

ORDER OF EVENTS

FIELD EVENTS

- 12:00** **GIRLS POLE VAULT**
BOYS HIGH JUMP
BOYS SHOT PUT
GIRLS LONG JUMP
- 1:30** **BOYS LONG JUMP**
- 2:00** **GIRLS HIGH JUMP**
- 3:00** **GIRLS SHOT PUT**
BOYS POLE VAULT
GIRLS TRIPLE JUMP (FOLLOWED BY BOYS)

TRACK EVENTS

- 12:30** **4 x 800 RELAY**
- 1:30** **55 M HURDLES TRIALS**
55 M DASH TRIALS
- 2:25** **NATIONAL ANTHEM**
- 2:30** **55 M HURDLES FINALS**
- 2:45** **55 M DASH FINALS**
- 3:00** **MILE RUN**
- 3:30** **400 M RUN**
- 4:05** **800 M RUN**
- 4:25** **200 M DASH**
- 5:00** **2 MILE**
- 5:30** **4 X 200**