

New England's coastlines and seafaring history inspired me to introduce my fifth-grade art students to the beauty of Sailors' Valentines, a kind of seashell art. In the 19th century, people were very interested in nature, and nature crafts and collections, and during this time, sailors brought the "valentines" home to their wives, girlfriends, mothers and sisters.

Historians once thought that sailors made these decorative pieces while aboard ships, but now believe that most Sailors' Valentines were made on the West Indies island of Barbados between 1830–80, where the native people created and sold them to American and European mariners.

THE TRADITIONAL SHAPE OF A SAILORS' VALENTINE is octagonal. They were often made in double-

sided wooden boxes with glass coverings. For our purposes, I purchased 7- and 10-inch octagon-shaped paper plates from an online party supply store. You could create your own octagon base out of mat board, but I discovered through the creative process that the larger shape requires more materials and time to fill the prescribed space, so you may want to consider this for planning purposes.

I showed students excellent early examples that can be found in the book *Sailors' Valentines*, by John Fondas (Rizzoli; 2002). I explained that shell designs were patterned, not randomly placed, and were often geometric or floral. Sometimes a photograph was placed in the center or messages were spelled out in tiny shells.

Sea shells can be gathered from sources

One of the things students discovered during this project was that they could make unique and meaningful designs.



Sailors' Valentines

Exploring 19th-Century Crafts *by Emily Moll*

as varied as walks along the beach, or online catalogs, dollar stores and cast-off collections from thrift shops. Students selected a precut colored foil panel that they glued to the base of the octagon shape. This allowed for the first opportunity for student self-selection as related to a personalized shell collage. We then discussed the shape, size and color relationships of the natural sea forms, and their importance to our world's oceans. I shared the identifying names of each shell and the region of their habitat when possible.

THE FIRST SEVERAL CLASSES EMPHASIZED the intent to explore student designs and revisions of the creative Sailor Valentine compositions. The early shell designs were patterned, so I stressed the need for thoughtful composition that emphasized student choice as related to color relationships, texture, symmetry and placement.



Go to artsandactivities.com and click on this button for resources related to this article.

LEARNING OBJECTIVES

Upper-elementary students will ...

- gain knowledge about a 19th-century art form with a rich history.
- create their own interpretation of a Sailors' Valentine.
- demonstrate proper care for and use of materials, tools and equipment.

NATIONAL ART STANDARDS

- **CREATING:** Combine ideas to generate an innovative idea for art-making; demonstrate quality craftsmanship through care for and use of materials, tools and equipment.
- **RESPONDING:** Understanding and evaluating how the arts convey meaning. Compare one's own interpretation of a work of art with the interpretation of others.

This lesson is a great way to help students understand balance, contrast, earth tones and shape along with the added challenge of how to fit objects within the geometric shape. I asked that they select their favorite shells and to find others that go with that family of shells.

Students discovered that they could make unique and meaningful designs. I overheard students asking each other "Does this look good?" "Should I add more?" I encouraged students to look at their peers' designs and provide compliments as each of us has different idea of what is beautiful.

When students felt truly satisfied with their designs, I provided them with wood glue to dip each shell into and carefully place within the traditional octagon shape.

WHEN THE SAILORS' VALENTINES WERE DISPLAYED, our school community was intrigued and enthusiastically embraced them. One adult viewer shared that he had never heard of them before the exhibit, and was grateful to learn about Sailors' Valentines.

This is a project I will do again and increase collaboration with classroom teachers when geometry is introduced, as there are many aspects of shape and design embedded in the art lesson that relate to this math concept. ■

Emily Moll is the visual arts specialist at Harriet Beecher Stowe Elementary School in Brunswick, Maine.



MATERIALS

- 7- and 9-inch octagonal paper plates (or precut matboard)
- Tacky glue and/or wood glue
- Precut colored foil octagon shapes
- Tacky glue and or wood glue
- Seashells (from beach, dollar stores, thrift shops or craft supply stores)

BRUNSWICK SCHOOL DEPARTMENT
REVENUE AND EXPENSE REPORT FOR JANUARY 31, 2019

School Year 2018-19

Revenues	Approved 06/12/18	Adjustments	Revised Budget	Revenues through 01/31/19	Encumbrances	Remaining Bal.	% Collected
Unapprop. Fund Bal.	\$ 2,611,364.00		\$ 2,611,364.00	\$ 2,611,364.00	\$ -	\$ -	100.00%
State Subsidy	\$ 9,858,866.00		\$ 9,858,866.00	\$ 6,234,583.74	\$ 3,686,380.91	\$ 62,098.65	63.24%
Local Share	\$ 25,354,211.00		\$ 25,354,211.00	\$ 25,354,211.00	\$ -	\$ -	100.00%
Tuition	\$ 98,349.00		\$ 98,349.00	\$ 8,360.89	\$ 126,791.75	\$ 36,803.64	8.50%
Misc.	\$ 83,000.00		\$ 83,000.00	\$ 37,580.81	\$ 45,419.19	\$ -	45.28%
Other (Local Nutrition)	\$ 126,420.00		\$ 126,420.00	\$ 126,420.00	\$ -	\$ -	0.00%
Total Revenue	\$ 38,132,210.00	\$ -	\$ 38,132,210.00	\$ 34,372,520.44	\$ 3,858,591.85	\$ 98,902.29	90.14%
Expenses By Warrant							
Number	Approved 06/12/18	Adjustments	Revised Budget	Expended Through 01/31/19	Encumbrances	Remaining Bal.	% Expended & Encumbered
Regular Instruction	\$ 16,709,914.00		\$ 16,709,914.00	\$ 6,922,741.91	\$ 8,807,263.94	\$ 979,908.15	5.86%
Spec. Ed. Instruction	\$ 5,689,093.00		\$ 5,689,093.00	\$ 2,650,401.37	\$ 2,654,416.38	\$ 384,275.25	6.75%
CTE	\$ 114,412.00		\$ 114,412.00	\$ 66,740.52	\$ -	\$ 47,671.48	41.67%
Other Instruction	\$ 792,109.00	\$ 1,000.00	\$ 793,109.00	\$ 352,866.55	\$ 59,436.25	\$ 380,806.20	48.01%
Student & Staff Support	\$ 3,554,535.00	\$ 862.50	\$ 3,555,397.50	\$ 1,817,516.71	\$ 1,361,483.22	\$ 376,397.57	10.59%
System Administration	\$ 1,011,688.00	\$ (2,218.50)	\$ 1,009,469.50	\$ 579,842.41	\$ 352,296.46	\$ 77,330.63	7.66%
School Administration	\$ 1,702,486.00	\$ 356.00	\$ 1,702,842.00	\$ 906,160.13	\$ 698,851.89	\$ 97,829.98	5.75%
Transportation	\$ 2,038,951.00		\$ 2,038,951.00	\$ 1,518,801.70	\$ 689,104.40	\$ (168,955.10)	-8.29%
Operation & Maintenance	\$ 4,800,012.00		\$ 4,800,012.00	\$ 2,065,701.25	\$ 1,094,632.69	\$ 1,639,678.06	34.16%
Debt Service	\$ 1,476,528.00		\$ 1,476,528.00	\$ -	\$ 1,476,528.00	\$ -	0.00%
All Other	\$ 126,420.00		\$ 126,420.00	\$ 126,420.00	\$ -	\$ -	0.00%
Adult Education	\$ 116,062.00		\$ 116,062.00	\$ -	\$ 116,062.00	\$ -	0.00%
Total Budget	\$ 38,132,210.00	\$ -	\$ 38,132,210.00	\$ 17,007,192.55	\$ 17,310,075.23	\$ 3,814,942.22	10.00%

Brunswick School Department
46 Federal Street
Brunswick, Maine 04011

**Brunswick School Board
Budget Meeting Calendar**

The following meetings will be held in Council Chambers at the Town Hall

February 13, 2019 – Regular School Board Meeting

Budget Overview

February 27, 2019 – Budget Workshop (6:30 p.m.)

5-year Personnel Plan, District Staff Priorities

March 6, 2019 – Budget Workshop (6:30 p.m.)

District Support Priorities (Technology, Facilities, Food Service, Transportation)

March 13, 2019 – Regular School Board Meeting

Region 10, Adult Education, Debt Service

March 20, 2019 – Special Board Meeting / Public Forum (6:30 p.m.)

Board budget discussion and possible vote

March 27, 2019 – Special Meeting (if needed, 6:30 p.m.)

Board budget discussion and possible vote

Brunswick School Board 2019 Goals

Strategic Plan (Adopted October 2016)

VISION: *Where We Want To Be*

Our students embrace learning with joy, resilience, and empathy reflecting the support and trust of our community; our staff are trusted, talented, and innovative professionals who work together to support, educate, and inspire our students; and our schools are the heart of our community.

MISSION: *What We Do*

We provide a comprehensive, rigorous, and student-centered program. We equip students with the skills necessary to communicate effectively, to think critically and creatively, to confront challenges with resilience, and to engage with the larger world with thoughtfulness and empathy.

We offer a curriculum and programs that are responsive to the needs of individual students, we cultivate the talents of an outstanding staff, we sustain relationships that allow us to draw strength from our considerable community resources, and we encourage students to participate actively in their own education.

Objectives (Planned for February – December 2019)

STUDENT SUCCESS

- Support the development of a pilot Pre-K program and hold a workshop to hear about the work of the District Pre-K Committee.
- Understand and reflect on recent changes within the district, based on information provided by administration, including REAL School presence in Brunswick, talent development and differentiation within the classroom, and evaluate implementing the three programs proposed by the Superintendent's Advisory Committee for Innovative Programming.
- Conduct survey of families who have considered or selected other school options (charter, private, homeschool). Review and analyze the results of the survey.
- Support administrative, committee, and board decisions that are responsive to the needs of all students, and that encourage understanding of diversity and equity within our learning communities. Support updates on topics dealing with whole student development and cohesive social support.

PROFESSIONAL EXCELLENCE

- Support and model positive, proactive communication practices that build trust and respect.
- Conduct workshop, with presentation from administration, to understand professional development needs, with a priority this year being science.
- Develop opportunities to showcase achievements and to recognize excellence and innovation of our educators.
- Support practices that promote positive school climate.

COMMUNITY CONNECTIONS

- Provide information to develop community understanding of issues related to proficiency-based learning and innovative pathways.
- Invite legislative representatives to meet and discuss issues.
- Identify opportunities for collaboration with other districts.
- Review the MIHYS state survey and discuss its results and further information to be collected on school climate.
- Discuss the formation of a board committee on athletics and extra-curricular activities.

FIRST READ – FEBRUARY 2019

TOBACCO USE AND POSSESSION

In order to promote the health, welfare and safety of students, staff and visitors and to promote the cleanliness of the Brunswick School Department facilities, the Board prohibits smoking and all other use of tobacco products in school buildings and other school unit facilities, on school buses, and on school grounds at all times by all persons. The Board has adopted a tobacco-free campus policy, all school buildings, vehicles, and property shall be tobacco-free at all times (24 hours per day, 365 days a year). This applies to all functions taking place on school grounds, including school-sponsored activities and activities not associated with, or sponsored by, the school department. The policy applies to everyone on school grounds, including students, school staff, parents, and visitors and reflects and emphasizes the hazards of tobacco use, and will assure compliance with laws, protect school community members from secondhand smoke, and role model tobacco-free lifestyles.

In addition, students are further prohibited from possessing, selling, distributing or dispensing tobacco products in school buildings, facilities and on school grounds and buses during school-sponsored events and at all other times.

Employees, students, parents, and all other persons are also strictly prohibited, under law and Board policy, from selling, distributing or in any way dispensing tobacco products to students.

The Brunswick School Board further prohibits the advertising of tobacco and tobacco products at school, on school property, at school-sponsored functions, or in school-sponsored publications.

Parents/guardians and school staff shall also be provided notification in writing of this Board's tobacco policy and administrative procedures.

Tobacco-free signage shall be posted throughout school campuses in highly visible areas at facility entrances and throughout the school property, according to advertising policy KHB: Paid Advertising.

Definitions:

Smoking means inhaling, exhaling, burning or carrying any lighted or heated cigar, cigarette, pipe or joint, or any other lighted or heated tobacco or plant product intended for inhalation, including hookahs and marijuana, whether natural or synthetic in any manner or in any form. Smoking also includes the use of an electronic smoking device which creates an aerosol or vapor, in any manner or in any form, or the use of any oral smoking device for the purpose of circumventing the prohibition of smoking in this policy.

Tobacco is defined as all tobacco-derived or containing products, including, but is not limited to, cigarettes, cigars, little cigars, cigarillos, bidis, kreteks; all smokeless and dissolvable tobacco products including but not limited to dip, spit/spit-less, chew, snuff, snus, and nasal tobacco and any product intended to mimic tobacco, containing tobacco flavoring or delivering nicotine, including but not limited to, electronic nicotine delivery systems, electronic cigarettes, e-cigarettes, e-cigars, e-hookahs, vape pen or any other product name or descriptor, or the use of any oral smoking device for the purpose of circumventing the prohibition of smoking in this policy.

Legal Reference: 22 MRSA §§ 1578(B), 1580(A)(3)
Me. PL 470 (An Act to Reduce Tobacco Use By Minors)
20 USC 6081-6084 (Pro-Children Act of 1994)

Cross Reference: JICH: Substance Use by Students, KHB: Paid Advertising

Reviewed: 12/07
Adopted: 5/14/08
Revised: 6/13/18
Revised:

FIRST READ – FEBRUARY 2019

TOBACCO USE AND POSSESSION: ADMINISTRATIVE PROCEDURE

The purpose of the following administrative procedure is to effectuate the mandates imposed by the various federal and state laws in addition to this Board's "Tobacco Use and Possession" policy.

A. Students

The use, possession, sale, dispensing or distribution of tobacco products by **all** students is prohibited in school buildings and facilities, during school-sponsored events, on school grounds and buses, and at all other times.

B. Employees and All Other Persons

The use of tobacco products by employees and all other persons is prohibited in school buildings, facilities and on school buses during school-sponsored events and at all other times on school grounds.

Possession of any tobacco products is prohibited by students and others under the age of 18 on district property, in school vehicles and at school-sponsored functions.

In order to enforce the tobacco products policy, the following guidelines shall be utilized by the Principal of a school in which prohibited conduct occurs. The Principal shall report any violations of this policy/procedure, as promptly as possible, to the Superintendent.

C. Student Violations

1. Parents/legal guardians shall be contacted regarding the tobacco violation.
2. The student will be referred to information regarding tobacco treatment resources. The Maine Tobacco Helpline (1-800-207-1230) will be made available for tobacco users who are interested in quitting; students in violation will be referred to the substance abuse counselor.
3. A school administrator may issue additional consequences and/or restorative processes according to policy JK: Student Discipline.
4. Extracurricular activities and athletics may use contracts that hold students accountable for any type of substance abuse.

D. Other Persons in Violation

All other persons violating this policy, e.g., employees, visitors, shall be immediately directed to cease violative behavior. Persons who do not comply will be asked to leave the property. In addition, all persons suspected of selling, distributing or in any way dispensing tobacco products to students shall be referred to a law enforcement agency.

Any employee violating this policy shall be subject to appropriate disciplinary measures. Information regarding tobacco treatment resources, such as the Maine Tobacco Helpline (1-800-207-1230) will be made available for tobacco users.

III. NOTICES

This Board's policy and corresponding disciplinary actions for infractions of this policy shall be printed on the school website and in employee and student handbooks.

Signage shall be posted throughout school campuses in highly visible areas at facility entrances and throughout the school property.

Legal References: 20 USC § 6081-6084 (Pro-Children Act of 1994)
22 MRSA § 1578-B
Me. PL 470 (An Act to Reduce Tobacco Use By Minors)

Cross Reference: JICH: Substance Use by Students, JK: Student Discipline

Reviewed: 12/07

Adopted: 5/14/08

Revised: 6/13/18

Revised:

FIRST READ – FEBRUARY 2019

STUDENT LIAISON TO THE SCHOOL BOARD

The Brunswick School Board recognizes the value of a student voice in the governance of the school system and encourages student participation through the position of student liaison between the student body and the School Board.

The Board will have two student liaisons. To qualify, the student must be enrolled as a high school student at Brunswick High School and meet and maintain standards for eligibility to participate in extracurricular activities.

Selection of candidates for student liaison will be the responsibility of a selection committee, with one representative from the Brunswick School Board as chosen by the Chair, and school personnel as determined by the Superintendent and/or his designee. The candidates for student liaison will be chosen by the selection committee at the beginning of each September. Upon being selected as liaison, the student will be given a Board mentor chosen by the Chair to provide orientation and support.

The student liaison will have a seat at the table of all Board meetings, and he/she will have access to all non-confidential meeting materials. The student liaison will be allowed to share his/her viewpoints at the discretion of the Chair. The student liaison is not permitted to attend executive sessions, participate in personnel discussions, or attend confidential meetings. Although the student liaison will have the privilege to vote on non-confidential matters, his/her vote will not be considered binding. The student liaison also has a seat at all Board sub-committees if he/she wishes to attend, and as his/her schedule permits.

Adopted: 11/10/10

Revised: 9/12/12

Revised:

FIRST READ – FEBRUARY 2019

SUBSTANCE USE BY STUDENTS

The Brunswick School Board unequivocally endorses the philosophy that our schools should be free from the detrimental effects of illicit drugs, alcohol and tobacco products. The Board acknowledges, however, the threat of chemical use among students in our community. To promote the highest possible standards of learning, as well as the safety, health and well being of students, this policy is designed to aid students in abstaining from the use of drugs, alcohol and tobacco products and to support students who have developed a problem with these substances.

The School Department must be united with students, parents/guardians and the larger community in a problem-solving approach that focuses on the welfare of students without attempting to assign blame, deny problems or excuse bad behavior. The multifaceted approach outlined in this policy is intended to acknowledge a continuum of needs and to support administrators in flexibly responding to problems as they arise.

I. Prohibited Conduct

No student shall manufacture, distribute, dispense, serve, possess, use, transport or be under the influence of any prohibited substance as defined by this policy, the laws of the state of Maine, or federal law.

Prohibited Substances include:

- Alcohol;
- Tobacco products (including smokeless);
- Scheduled drugs as defined in 17-A MRSA §1101;
- Controlled substances as defined in the federal Controlled Substances Act, 21 USC §812 (examples include but are not limited to: narcotics, hallucinogens, amphetamines, barbiturates, marijuana, and anabolic steroids);
- Any performance enhancing substance listed on the Maine Department of Health and Human Services Banned Substances list and any other substance which is illegal in Maine or the use of which is illegal for minors;
- Prescription drugs not prescribed for the student and/or not in compliance with the Board's policy: Administering Medicines To Students (FILE: JLCD);
- Any substance which can affect or change a student's mental state, physical condition, or behavior pattern, including but not limited to volatile materials such as glue, paint or aerosols (when possessed for the purpose of inhalation); over the counter medications (such as pseudoephedrine or dextromethorphan) that when used alone in large quantity or in combination with other drugs may pose serious health risks (including death); or other plants and herbs smoked or ingested with the intent to produce drug-like effects;
- Drug paraphernalia (defined as any implement used to distribute, deliver or consume a prohibited substance); or

Any counterfeit drug or substance that is described as or is purported to be a prohibited substance as defined above.

These prohibitions apply to any student who is on school property, any student in attendance at school or at any school-sponsored home or away activity, or any student whose conduct at any time or any place directly interferes with the peacefulness and usefulness of the school.

II. Enforcement

Violations of the terms of this policy will constitute grounds for student discipline, including suspension, expulsion, and/or referral to law enforcement agencies.

Corrective measures, beyond disciplinary actions for a violation, will be considered by the administrator, who may recommend actions that may range from mandatory in-school counseling to a treatment recommendation. If treatment is recommended, parents/guardians will bear the cost.

Administrators may be more restrictive in the applicability of this policy when engaging parents and students in contracts as a precondition to participate in extracurricular or co-curricular activities.

III. Deterrence

Deterrence can be affected in several ways: through meaningful health education and prevention programs; by creating a school environment where students have a sense of belonging; by building a culture of integrity where a premium is placed on honesty, and contracts can be used effectively; and through credible, visible, and consistent enforcement of chemical abuse policy and related laws.

The health curriculum should include building awareness of the detrimental aspects of chemical use. The Board strives to create a healthy and caring school environment by implementing a systemwide Code of Student Conduct (FILE: JICDA) and through policies such as Anti-Bullying (FILE: JIKC). The Board endorses the use of pledges, contracts and codes of conduct to establish acceptable bounds of behavior relative to the use of chemicals.

School administrators are responsible for developing operating procedures to deter and prevent drug use and trafficking within their school environments. Specific measures that may aid in deterrence may include, but are not limited to, the use of breathalyzers, drug tests and random or scheduled facility searches with counter narcotics dog teams after consultation with the Superintendent. When employed, it is the responsibility of school administrators, in conjunction with law enforcement officials, to establish procedures to ensure that these activities are conducted consistently, safely and with the maximum deterrent effect.

IV. Prevention and Education

The School Department will provide information and activities focused on educating students about drugs and alcohol and abstaining from their use. Such information and activities will address the legal, social and health consequences of drug and alcohol abuse and will provide information about effective techniques for resisting peer pressure to use illicit drugs and alcohol. The School Department will work in partnership with students, parents/guardians and local law enforcement officials to eliminate these risks for students, especially where the health and safety of a particular student are in question.

V. Intervention and Treatment

Administrators will provide assistance to students with chemical abuse problems through a team approach to intervention. Each school will establish teams consisting of, but not limited to: a counselor, teachers, administrators, and school nurse. This team will assist students in addressing their involvement with chemical substances and will advise parents on an appropriate student placement in a prevention treatment program at the parents'/guardians' expense. This team will also be a resource for students as they proceed in their educational program chemical-free. While the focus of this team approach is to address the chemical use, they should approach each student's needs holistically in order to address other life issues that may contribute to the student's use of chemicals. All student records concerning such interventions shall be kept confidential as required by state and federal laws. Additionally, the School Department will provide either staff or contracted substance abuse counseling.

VI. Notice

The School Department shall distribute this policy and appropriate related information to staff, students and parents/guardians on an annual basis through handbooks and/or other means selected by the Superintendent and school administrators.

Legal Reference: 21 USC§ 812 (Controlled Substances Act)
 21 CFR Part 1300.11-15
 P.L. 101-226 (Drug-Free Schools and Communities Act
 Amendments of 1989)
 17-A MRSA §1101
 42 USC §290 dd-2
 42 CFR § 2.1 et seq.
 20-A MRSA §1001(9); 4008

Cross Reference: FILE: AD – Philosophy of the Brunswick Public Schools
 FILE: ADC – Tobacco Free Schools
 FILE: GBEC – Drug-Free Workplace
 FILE: JIC – Student Conduct
 FILE: JICDA – Brunswick Code of Student Conduct
 FILE: JICFA – Hazing
 FILE: JICI – Weapons in School Dept
 FILE: JK – Student Discipline

FILE: JKD – Suspension of Students

FILE: JKE – Expulsion of Students

FILE: JLCD – Administering Medicines to Students

FILE: JRA – Student Education Records

School Student-Parent/Guardian Handbooks

Federal Educational Rights and Privacy Act (FERPA)

Previous policy adopted: 11/18/86

Revised: 11/19/91, 2/12/96

Statutory References: 17-A: 1101-2
22: 2201 et seq.

Revised: 5/9/07

Revised: