<p>Sample Resources</p>	<p>Martine Agassi, <i>Hands Are Not for Hitting</i> William J. Kreidler, <i>Creative Conflict Resolution</i> William J. Kreidler & Lisa Furlong, <i>Adventures in Peacemaking</i> William J. Kreidler & Sandy Tsubokawa Whittal, <i>Adventures in Peacemaking, 2nd ed. Early Childhood</i> Cheri Meiners, <i>Talk and Work It Out</i> Cheri Meiners, <i>Cool Down and Work Through Anger</i> Elizabeth Verdick, <i>Words Are Not for Hurting</i></p> <p><i>Skills for Social and Academic Success/Second Step</i>, published by Committee for Children</p> <p>Sunburst Communications, <i>We Can Work It Out</i>, video</p>
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