

## Proposed REAL School Acadia National Park and Cutler Coast Camping Excursion



(REAL School students on our 2016 Cutler Coast Trip)

**About REAL School:** At REAL School, we encourage adventure-based, experiential learning through new experiences that challenge students' in new ways. We support our students in making positive choices and taking healthy risks that encourage growth and development.

**Trip Overview:** REAL School staff proposes a trip to Acadia National Park, Blackwoods Campground, followed by a backpacking excursion along the Bold Coast in Cutler, ME. We will be studying Maine's native American roots as well as the history of National Parks, specifically Acadia. This trip will serve as a culminating event for seniors involved in all lessons leading to this trip. Due to the high value of this activity, it will also be used as an incentive item to encourage greater school performance. Students will be invited based on interest and recent school performance. Students will be required to attend all pre-trip meetings to complete learning activities and return trip paperwork. Since many of our students come from financially insecure homes we have generated funding from outside donors and foundations for our student activity fund. Most of our students don't the opportunity to engage in these types of opportunities outside of school, so this adventure-based excursion will help to engage them in a unique way. The academic components, in addition to physicality of the hike, will expose our students to healthy risks.

**Chaperon Staff:** Sadie Russell, Page Nichols, Craig Haims

**Other Staff Impacts:** Bear Shea, Ray Dunn, Ted Gill (offer in school programming for students who don't attend), Melissa Mullison (coordinate van coverage for Evan and Sadie)

**Number of Students:** 3-4 students from the High School

**Emergency Contact:** Martin Mackey, REAL School Principal (207) 671-8603

### **Proposed Date and Time:**

June 5, 2017 @ 9:30am – June 7, 2017 @2:15pm

### **Location:**

**May 31:** Blackwoods Campground (Acadia National Park, 155 Blackwoods Drive, Otter Creek, ME 04660) Phone #: (207) 288-3274

**June 1:** Bold Coast / Cutler Coast Public Reserved Land (Maine 191, Cutler, ME 04626)

### **Day 1 Itinerary:**

9:30-10:00: Students arrive at REAL School and eat breakfast

10:00-11:30: Pack camping gear and food.

11:30: Depart for Fort Knox (740 Ft Knox Rd, Prospect, ME 04981)

2:00: Arrive at Fort Knox

2:00-3:30: Visit Fort Know and Narrows Bridge Observatory (\$6.00 / person)

3:30: Leave for Acadia National Park

4:45: Arrive at Blackwoods Campground and set up camp

5:30 – 6:30: Make dinner and eat together.

6:30: Dinner cleanup

6:45: Head to sunset / reflection / debreif on Cadillac Mountain.

8:00: Campfire and Smores  
9:30: Bedtime

**Day 2 Itinerary:**

5:00: Sunrise on Cadillac (optional)  
7:30-8:30: Wake-up, breakfast, pack-up camp  
9:00: Depart for Cutler Coast  
11:30: Arrive at trailhead (eat lunch, pack food for dinner and breakfast)  
12:30: Begin hike to campsites  
4:00: Arrive at campsite, set up camp.  
4:30-5:30: Teambuilding activity and reflection  
5:30-6:15: "Free time," rest, unwind, read, write  
6:30-7:30: Dinner and cleanup  
7:30-8:30: Group debrief  
8:30-9:00: "Free time"  
9:00: Bed/Quiet Time

**Day 3 Itinerary:**

6:00-7:00: Wake up, pack up  
7:00-9:00: Hike out to parking lot  
1:30: Arrive at REAL School  
1:30-2:15: Unpack, debrief and dismiss

**Budget (student activities fund) and other needs:**

Fort Knox and Observatory:  $\$2.75/\text{person} \times 7 = \$42.00$   
Blackwoods Campground:  $\$30.00/\text{site} \times 2 \text{ sites} = \$60.00$   
Ice Cream stop (en route to Acadia) =  $\$20.00$

**Total budget for sites and activities \$122.00**

Food Budget: 2 Full days of food.

2 days Lunches for 4 students and 3 staff @  $\$3.50$  each =  $\$73.50$

2 Dinners for 4 students and 3 staff @  $5.00$  each =  $\$70.00$

2 Breakfast for 4 students and 3 staff @  $\$2.00$  each =  $\$28.00$

Snacks for 4 students and 2 staff  $\$25.00$

**Total budget for student food \$196.50**

2 Vans: 494 miles total

Signed permission slips from each student (turned in 1 week prior to trip)