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| Essential Understandings | Respecting personal boundaries contributes to healthy relationships with peers and adults. |
| EssentialQuestions | * Who are trusted adults?
* What are personal boundaries?
* How to recognize and respond to an unsafe situation?
* What are private body spaces?
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| Essential Knowledge | * Difference between safe, unsafe, and confusing touch.
* Importance of talking to many trusted adults in an unsafe or confusing situation.
* Recognize personal boundaries and the right to privacy
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| Vocabulary/Content | * Safe touch, threatening situations, valid health information,
* Unsafe touch, health resources, trusted adult
* Confusing touch
* Private/Privacy , peer support, blame, fault
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| Essential Skills | * Recognize the differences among safe, unsafe and confusing touches
* Identify appropriate responses to an unsafe situation
* Identify sources of help both adult and peer
* Communicate effectively regarding safety situations
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| **ASCA** **Concepts**Maine Learning Results | develop positive attitudes toward self as a unique and worthy person Demonstrate essential understanding of basic health concepts identify and express feelings distinguish between appropriate and inappropriate behavior recognize personal boundaries, rights, and privacy needs use effective communications skills know that communication involves speaking, listening, and nonverbal behavior learn about the differences between appropriate and inappropriate physical contact differentiate between situations requiring peer support and situations requiring adult professional help identify resource people in the school and community, and know how to seek their help F1a Identify health-related situations that might require a thoughtful decisionC2a Demonstrate healthy and safe ways to recognize, deal with, or avoid threatening situations.C2b Develop injury prevention and safety strategies for personal healthB1Students identify characteristics of valid health information, products, and services.B2 Students locate resources from home, school and the community that provide valid health information  |
| SampleLessonsAndActivities | * Read and discuss grade appropriate books or videos
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| SampleClassroomAssessmentMethods | * Each child will state a person he or she trusts to provide help.
* Each child will complete a brief SASSMM assessment of the lesson.
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| SampleResources | *When Should You Tell*? gr 2-4 –video by Sunburst Communications *Sexual Abuse: It’s Not your Fault* – video from Sunburst videosSASSMM – community outreach agency |