Brunswick School Department Home Learning Plans



Your teachers have created this plan to help you stay organized and engaged in learning. Activities do not need to stay tied to a certain day - do what works for your family! Check out our <u>first grade website</u> to access supplemental materials, including read alouds from us!

	Monday	Tuesday	Wednesday	Thursday	Friday
Reading -Spend at least 30 min./day reading	Read a book, then reread your book to see if you missed any details!	Pick your favorite illustration from one of the books you read today. Tell someone at home why it was your favorite!	 Act out a favorite part from a book you read today. Be sure to use voices that match the characters! Extension: Make your characters into puppets and retell the story with them! 	 Gather a pile of books. Sort them by fiction and nonfiction. Show your sorted books to someone and tell them why each book is fiction or nonfiction. Extension: Read a nonfiction book and teach someone what you learned. 	Read something that is NOT a book! Can you read a cereal box? A recipe? Look around your house and see what you can read!
Writing -Spend at least 30 min./day writing	Go around the house with a piece of paper. Make a list of the things you see.	■What is your favorite book? Give your opinion on why you like it.	□Write about ways that you can be kind to your friends, family, community.	■Write a small moment story about one of your favorite first grade memories. Include the talk, feeling, and actions that made it a great memory.	 Write a letter to your teacher about your learning at home. Option: Email your teacher a picture or a video of yourself reading your letter.
Math -Spend at least 30 min./day on math	 Play Guess My Number with someone in your family. Think of a number between 1 and 40 and write it on a piece of paper. Give your family member a clue about your number. You might say, "It has 3 ones" or "It's greater than 21." Keep giving clues until your partner guesses your number! Extension: Can you play this game with even higher numbers? Give your partner a turn to give clues, too! 	 Here are your numbers: 4, 18, 10, 8, 2, 22, and 14. How many number sentences can you make using only these numbers? Remember that you can add OR subtract You can write the numbers on sticky notes to make them easier to move and check. Extension: Can you use these numbers to make an addition sentence that has three parts? How many three-part addition problems can you make using only these numbers? 	 Play How Many Under the Shell with someone in your family. Get 20 small objects, like paper clips or pennies. Close your eyes while your partner covers some of the objects with a piece of paper. Can you figure out how many objects are covered? Play five rounds of the game! Extension: Can you figure out the missing part with bigger numbers? Find 40 or 50 small objects, and play again! 	Ask a family member to be your timer. Do jumping jacks for 10 seconds. Write down how many you were able to do. Repeat with toe touches, elbow taps, and star jumps. When you are done, add up the number of each exercise that you did to see how many you did in all.	Work on the attached math packet. You will find two kinds of math puzzles to solve!. If you don't finish, save them to keep working on next week! Have fun and enjoy your school "staycation"!

Explore Science 20 min.+ /day	Pick any sunny day this week Morning: Trace your feet with chalk or in the dirt with a stick. Then trace your shadow. <u>Afternoon</u> : Put your feet in the same position. Trace your shadow. <u>Early evening</u> : Put your feet in the same position. Trace your shadow. Write, draw and label your observations in your Science Journal	Continue to carefully observe the moon and draw what you see each night. Make sure you date each drawing. What are you wondering? What are you noticingkeep discussing with your family.	Continue to listen to all the night noises around you on the nights you observe the moon. Are the sounds different from last week? Discuss with your family and jot your thoughts in your Science Journal.	☐ Think about where light comes from: List 3 ways Nature makes light. Look around your home. List 5 ways that people have created light. Are there any animals that create their own light ? Write/draw your lists in your Science Journal	□ Take a Spring walk inside and outside of your hometake a picture or draw or write all of the ways you, your family and nature have changed to get ready for Spring! Examples: Wearing shorts Planning a garden Notice more insects
Phonics + Word Study -Spend at least 15 min./day	 Look for 10 words (more if you want) in your books that have ed at the end of the word. Write your ed words on note cards/or small pieces of paper. Sort your ed words by the sound the ed ending makes./d/,/t/,/id/. Extension: Put your words in alphabetical order 	 Write the following contractions on note cards. I'm, can't, she's, don't, they're, didn't, wasn't, it's, he'll, wouldn't, I've, could've On another note card write the two words that make up the contraction from above. Play memory with your cards. Matching the contraction to the two words. 	 Look for 10 words (more if you want) in your books that have a y at the end of the word. Write your y words on note cards/or small pieces of paper. Sort your y words by the sound the y makes. /i/,/e/. Extension: Put your words in alphabetical order 	 Using your contractions from Tuesday's activity. (or create a new list of 12 more contractions) Make a <i>BINGO</i> board with 12 squares. Write the contraction word in each of the squares. Use the note cards with the two words that make up the contraction as your calling card. 	 Flashlight Friday Choose one of the sets of cards that you have created this week (ed, y or contraction words.) Have a family member hide the cards around your house/yard. Go on a word hunt using your flashlight.
Diversified Arts	Art: Dig into your recycling bin - what can you make from those cans and weird cardboard shapes? An instrument? A fortress?A home for a stuffed animal?	Music: Using the paper included in the packet, explore how vibrations are used to make sounds.If you have a question, pictures or video, feel free to email me at dmurphy@brunswick.k12. me.us	 PE: This week we are going to be silly and move in creative ways. You'll be an animal, moving at different speeds and on fun pathways. Mrs. Peck-Moad's Silly workout will mix up all of these, Can you be a frog moving super slow in a figure 8? Give it a try! I'd love to see any pictures or videos, you can email me at <u>tpeck-moad@brunswick.k12.</u> <u>me.us</u>. Check out my website at the Coffin Home page as well! 	Library: Be creative. If you built a library, what would it look like? What would it have for children to check out and share? Who would use it? Draw your library using paper, pencil, and crayons, or you could use blocks or Legos to build it. Or use your imagination and tell someone about your library.	□ Second Step: Muscle Relaxation - have someone read the script to you while you follow along Practice muscle relaxation at different times throughout the day, decide which ones are your favorites and work best for you. Find out which ones your family likes best. Are you the same or different? Simon Says Version 3