

COFFIN SCHOOL HOME PE, FIRST AND MULTI-AGE, 4/6/20

Hi Friends! I'm missing you all so much, I hope you had fun practicing your jumping last week. Keep up the good work! This week I've made a game for you to play with your families for everyone to practice jumping! Remember to bend those knees, use your arms, and land softly on the balls of your feet. When you land, don't take any steps! How high can you jump? How far can you jump? How many times in a row can you jump? Remember jumping is two feet, hopping is on one foot. Have fun playing Jumping Monster! Keep making those good 5210 choices! Mrs. Peck-Moad

Jumping Monster Board Game

Rules:

1. Find a space to jump!
2. Find something to use as a playing piece, a coin, a lego, a cheerio, anything will work!
3. Flip a coin to move, heads is one space, tails is two spaces. If you have a dice move the number you roll.
4. Do the activity on that square.
5. First one to the end wins!
6. Be careful, there are some tricky squares!

