

**2019-2020 Kvac INDOOR TRACK  
-ORDER OF EVENTS-**

During the regular season there will not be any trials in hurdles and the 55M dash. They will be contested during the Championship. Also, during the regular season some girl's and boy's events may be run together (\*). Field events will have some boy's events go before the girl's events.

**RUNNING EVENTS**

**\*Girls 4 x 800 Relay**  
**\*Boys 4 x 800 Relay**  
**Girls 55 M High Hurdles**  
**Boys 55 M High Hurdles**  
**Girls 55 M Dash**  
**Boys 55 M Dash**  
**Girls 1 Mile Run**  
**Boys 1 Mile Run**  
**Girls 400 M Dash**  
**Boys 400 M Dash**  
**Girls 800 M Run**  
**Boys 800 M Run**  
**Girls 200 M Dash**  
**Boys 200 M Dash**  
**\*Girls 2 Mile Run**  
**\*Boys 2 Mile Run**  
**Girls 4 x 200 M Relay**  
**Boys 4 x 200 M Relay**

**FIELD EVENTS**

**Boys Shot Put – Girls follow**  
**Boys Long Jump – Girls follow**  
**Boys Triple Jump – Girls follow**  
**\*Girls High Jump – Boys follow**  
**\*Girls Pole Vault – Boys follow**

**\* These two events could run together**

**The 4 x 800 Relays can be moved to  
the END of the meets at Colby.**

Number of trials that field event athletes will get during the regular season:

Shot Put – 4

Long/Triple Jump – 3

High Jump and Pole Vault – allowed a maximum of three (3) trials at any one height –  
After three (3) unsuccessful trials at a given height, the athlete is out of the competition