

**Health/Guidance  
Unit 3: Aspirations**

<p><b>Essential Understandings</b></p>	<ul style="list-style-type: none"> <li>▪ Early learning skills contribute to success as a life long learner.</li> <li>▪ Personal choices effect career paths.</li> </ul>
<p><b>Essential Questions</b></p>	<ul style="list-style-type: none"> <li>- How might my learning now connect to later career choices?</li> <li>- Where might I get more information about a career interest?</li> </ul>
<p><b>Essential Knowledge</b></p>	<ul style="list-style-type: none"> <li>- Training, education and higher education is needed to do different kinds of work</li> <li>- Hobbies and personal interests can lead to later career interests</li> <li>- Setting personal goals contribute to academic and professional success.</li> </ul>
<p><b>Vocabulary/Content</b></p>	<ul style="list-style-type: none"> <li>▪ career, community, tool, hobby, worker, occupation, personal interests, goals</li> </ul>
<p><b>Essential Skills</b></p>	<ul style="list-style-type: none"> <li>▪ Begin to acquire skills to investigate the world of work in relation to knowledge of self to later make informed career decisions</li> <li>▪ Set personal goals for the classroom</li> <li>▪ Make a connection on the importance of learning and future job choices</li> <li>▪ Demonstrate an understanding of roles and contributions of workers in school, home and their community</li> <li>▪ Identify personal skills, abilities and interests in areas of academic, career and social development</li> </ul>

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<p align="center"><b>ASCA Concepts</b></p>	<p>Understand the relationship between learning and work          Demonstrate an understanding of the value of lifelong learning as essential to seeking,obtaining and maintaining life goals          Understand that school success is the preparation to make the transition from student to community member          Understand how school success and academic achievement enhance future career and vocational opportunities          Apply decision making skills to career planning          identify personal skills,interests and abilities and relate them to current career choice          Articulate feelings of competence and confidence as learners          Display a positive interest in learning          Demonstrate how interests, abilities and achievement relate to achieving personal, social,educational and career goals          Learn about the variety of traditional and non-traditional occupations          Develop an awareness of personal abilities,skills, and interests</p> <p align="center"><b>Maine Learning Results</b></p> <p>Career and Education Development          A4 Students identify and discuss career roles          C1 Students identify and give examples of how they make choices and set personal goals for school.          C3 Students identify people and experiences that influence decision-making in various settings</p>
<p align="center"><b>Sample Lessons And Activities</b></p>	<p>Kindergarten:          Toolbox Guessing Game Activity- students identify and discuss various community workers from posters and books.</p> <p>Grade 1/2 :          Read and discuss <i>Someday</i> by Eileen Spinelli          Students draw pictures of what they dream of becoming /doing as adults and complete a developmentally appropriate survey of personal strengths and interests.</p> <p>Role play community workers in a guessing game using props</p>
<p align="center"><b>Sample Classroom Assessment Methods</b></p>	<p>Students pictorially represent a personal skill, interest or a future occupation.</p>

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<p><b>Sample Resources</b></p>	<p><i>What Can You Do?</i> by Rotner and Kelly <i>When I Grow Up</i> by Al Yankovic <i>Someday</i> by Eileen Spinelli <i>Tools at Work!</i> ( Pre-K-2) by Matthew Johnson</p> <p>Community Helpers posters by Carson-Dellosa Publishing</p>
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