AGENDA
Wellness Committee

Thursday, February 28, 2019
3:45 p.m.
Hawthorne Conference Room

I. Call to Order

II. Building Updates
   Mental health supports available throughout the district (opportunity to share out and contribute ideas)

III. Share and Discuss Healthy Nutrition Strategies

IV. Goal Review – Work Time & Discussion
   o Goal 1 – Support Staff Wellness K-12
   o Goal 2 – Research and share ways to incorporate physical activity into the school day to enhance learning.

V. Next Meeting Date

VI. Adjournment

c. Committee Members
   School Board
   BSD Administrators
   Press
   D. Dearing