

**Physical Education
Unit 13: Tsegball**

<p>Essential Understandings</p>	<ul style="list-style-type: none"> ▪ Students will learn the benefits of physical activity, team work, and cooperation.
<p>Essential Questions</p>	<ul style="list-style-type: none"> ▪ How do you score?
<p>Essential Knowledge</p>	<ul style="list-style-type: none"> ▪ Basic Rules <ul style="list-style-type: none"> ○ This is a handball game. ○ There are 4 goals - 2 for each team. ○ A goal keeper is needed for each goal. ○ Goal keeper must stay in designated penalty area. ○ Player can not run with the ball. ○ Player has three seconds to pass the ball to a teammate or throw it down field or at the goal. ○ Players can not jump to intercept or throw the ball. ○ To score a player must throw the ball into the basket- goal. ○ A penalty resulted in a free shot because of inappropriate bodily contact.
<p>Vocabulary</p>	<ul style="list-style-type: none"> ▪ <u>Terms:</u> <ul style="list-style-type: none"> ○ goalkeeper, handball, pass, goal
<p>Essential Skills</p>	<ul style="list-style-type: none"> ▪ Demonstrate proper passing, catching, pivoting, and goalkeeping.

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<p>Related Maine Learning Results</p>	<p><u>Health and Physical Education</u> G. Movement/Motor Skills and Knowledge G1.Stability and Force Students change their motion and the motion of objects by applying the principles of stability and force to modify their performance in games/physical activities. b. Use the principle of opposition, point of contact, and point of release to change the path of an object during a game/physical activity. c. Adjust movements to accommodate external forces that decrease risk for injury. G2.Movement Skills Students demonstrate a variety of specialized movement skills specific to a game/physical activity while participating in a game/physical activity. I. Personal and Social Skills and Knowledge I1.Cooperative Skills Students demonstrate collaborative skills while participating in skill activities. a. Accept constructive feedback. c. Include peers respectfully in activities. I2.Responsible Behavior Students demonstrate responsible and ethical personal behavior while participating in physical activities. I3.Safety Rules and Rules of Play Students predict how etiquette/rules improve games/activities. a. Explain how etiquette/rules contribute to productive participation. b. Predict how modifications to the environment can impact safety during games/physical activities.</p>
<p>Sample Lessons And Activities</p>	<ul style="list-style-type: none"> ▪ Explain the rules of the game. ▪ Divide the class into teams and play ▪ “Coach” the students as they are playing.
<p>Sample Classroom Assessment Methods</p>	<ul style="list-style-type: none"> ▪ Student observation

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<p>Sample Resources</p>	<ul style="list-style-type: none">▪ <u>Other Resources:</u><ul style="list-style-type: none">○ MAPHERD
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