

BJHS Spring Sports Information 2020

Spring Sports will begin the week of March 30 for most teams. Teams will do some indoor work, a few days a week, until we can get onto the fields. Here are some spring sports FAQ's:

Q: What does BJHS offer in the spring for 7th and 8th graders?

A: Track, Boys and Girls Lacrosse, Baseball and Softball.

Q: What does BJHS offer in the spring for 6th graders?

A: Track, other sports/activities are offered through local youth organizations and the recreation department. BJHS Track and Field is a no-cut sport and open to all 6th-8th graders. The BJHS track team usually has over 100 participants and we strongly encourage students to give it a try. Look online for Brunswick Youth Lacrosse and Brunswick Cal Ripken (for baseball and softball).

Q: When are practices?

A: Track and softball are right after school. Baseball and the boys and girls Lacrosse teams practice after school or at 5:15pm (depends on field and coach availability). Details about specific practices will be on the Athletic webpage in late March once games and practice schedules are set by the Athletic Director and coaches.

Q: Are there sign ups?

A: Signups for lacrosse, baseball and softball will be March 4-5-6. Track sign-ups will be during morning advisor on March 12th. Knowing how many students are interested will help us plan better.

Q: Is there paper work needed?

A: Yes. **(If your child has played on a school team this school year, he/she is all set with the forms needed as long as they have not expired).** All athletes need an athletic permission for on file with the Athletic Director prior to trying out and/or participating on any junior high sports sponsored team:

[1] Athletes need a signed permission form that indicates (a) parental permission to participate and (b) is an acknowledgement of insurance responsibility.

[2] Athletes need a signed statement from a physician indicating the participant is physically able to participate. The physician's statement is valid for a 12 month time period.

You can sign part one of the form and have the dr fax a statement of health if that is more convenient for you. The doctor's office may fax the form to the school in care of the A.D. The fax number for BJHS is 721-0602.

Q: Where are forms and more information?

Athletic permission forms are at the main office and on the BJHS Athletics Webpage. More information can be found about our program on the athletics page. If you have questions, please email our athletic director Mrs. Sharpe <ssharpe@brunswick.k12.me.us>