

STUDENT PHYSICALS FOR SCHOOL ATHLETICS

I. PHYSICIAN'S STATEMENT OF FITNESS

Before participating in a tryout practice or interscholastic game, all students must present a statement of fitness to participate from a physician completed during the last 12 months, or an application for exemption from physical examination for religious reasons. In addition, a parental consent form will be required before each sports season. This form will indicate that, to the best of the parent's knowledge, the student's health has not changed significantly (i.e., serious injury or illness) since the last physician's statement.*

II. MEDICAL COVERAGE

Provision for first aid emergency care will be provided for all students participating in home athletic practices and contests.

- A. All coaches and intramural instructors must be certified as having completed a first aide course acceptable to the school physician and approved by the Superintendent.**
- B. Provision for immediate communication with the Town ambulance service will be present at all practices and contests.
- C. An emergency first aid kit, approved by the school physician, will be immediately available at all practices and contests.
- D. A physician or medical paraprofessional, approved by the school physician, will be present or immediately available at all home contests in all interscholastic sports.***

III. FACILITIES

Playing surfaces, facilities and equipment are to be routinely inspected by coaches. Any unsafe condition is to be immediately reported to the Athletic Department Chairman.

* The Financial Hardship Provision included in Policy JLCA, III, applies to this Section.

** This provision becomes effective in September 1980. Thereafter, each newly appointed coach must become certified within 90 days of appointment.

*** In the case of football, soccer and hockey (all levels) immediately available will be defined as on site. This provision becomes effective in September 1980.

Adopted: 5/23/78

Revised: 11/27/79

7/17/84

Related Materials/Procedures: *Athletic Participation Permission Form
Application for Exemption from Physical
Examination for Participation in
Interscholastic Sports or Athletics*