

DECEMBER 2019

Brunswick Elementary School – Lunch Menu

2019-2020 Meal Prices:
 Breakfast - \$2.00 (Reduced – free)
 Lunch - \$2.90 (Reduced - free)
 Milk Only - \$.50

Monday

Crispy Chicken Patty **2**
 Sandwich on WG Roll w/ Leaf
 Lettuce & Tomato Topping or
 Tuna Salad on WG Roll,
 Summer Squash w/ Dip,
 Canned Peaches

Crispy Chicken **9**
 Tenders w/ Cheese
 Breadstick WG or Egg Salad
 Sandwich on WG Bread,
 Seasoned Carrots,
 Fresh Apple

Hamburger or **16**
 Cheeseburger on
 WG w/ Butternut Squash Fries
 or Tuna Salad Sandwich
 on WG Bread,
 Cole Slaw, Fresh Pear

23
 Holiday Break
 No School

30
 Holiday Break
 No School

Tuesday

Brunch for Lunch **3**
 WG Waffles, or
 Egg Patty and WG Bagel,
 Yogurt

Homemade Chicken **10**
 Noodle Soup w/
 Ham & Cheese Sandwich WG
 or Turkey Salad Sandwich on
 WG Bread, Fresh
 Cucumber with Hummus Dip,
 Canned Mixed Fruit

Tomato Soup **17**
 w/ Toasted Cheese
 Sandwich on WG Bread or Tur-
 key & Cheese on WG Bread,
 Cucumber Slices w/ Dip,
 Cantaloupe Slices

24
 Holiday Break
 No School

31
 Holiday Break
 No School

Wednesday

WHITE MILK WEDNESDAY **4**
 Early Release
 Bag Lunch
 WG Pizza Pocket or Ham &
 Cheese on WG Bread,
 Carrot Sticks,
 Fresh Apple Chips

WHITE MILK WEDNESDAY **11**
 Brunch for Lunch
 WG French Toast Sticks
 w/ Maple Syrup or Cheese Ome-
 let w/ WG Blueberry Muffin,
 Sausage Patty, Hash Brown,
 Orange Juice

WHITE MILK WEDNESDAY **18**
 Brunch for Lunch
 WG Pancakes w/ Maple
 Syrup or Egg & Cheese Break-
 fast Sandwich WG English Muf-
 fin, Sausage Patty, Yogurt &
 Blueberries, Orange Smiles

25
 Holiday Break
 No School



Maine Harvest of the
 Month item is
 Winter Squash.
 See the back of this menu
 for fun facts and recipes.

Thursday

Top Your Own Beef **5**
 Nachos (Lettuce, Tomatoes,
 Cheese, Salsa & Sour Cream) or
 Hot Ham & Cheese Sandwich on
 WG Bread, Mexican Rice, Fresh
 Broccoli & Dill Dip, Fresh Pear

WG Pasta w/ **12**
 Homemade Meat Sauce,
 Breadstick
 or BLT Sandwich WG,
 Mixed Green Salad
 w/ Dressing,
 Honey Dew Melon Slices

Holiday Dinner **19**
 Pork Roast, Apple
 Stuffing, Roasted Butternut
 Squash, Cranberry Sauce or
 Hot Ham & Cheese
 Sandwich on WG Bread,
 Special Cookie

26
 Holiday Break
 No School

Friday

Pazzo Bread w/
 Marinara Dipping **6**
 Sauce or Butternut Squash
 and Turkey Chili w/
 Cornbread,
 Cantaloupe Slices

WG Flat Bread Pizza **13**
 or Crispy Fish Sticks
 w/ WG Dinner Roll,
 Mashed Potatoes,
 Carrots & Dip,
 Fresh Banana

Homemade Pizza, **20**
 Pepperoni or Cheese
 WG or Baked Haddock,
 Steamed Peas,
 Clementine

27
 Holiday Break
 No School



Daily Offering: Fruit and Food Bar. Sunbutter and Jelly Sandwich and Other Sandwich Choices

Skim and Low Fat Milk are offered with each meal.

Each Student is Required to have ½ Cup Fruit and / or Vegetable with Their Lunch

WG = Whole Grain / Menu Subject to Change

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