MEDICAL CARE EXPENSE WORKSHEET

Anticipated Medical Expenses	Anticipated Vision Expenses
Copays	
Deductibles	Deductibles
Physical Exams	Eye Exams
Prescription Drugs	_ Contact Lenses/
Surgical Fees	Supplies
X-ray or Lab Fees	Laser Eye Surgery
Other	_ Prescription
	Eyeglasses or
Anticipated Dental Expenses	Sunglasses
Copays	<u>-</u>
Deductibles	Other Anticipated Expenses
Dentist/Orthodontist	Acupuncture
Services	Chiropractic
Dentures	Hearing Aids &
Crowns/Caps/Bridge	Batteries
Cleanings	Immunization Fees
Braces/Retainers	Smoking Cessation
	Other
	Total Estimated Expenses
Divide the above figure by the number o	f pay periods to determine the amount per pay period

DEPENDENT/ELDER CARE EXPENSE WORKSHEET	
1. The annual amount you pay to a day care center or child/elder care provider	
2. Approximate Annual Day Camp ex	xpenses (must exclude cost of overnight)
3. TOTAL ESTIMATED ANNUAL EXPENSES	
Divide the above figure by the number of pay periods to determine the amount per pay period	

Many households with earnings of \$24,000 or more find the Dependent/Elder Care Reimbursement Account more advantageous than the tax credit. H R Support & Consulting Services, Inc. urges you to consult with your tax advisor.