

Consumer & Life Studies
Parenting I: Child Development
Unit 4: Infant Care

Essential Understandings	<ul style="list-style-type: none"> ▪ Infants add considerable cost to a family’s budget. ▪ Infants need protection. ▪ The arrival of an infant requires adjustment. ▪ Bonding is an essential process for an emotionally healthy baby. ▪ Breastfeeding is the preferred option for infant feeding according to the American Academy of Pediatrics. ▪ Individual development can be enhanced by the attention of parents and other caregivers.
Essential Questions	<ul style="list-style-type: none"> ▪ What does it cost to raise an infant? ▪ What steps does one take to protect an infant? ▪ How can one facilitate the adjustment to raising an infant? ▪ How does bonding occur and what can interfere with it? ▪ Why is breastfeeding beneficial for infant and mother? ▪ How can parents and other caregivers enhance an infant’s development during the first year?
Essential Knowledge	<ul style="list-style-type: none"> ▪ The expense of raising a baby can be controlled through careful budgeting. ▪ The safety of nursery equipment and an infant’s surroundings are essential for the infant’s survival. ▪ The incidence of Sudden Infant Death Syndrome (SIDS) has been reduced considerably by following prescribed precautions. ▪ Caregivers must be knowledgeable about the effects of Shaken Baby Syndrome to prevent long-term damage or death. ▪ Parents of an infant must learn to manage their time, rest, and relationship differently. ▪ Sibling rivalry can be lessened by thoughtful inclusion and parental attention. ▪ Bonding and nurturing contribute to lifelong healthy relationships. ▪ Postpartum depression can interfere with bonding and may require the support of family and friends. ▪ Breastfeeding provides a baby with perfect nourishment and boosts the baby’s immune system. ▪ Babies develop in the same sequence, but at an individual rate. Development can be enhanced by quality parental interactions.
Vocabulary	<ul style="list-style-type: none"> ▪ <u>Terms:</u> <ul style="list-style-type: none"> ○ pediatrician, Consumer Products Safety Commission, Sudden Infant Death Syndrome, Shaken Baby Syndrome, bonding, attachment, nurturing, lactation, colostrums, weaning, post part-um depression, sibling rivalry, bonding, baby blues, post partum depression, premature, incubator, reflexes, pediatrician, temperament.

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<p style="text-align: center;">Essential Skills</p>	<ul style="list-style-type: none"> ▪ Evaluate the cost effective of items that can be purchased to meet a baby’s needs. ▪ Identify hazards associated with nursery equipment and the improper infant care (i.e., Shaken Baby Syndrome). ▪ Give examples of ways parents must adjust to an infant’s arrival. ▪ Explain sibling rivalry and generate a list of how parents can alleviate it. ▪ Describe the importance of bonding and how parents nurture a relationship with the infant and child. ▪ Compare and contrast breast and bottle feeding.
<p style="text-align: center;">Related Maine Learning Results</p>	<p><u>Health</u></p> <p>A. Health Concepts</p> <p style="padding-left: 20px;">A1.Healthy Behaviors and Personal Health</p> <p style="padding-left: 40px;">Students predict how behaviors can impact health status.</p> <p style="padding-left: 40px;">a. Analyze individual responsibility for enhancing health.</p> <p style="padding-left: 40px;">b. Predict how healthy behaviors can positively impact health status.</p> <p>B. Health Information, Products and Services</p> <p style="padding-left: 20px;">B1.Validity of Resources</p> <p style="padding-left: 40px;">Students evaluate the validity and accessibility of health information, products, and services.</p> <p style="padding-left: 20px;">B2.Locating Health Resources</p> <p style="padding-left: 40px;">Students access valid and reliable health information, products, and services.</p> <p style="padding-left: 40px;">a. Determine when professional health services may be required.</p>
<p style="text-align: center;">Sample Lessons And Activities</p>	<ul style="list-style-type: none"> ▪ Complete a budget for the first year of an infant’s life. ▪ Complete a worksheet of nursery equipment safety and other precautions based on the Consumer Products Safety Standards. ▪ Use <u>Parents</u> and <u>Consumer Reports</u> magazines to identify infant product recalls. ▪ Complete “Real Care Baby” project in which one spends two consecutive nights and days with a randomly programmed infant simulator. Keep a log of events including the cause of infant behaviors (i.e., feeding, burping, diapering, rocking, etc.). Complete a self evaluation survey upon completion.
<p style="text-align: center;">Sample Classroom Assessment Methods</p>	<ul style="list-style-type: none"> ▪ Baby budget ▪ Quizzes ▪ Tests ▪ Video worksheets ▪ “Real Care Baby” Project

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<p>Sample Resources</p>	<ul style="list-style-type: none">▪ <u>Publications:</u><ul style="list-style-type: none">○ <u>The Developing Child: Understanding Children and Parenting – Glencoe</u>○ <u>Parents</u>○ <u>Consumer Reports</u>▪ <u>Videos:</u><ul style="list-style-type: none">○ <u>Baby's First Months</u>○ <u>Bathing Your Baby</u>▪ <u>Other Resources:</u><ul style="list-style-type: none">○ "Real Care Baby" activity sheets
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