Guidance Unit 17: Career Development

Essential Understandings	 Career exploration and development enhances decision-making and planning skills for post-secondary options.
Essential Questions	 What kind of academic preparation is essential to choose from a wide variety of career options? What skills are needed to investigate the world of work? What skills are needed to achieve future career success and satisfaction? What is the relationship between personal qualities, education and training and the world of work?
Essential Knowledge	 Identifying different career types while learning about personal career interests allows students to enhance career awareness. Identify programs available at a technical school. Understand the variety of skills and abilities required to successfully pursue both a technical program and career. Understanding the cost of living allows students to begin to learn how to budget and plan post-secondary options.
Vocabulary	 <u>Terms:</u> Career Occupation Post- secondary options Success Interests Budget Labor Market Information Job Self-employed Regular Hours Gross Income Overtime Seasonal Work Transferable skills Net Income Career Development Irregular Hours Trade Trade skills Job Safety Technical program
Essential Skills	 Learn about the variety of traditional and non-traditional occupations Develop an awareness of personal abilities, skills, interests and motivations Develop hobbies and vocational interests

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Related Maine Learning	 Know the various ways in which occupations can be classified Assess and modify their educational plan to support career Describe traditional and non-traditional career choices and how they relate to career choice. Identify personal preferences and interests influencing career choice and success Career & Educational Development A1. Self-Knowledge and Self-Concept (6-8) Students explain how 	
Results	 interests, skills, habits of mind, and experiences, support and maintain a positive self-concept. A3. Interpersonal Skills (6-8) Students demonstrate behaviors that reflect positive interpersonal skills and analyze how positive interpersonal skills lead to success in a variety of school, work, and community settings. B1. Relationships Among Learning, Work, the Community, and Global Economy (6-8) Students explain how educational achievement and lifelong learning lead to increased participation in school, work, community, and the world. B2. Skills for Individual/Personal Success in the 21st Century (6-8) Students analyze their skills in relation to those that lead to learning and success in the classroom, and the achievement of schoolwork, career, and personal life goals. B3: Students locate and analyze the use of different types of resources, including occupational information and labor market information, to explore post-secondary education, training, and career choices (6-8) C4. Societal Needs and Changes that Influence Workplace Success (6-8) Students identify and explain how diverse and changing societal and global needs, including economic needs, influence personal decision-making. 	
Sample Lessons And Activities	 Career Exploration Lesson- see attached Career interest survey- see attached "Get a Life" Career Exploration Tools <u>www.Famemaine.com</u> "My Future" Worksheet- see attached Field Trip to Region 10 Vocational School 	
Sample Classroom Assessment Methods	 Pre/Post survey Budgeting a successful income/lifestyle Post Region 10 visit survey 	
Sample Resources	 FAME (Finance Authority of Maine)- "Get a Life" Career Planning tools <u>http://www.famemaine.com/files/StaticPages/General/GetALife/GetALife.</u> <u>html</u> Naviance Planning Program Maine Region Ten Technical High School <u>http://region10.mainecte.org/</u> 	

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Technology	http://www.brunswick.k12.me.us/curriculum	
Link		