



## Brunswick School Department Home Learning Plans

Week 7  
Grade 1

Your teachers have created this plan to help you stay organized and engaged in learning. Activities do not need to stay tied to a certain day - do what works for your family! Check out our [first grade website](#) to access supplemental materials, including read alouds from us!

	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Reading</b> <i>-Spend at least 30 min./day reading</i>	<input type="checkbox"/> When you listen to a book read aloud by someone at home, close your eyes. Do the words paint a picture in your mind? Describe what you see.	<input type="checkbox"/> The <b>Setting</b> of a story is <b>where</b> and <b>when</b> the story takes place. What is the <b>Setting</b> of a fiction book you are reading today? Can you describe what it might be like there?	<input type="checkbox"/> Make a thought and speech bubble out of paper, tape and two small sticks.  Pause on a page and put a thought or speech bubble above the character in the picture and say what the character might be saying or thinking.	<input type="checkbox"/> Try to learn more from the pictures in a Nonfiction book. Look at the picture, read the words. Think, "What in this picture is the same as what's in the words? What's new?" Point with your finger. Say your extra facts out loud while pointing.	<input type="checkbox"/> Think of your favorite reading memory. Draw a sketch of all the details you can remember; where you were, who was with you, and what you were reading. Think about what made that experience so great. Talk with someone at home about how you can create more positive reading memories like that one!
<b>Writing</b> <i>-Spend at least 30 min./day writing</i>	<input type="checkbox"/> Write a small- moment story about something that happened to you over vacation. Don't forget to zoom in on what happened during the event, explain how you felt, and add some action words or conversation to your story.	<input type="checkbox"/> Go on a word hunt around your home/yard. Try to find an object for each letter of the alphabet... (Excluding X... ). <i>Extension: Put each word into a sentence using proper capitalization and punctuation!</i>	<input type="checkbox"/> Write 5 (more if you want) silly sentences about different animals. Ex. The scary spider baked a cake on the bus.	<input type="checkbox"/> Choose one of your silly sentences from yesterday's activity and create a story for your sentence. Be sure to use your sentence in your story and that your story has a beginning, middle and ending.	<input type="checkbox"/> Make a list of 5 (more if you want) favorite songs. If you can, listen to that song...Or just think about the song. Draw a picture of how you feel when you hear the song. <i>Extension: Write/Copy the words to the song on a piece of paper in your best handwriting!</i>
<b>Math</b> <i>-Spend at least 30 min./day on math</i>	<input type="checkbox"/> Your number today is 23. <input type="checkbox"/> Complete the Number of the Day worksheet. <input type="checkbox"/> Extension: How many story problems can you create with the answer 23?  <i>**Note: Feel free to pick larger or smaller numbers for the number of the day to match your child's abilities.</i>	<input type="checkbox"/> Your number today is 34. <input type="checkbox"/> Complete the Number of the Day worksheet. <input type="checkbox"/> Extension: Get creative! Make a picture using 34 shapes.	<input type="checkbox"/> Your number today is 25. <input type="checkbox"/> Complete the Number of the Day worksheet. <input type="checkbox"/> Extension: It's Workout Wednesday! Do 25 each of as many exercises as you can think of (25 sit ups, 25 jumping jacks, etc.). How many different exercises did you do?	<input type="checkbox"/> Your number today is 37. <input type="checkbox"/> Complete the Number of the Day worksheet. <input type="checkbox"/> Extension: Pick a color. Go on a hunt around your house to find 37 objects of your chosen color. Use tally marks to keep track as you go!	<input type="checkbox"/> Your number today is 28. <input type="checkbox"/> Complete the Number of the Day worksheet. <input type="checkbox"/> Extension: Play a math game from your home or one from the First Grade Extension website.

<p><b>Social Studies</b> 20 min.+ /day</p>	<p>❑ Go outside and invent a game that could have been played LONG AGO by kids your age. Use items from nature such as rocks, sticks, etc. Teach someone in your house how to play the game and play!</p>	<p>❑ Today is <b>National Teacher Day</b>. Write a letter to your teacher. Tell them things that will make them smile! Do you have favorite memories? Funny stories? Nice things to say? <i>Extension: Write to your kindergarten teacher, Specials teachers, or any other amazing teachers in your life, too!</i></p>	<p>❑ Today is <b>National Nurses Day</b>. Talk to your family about the important role that nurses are playing in our lives right now and come up with an idea to show you care. (ie. chalk art, posters on your windows).</p>	<p>❑ Think of a time during our Distance Learning experience that you have had to use a GROWTH mindset. How did you persevere? Tell someone in your family what it means to have a GROWTH mindset and ask if they have an example from their life, too.</p>	<p>❑ Think of someone super special in your life (<i>hint: Mother's Day is this coming Sunday!</i>) and do something special for them. Can you make a special meal, a card, clean or organize something for them, make them a fun video? <i>Extension: Sunday happens to be National Clean Your Room Day! :P</i></p>
<p><b>Phonics + Word Study</b> -Spend at least 15 min./day</p>	<p>❑ Look for short vowel words in your books. Try to find 5 of each (a,e,i,o,u). Make a list of what you find. ❑ Sort your words by each short vowel sound. ❑ Extension: Put your words in alphabetical order.</p>	<p>❑ Using your short vowel words from yesterday, write 5-6 words (<i>more if you want</i>) that rhyme with that <i>short vowel</i> word. You can use REAL and NONSENSE words. ❑ Extension: Sort your words into REAL and NONSENSE categories.</p>	<p>❑ Using the letters below, see how many short vowel words you can make: ❑ t,a,i,n,s,e,m,r,p,o,b,c,u,f,h ❑ Sort your words by:     ❑ Vowels (a,e,i,o,u)     ❑ Beginning sound     ❑ Ending sound     ❑ Real vs. Nonsense ❑ Extension: Put your words in alphabetical order</p>	<p>❑ Using your <i>short vowel</i> words from yesterday, choose 4-5 (<i>more if you want</i>) words and write a sentence that includes those words. Be sure your sentence has at least 7 words in it. ❑ Extension: Cover your <i>short vowel</i> words and practice spelling them out loud.</p>	<p>❑ Scavenger Hunt ❑ Go on a word hunt around your house. ❑ Find at least 5 things around your house that have each of the short vowels (a,e,i,o,u). ❑ Sort these words into a short vowel list. ❑ Examples of things you might find to put on your list: lamp, dog, pen...</p>
<p><b>Diversified Arts</b></p>	<p>❑ <b>Art:</b> Today, you're an artist AND a scientist, and you've just discovered a new animal! Draw a picture of your animal. Things to think about:</p> <ul style="list-style-type: none"> <li>• What is its habitat? (Where does it live?) <ul style="list-style-type: none"> <li>• What does it eat?</li> </ul> </li> <li>• How does it get around?</li> <li>• Is it a mix-up of different animals?</li> </ul> <p>Leonardo da Vinci's drawing, below:</p> 	<p>❑ <b>Music:</b> Continue to use the line singing and statue freezing warm ups provided week 1. Complete the instrument worksheet for this week. For more resources visit <a href="http://www.brunswick.k12.me.us/dmurphy">www.brunswick.k12.me.us/dmurphy</a> .</p>	<p>❑ <b>PE:</b> This week you are going to practice your balance. Balance when still and balance when moving! Rescue the lost Astronaut and get him back to his Space Shuttle by completing a series of balance missions!</p>	<p>❑ <b>Library:</b> You are an illustrator. Draw a picture to go along with the poem below by Emily George. What did you used to see when you went from Coffin School to your home? You can also use your imagination as an illustrator and put things you would like to see, real or unreal.</p> <p>If you walked home From school with me, You'd see the things I used to see.</p>	<p>❑ <b>Second Step:</b> Play a game or play with some toys with someone in your home. Practice the <b>Fair Ways to Play: Sharing, Trading, Taking Turns</b></p> 