

Monday

Tuesday

Wednesday

Thursday

Friday

4
 Chicken Filet Sandwich
 WG w/ Lettuce & Tomato
 or Ham Salad Sandwich
 Pretzels
 Apple
 A la carte: Corn Dogs

5
 Chicken Nuggets
 Mashed Potato
 Bread Stick WG
 Or Turkey & Cheese Sandwich
 A la carte: Tony's Smart Pizza
 or Buffalo Chicken Salad

6
 Pancakes w/ Maple Syrup
 or
 Breakfast Sandwich
 Sausage Patty
 Yogurt
 A la carte: Meat Lovers Sub

7
 Pulled Pork
 Bakes Beans
 Cole Slaw & Biscuit
 Or Chicken Salad Sandwich
 A la carte: Chicken Nuggets

1
 French Bread Pizza
 or Tuna Salad Sandwich
 Fruit Bar
 A la carte: Pizza Quesadilla

11
 Chicken Fajita or
 Hot Ham & Cheese
 Sandwich WG
 Sweet Potato Fries
 A la carte: Corn Dogs

12
 Homemade Lasagna
 w/ WG Breadstick
 Or Tuna Salad Sandwich
 Red & Green Pepper Sticks w/
 Low Fat Dip
 A la carte: Tony's Smart Pizza
 or Buffalo Chicken Salad

13
 Waffles w/ Maple Syrup
 or Cheese Omelet w/
 Blueberry Muffin
 Sausage Patty or Yogurt
 A la carte: Meat Lovers Sub

14
 Chicken Pot Pie
 w/ WG Biscuit
 or Ham Salad Sandwich WG
 A la carte: Chicken Nuggets

15
 Flat Bread Pizza WG
 or Crispy Fish Nuggets
 w/ Biscuit
 Seasoned Carrots
 A la carte: Pizza Quesadilla

18
 PRESIDENT'S DAY
 NO SCHOOL

19
 WINTER BREAK
 NO SCHOOL

20
 WINTER BREAK
 NO SCHOOL

21
 WINTER BREAK
 NO SCHOOL

22
 WINTER BREAK
 NO SCHOOL

25
 Chicken Teriyaki
 w/ Brown Rice & Egg Roll
 or Tuna Salad Sandwich
 Broccoli
 A la carte: Corn Dogs

26
 Shepherd's Pie
 or Ham & Cheese Sandwich WG
 Cucumber Chips
 A la carte: Tony's Smart Pizza
 or Buffalo Chicken Salad

27
 French Toast WG
 w/ Maple Syrup
 Or Egg & Cheese Sandwich on
 WG English Muffin
 Sausage Patty or Yogurt
 A la carte: Meat Lovers Sub

28
 Chicken Ramen
 Bowls
 Or Egg Salad Sandwich WG
 A la carte: Chicken Nuggets

Daily Offering: Fruit and Food Bar. Sunbutter and Jelly Sandwich and Other Sandwich Choices. Each Student is Required to have ½ Cup Fruit and / or Vegetable with Their Lunch.

Salad Bar Offerings: Leaf Lettuce, Spinach, Carrots, Cucumbers, Onions, Peppers, Croutons, Specialty Salads, Diced Egg, Diced Ham, Fresh Fruit, Canned Fruit and Assorted Dressings.

