

Name:
Teacher:
Class:
Date:

Body Measurement Lab

Directions: Fill in the chart below with the appropriate measurements. Graph the numbers on the back in rough copy. Have your science teacher check your graph for any changes before turning it into a final copy with colorful bars and neat penmanship.

Items to Be Measured	Measurements in Cm
1.Height	
2.Arm Span	
3.Upward Reach	
4.Normal Stride	
5.Giant Step	
6.Top of Knee to Sole of Foot	
7.Elbow to Fingertip	
8.Hand Span (Use Ruler)	
9. Hand Width (Use Calipers)	
10.Finger Width (Use Calipers)	

