Basketball Notes 11.19.19



- Only one of the outside doors into the gym lobby will be open for building access.
- Coaches are expected to be at the school 15 minutes before their practice begins. Players should not arrive at school more than 15 minutes before their practice. We do not want players unsupervised. Nor do we want practices interrupted or players distracted.
- Boys entering the building should get to the locker room by using the hall from the gym lobby to the nurse's office, enter those gym doors and proceed to the locker room in front of the stage. Girls should enter the gym from the gym lobby and proceed to the girl's locker room.
- Players should wait in the locker room until their coach tells them it is ok to go onto the gym floor. There should be no horseplay. Sit quietly and wait your turn. Players should not be distracting the current practice or bouncing balls until their coach tells them it's time.
- Players are expected to respect the locker room. The custodial staff should not need to clean up any messes made by our athletes.
- Players should put all their belongings in a locker. Clothes and backpack items should not be left out. If you need a bigger locker for the season, please see Mr. Boomhour or Mrs. Iuzzolino.
- Parents are asked to wait in the gym lobby and not in the gymnasium during practices.
- The practices times will rotate throughout the season. For most coaches, this is a second job and we need to honor their commitment to job #1 and work practices around that.
- The practice and game schedule is posted on the athletics website. It will have the most up to date information. We will use the REMIND app this season and communicate changes and other information via REMIND.
- Coaches are asked to send in game recaps to the Times Record and the Athletic Director. The AD compiles the recaps each week and posts them on the athletics website.
- The 4:00 practice time is the most difficult for students to get home and back for. Some days we can offer a study area and access to the fitness room. Other days, we are not able to provide any type of supervision. Please plan accordingly with your child.
- Players who have the 2:45 or 4:00 practice should store their laptops in their gym lockers. They should not be left out in plain site on the locker room floor.
- Players should wear their court shoes on the court only. In wet weather, please use the mats to dry off shoes before going through the building.



- Players should bring their own water bottles to practices. Taking turns at the water fountain wastes time. Water will be provided for the team by the school for game days. Students may bring their own bottle if they want.
- Players need to bring their "practice shirt" to <u>every</u> practice. They are responsible for these as they are considered issued equipment. Players will be billed for lost or damaged items.
- Coaches have been asked to end on time and not keep the next team or parents waiting. We hope that parents will extend the same courtesy and pick up on time and not keep the coaches here any longer than need be. We thank you in advance for your cooperation.
- For away games, students need to know what time they are being dismissed. Times are on the game schedule, Husky Howler (daily announcements for students) and on the weekly schedule posted on the athletics website. They should have all their belongings prior to going to the class being dismissed from. Upon dismissal, they should report directly to the gym lobby for departure. Teams change at the game site. In an effort to minimize lost instruction time, there is not much time between dismissal and departure.
- Players may wear white shirts (or nothing) under their game uniforms.
- If a player is missing part of his/her uniform and does not acquire it prior to game time, he/she will not play. The coach/AD will not give out an "extra" uniform. Usually this only happens once to a player..............
- Our school's Eligibility Policy will be in effect during the entire season. At any time a student's average drops below a 60, the AD is notified.
- 24 hr cool down period. If you are upset after a game, please wait 24 hrs before emailing or contacting the coach. Hot tempers seldom help the situation.
- If you or your player has a concern, please address the coach at an appropriate time. If you and the coach cannot come to a satisfying resolution, then contact the Athletic Director and if that doesn't satisfy you, then contact the principal.
- Playing time is at the coach's direction. Everyone, who is able, will play in every game; however, playing time will not be equal. All players will get the same practice opportunities. Coaches base playing time on what they see during practices.
- During games please let the coaches do the coaching. If you want to correct your child, try doing it another time. Mixed messages and stress don't benefit the payers.

Kids are like a mirror, what they see and hear --they do. Be a good reflection for them. - K. Heath