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| Essential  Understandings | * Conflict is normal and there are ways to manage conflict peacefully. |
| Essential  Questions | * What escalates and de-escalates conflict? * What are choices students have to resolve conflicts? * How does respect and acceptance influence conflict resolution? * What communication skills can students use to solve problems? |
| Essential Knowledge | * Respecting the personal space and boundaries of self and others promotes positive attitudes * Cooperation skills foster positive social interactions * Respect and acceptance are characteristics of healthy relationships. * Finding several solutions to a problem contributes to the success of the solution |
| Vocabulary/Content | * conflict, resolution, peaceful, compromise, empathy, brainstorming, I messages/You messages, active listening skills, effective, assertiveness, assistance, refusal skills, non-violent strategies, positive health choices, encourage, predicting consequences |
| Essential  Skills | * State a problem from another’s point of view * Identify someone else’s feelings in a conflict * Find several solutions to a problem * Listen actively and respond to others |
| ASCA  Concepts  Related  Maine Learning  Results | Recognize that everyone has rights and responsibilities  Respect alternate points of view  Learn how to make and keep friends  Use effective communication skills  Use a decision making and problem solving model  Understand consequences of decisions and choices  Identify alternative solutions to a problem  Demonstrate when, where and how to seek help for solving problems and making decisions  Know how to apply conflict resolution skills  Apply effective problem-solving and decision-making skills to make safe and healthy choices  Learn techniques for managing stress and conflict  E1a.Demonstrate appropriate listening skills to enhance health  E1b Demonstrate effective verbal and non-verbal communication skills including assertiveness skills to enhance health  E1c Demonstrate how to ask for assistance to enhance personal health  E1d Demonstrate refusal skills to avoid or reduce health risks  E1e Demonstrate non-violent strategies to manage or resolve conflict*.*  E12 Students encourage others to make positive health choices |
| Sample  Lessons  And  Activities | Review the six Code of Ethics words from the Brunswick School  Department’s mission statement. In small group skits, students resolve conflicts scenarios.  Create T chart comparing I messages with You messages. |
| Sample  Classroom  Assessment  Methods | * Create a group skit displaying conflict resolution skills * Student write a weekly journal describing recess activity noting problems and resolutions * Students list at least three trusted adults in their lives |
| Sample  Resources | *Creative Conflict Resolution* by William Kreidler  *Adventures in Peacemaking* by William Kreidler & Lisa Furlong  Sunburst Communications, *We Can Work It Out,* video |