

**Brunswick School Department
Grade 7
Human Development**

Essential Understandings	<ul style="list-style-type: none"> ▪ Humans develop in predictable stages.
Essential Questions	<ul style="list-style-type: none"> ▪ How do humans develop? ▪ What factors contribute to human development?
Essential Knowledge	<ul style="list-style-type: none"> ▪ The stages of human life include: infancy, childhood, adolescence, young adulthood, middle adulthood, and late adulthood. ▪ Each stage of life has certain characteristics. ▪ Each person moves through the stages of life at his/her own rate of development. ▪ There is an interrelationship of health components at every stage. ▪ During puberty, adolescents experience significant physical, mental, emotional, and social changes.
Vocabulary	<ul style="list-style-type: none"> ▪ <u>Terms:</u> <ul style="list-style-type: none"> ○ infant, toddler, adolescent, puberty, adult, early adulthood, middle adulthood, late adulthood, life cycle, physical, mental, social, emotional
Essential Skills	<ul style="list-style-type: none"> ▪ Describe the stages of human development. ▪ Recognize that individuals develop at various rates. ▪ Describe the relationship among the parts of health. ▪ Define puberty and the changes that occur.
Related Maine Learning Results	<p><u>Health</u></p> <p>A. Health Concepts</p> <p>2. Describe the relationship among physical, mental, emotional and social health.</p> <p>7. Identify the characteristics and stages of human growth and development.</p>
Sample Lessons And Activities	<ul style="list-style-type: none"> ▪ Complete a vocabulary notebook. ▪ Complete a note taking activity. ▪ Brainstorm: "If people live to 100 years of age, what stages of life development would they go through?" ▪ In a small group, research one of the stages of life. Create a graphic organizer that shows the characteristics of that stage for each of the components of health.
Sample Classroom Assessment Methods	<ul style="list-style-type: none"> ▪ Complete stages of life foldable booklet.

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Sample Resources	▪ <u>Publications:</u> ○
Technology Link	▪ http://www.brunswick.k12.me.us/curriculum