

**Consumer & Life Studies**  
**Parenting I: Child Development**  
**Unit 4: Infant Care**

<b>Essential Understandings</b>	<ul style="list-style-type: none"> <li>▪ Infants add considerable cost to a family’s budget.</li> <li>▪ Infants need protection.</li> <li>▪ The arrival of an infant requires adjustment.</li> <li>▪ Bonding is an essential process for an emotionally healthy baby.</li> <li>▪ Breastfeeding is the preferred option for infant feeding according to the American Academy of Pediatrics.</li> <li>▪ Individual development can be enhanced by the attention of parents and other caregivers.</li> </ul>
<b>Essential Questions</b>	<ul style="list-style-type: none"> <li>▪ What does it cost to raise an infant?</li> <li>▪ What steps does one take to protect an infant?</li> <li>▪ How can one facilitate the adjustment to raising an infant?</li> <li>▪ How does bonding occur and what can interfere with it?</li> <li>▪ Why is breastfeeding beneficial for infant and mother?</li> <li>▪ How can parents and other caregivers enhance an infant’s development during the first year?</li> </ul>
<b>Essential Knowledge</b>	<ul style="list-style-type: none"> <li>▪ The expense of raising a baby can be controlled through careful budgeting.</li> <li>▪ The safety of nursery equipment and an infant’s surroundings are essential for the infant’s survival.</li> <li>▪ The incidence of Sudden Infant Death Syndrome (SIDS) has been reduced considerably by following prescribed precautions.</li> <li>▪ Caregivers must be knowledgeable about the effects of Shaken Baby Syndrome to prevent long-term damage or death.</li> <li>▪ Parents of an infant must learn to manage their time, rest, and relationship differently.</li> <li>▪ Sibling rivalry can be lessened by thoughtful inclusion and parental attention.</li> <li>▪ Bonding and nurturing contribute to lifelong healthy relationships.</li> <li>▪ Postpartum depression can interfere with bonding and may require the support of family and friends.</li> <li>▪ Breastfeeding provides a baby with perfect nourishment and boosts the baby’s immune system.</li> <li>▪ Babies develop in the same sequence, but at an individual rate. Development can be enhanced by quality parental interactions.</li> </ul>
<b>Vocabulary</b>	<ul style="list-style-type: none"> <li>▪ <u>Terms:</u> <ul style="list-style-type: none"> <li>○ pediatrician, Consumer Products Safety Commission, Sudden Infant Death Syndrome, Shaken Baby Syndrome, bonding, attachment, nurturing, lactation, colostrums, weaning, post part-um depression, sibling rivalry, bonding, baby blues, post partum depression, premature, incubator, reflexes, pediatrician, temperament.</li> </ul> </li> </ul>

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<p align="center"><b>Essential Skills</b></p>	<ul style="list-style-type: none"> <li>▪ Evaluate the cost effective of items that can be purchased to meet a baby’s needs.</li> <li>▪ Identify hazards associated with nursery equipment and the improper infant care (i.e., Shaken Baby Syndrome).</li> <li>▪ Give examples of ways parents must adjust to an infant’s arrival.</li> <li>▪ Explain sibling rivalry and generate a list of how parents can alleviate it.</li> <li>▪ Describe the importance of bonding and how parents nurture a relationship with the infant and child.</li> <li>▪ Compare and contrast breast and bottle feeding.</li> </ul>
<p align="center"><b>Related Maine Learning Results</b></p>	<p><u>Health</u></p> <p>A. Health Concepts</p> <p>A1.Healthy Behaviors and Personal Health Students predict how behaviors can impact health status.</p> <p>a. Analyze individual responsibility for enhancing health.</p> <p>b. Predict how healthy behaviors can positively impact health status.</p> <p>B. Health Information, Products and Services</p> <p>B1.Validity of Resources Students evaluate the validity and accessibility of health information, products, and services.</p> <p>B2.Locating Health Resources Students access valid and reliable health information, products, and services.</p> <p>a. Determine when professional health services may be required.</p>
<p align="center"><b>Sample Lessons And Activities</b></p>	<ul style="list-style-type: none"> <li>▪ Complete a budget for the first year of an infant’s life.</li> <li>▪ Complete a worksheet of nursery equipment safety and other precautions based on the Consumer Products Safety Standards.</li> <li>▪ Use <u>Parents</u> and <u>Consumer Reports</u> magazines to identify infant product recalls.</li> <li>▪ Complete “Real Care Baby” project in which one spends two consecutive nights and days with a randomly programmed infant simulator. Keep a log of events including the cause of infant behaviors (i.e., feeding, burping, diapering, rocking, etc.). Complete a self evaluation survey upon completion.</li> </ul>
<p align="center"><b>Sample Classroom Assessment Methods</b></p>	<ul style="list-style-type: none"> <li>▪ Baby budget</li> <li>▪ Quizzes</li> <li>▪ Tests</li> <li>▪ Video worksheets</li> <li>▪ “Real Care Baby” Project</li> </ul>

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<p><b>Sample Resources</b></p>	<ul style="list-style-type: none"><li>▪ <u>Publications:</u><ul style="list-style-type: none"><li>○ <u>The Developing Child: Understanding Children and Parenting</u> – Glencoe</li><li>○ <u>Parents</u></li><li>○ <u>Consumer Reports</u></li></ul></li><li>▪ <u>Videos:</u><ul style="list-style-type: none"><li>○ <u>Baby's First Months</u></li><li>○ <u>Bathing Your Baby</u></li></ul></li><li>▪ <u>Other Resources:</u><ul style="list-style-type: none"><li>○ "Real Care Baby" activity sheets</li></ul></li></ul>
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