

Consumer & Life Studies
Parenting 1: Child Development
Unit 2: Readiness to Parent

Essential Understandings	<ul style="list-style-type: none"> ▪ Readiness to parent should be considered by anyone who is contemplating starting a family. ▪ Appropriate partner selection is an important element of parenting. ▪ Adolescent parents have unique challenges. ▪ Understanding reproduction and how to prevent pregnancy enables one to plan when to have children.
Essential Questions	<ul style="list-style-type: none"> ▪ What factors determine when one is ready to be a parent? ▪ What does partner selection have to do with parenting? ▪ What are some criteria for successful partner selection? ▪ What are challenges of teen parenting? ▪ How does one prevent an unplanned pregnancy?
Essential Knowledge	<ul style="list-style-type: none"> ▪ There are identifiable factors that enable one to be ready to parent. ▪ Abusive relationships have recognizable characteristics. ▪ There are a variety of birth control methods available. ▪ Long-term partnering requires the careful consideration of desirable and undesirable character traits. ▪ Teen parenting complicates one’s educational goals and may prevent or delay one’s ability to reach long term career goals.
Vocabulary	<ul style="list-style-type: none"> ▪ <u>Terms:</u> <ul style="list-style-type: none"> ○ readiness, maturity, health benefits, selflessness, responsibility, physical abuse, emotional abuse, sexual abuse, red flags of abuse, power, control, possessiveness, jealousy, isolation objectification, birth control, abstinence, reproductive organs, fertility, conception, sexually transmitted infections
Essential Skills	<ul style="list-style-type: none"> ▪ Describe qualities and conditions that indicate one is ready to parent. ▪ Differentiate desirable and undesirable traits of long-term partners. ▪ Identify “red flags” of abusive relationships. ▪ Identify ways to prevent pregnancy and sexually transmitted infections. ▪ List short-term and long term complications of teen pregnancy.

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<p>Related Maine Learning Results</p>	<p><u>Career and Education Development</u></p> <p>A. Learning About Self and Interpersonal Relationships</p> <p>A3. Interpersonal Skills</p> <p>Students demonstrate behaviors that reflect positive interpersonal skills and evaluate successful strategies that improve positive interpersonal skills in ways that lead to success in a variety of school, work, and community settings.</p> <ul style="list-style-type: none">a. Getting along with othersb. Respecting diversityc. Working as a member of a teamd. Managing conflicte. Accepting/giving/using constructive feedbackf. Accepting responsibility for personal behaviorg. Demonstrating ethical behaviorh. Following established rules/etiquette for observing/listeningi. Demonstrating safe behaviorj. Dealing with peer pressure <p>A4. Career and Life Roles</p> <p>Students demonstrate and evaluate successful strategies for accomplishing tasks, balancing career and life roles, and reducing stress in a variety of school, work, and community settings.</p> <ul style="list-style-type: none">a. Time managementb. Goal-settingc. Resource management <p>B. Learning about and Exploring Education and Career and Life Roles</p> <p>B2. Skills and Individual/Personal Success in the 21st Century</p> <p>Students evaluate strategies to improve skills that lead to lifelong learning and success in the classroom, and the achievement of schoolwork, work and career, and personal life goals.</p> <ul style="list-style-type: none">c. Critical thinking skillse. Interpersonal skills <p><u>Health</u></p> <p>A. Health Concepts</p> <p>A1. Healthy Behaviors and Personal Health</p> <p>Students predict how behaviors can impact health status.</p> <ul style="list-style-type: none">a. Analyze individual responsibility for enhancing health.b. Predict how healthy behaviors can positively impact health status.
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Sample Lessons And Activities	<ul style="list-style-type: none"> ▪ “Parents Wanted” – advertisement activity ▪ Readiness to parent survey ▪ View and discuss <u>Scared Silent</u> ▪ Read “A Real Story” – list the signs of abuse and discuss the implications ▪ Pre-test of human reproductive system, birth control, and sexually transmitted diseases ▪ Poster of desirable and undesirable parenting traits ▪ Video and worksheet about teen pregnancy
Sample Classroom Assessment Methods	<ul style="list-style-type: none"> ▪ Video worksheets ▪ Self-survey ▪ Quizzes ▪ Tests ▪ Vocabulary matching in workbook ▪ Poster
Sample Resources	<ul style="list-style-type: none"> ▪ <u>Publications:</u> <ul style="list-style-type: none"> ○ <u>The Developing Child: Understanding Children and Parenting</u> – Glencoe ○ <u>Sexually Transmitted Diseases</u> – American Medical Communications ▪ <u>Videos:</u> <ul style="list-style-type: none"> ○ <u>Scared Silent</u> ○ <u>Childbirth from Inside Out</u> ○ <u>Teen Pregnancy</u> – Schlesinger ○ <u>Consider Your Options</u>