

**Monday**

**Tuesday**

**Wednesday**

**Thursday**

**Friday**



**5**  
 Crispy Popcorn  
 Chicken WG,  
 Bread Stick or Tuna Salad  
 Sandwich, Rice Pilaf,  
 Carrots  
 A la cart: Pizza Quesadilla

**6**  
**No School**  
 Professional Development  
 Day K - 12

**7**  
 Brunch for Lunch  
 WG French Toast Sticks  
 w/ Maple Syrup,  
 Scrambled Eggs, Sausage  
 Patty, Hash Brown  
 A la cart: Pizza Pocket

**1**  
 Shepherd's Pie w/ WG Roll  
 or Turkey Salad Sandwich  
 Fresh Vegetable Sticks  
 w/ Low-fat Dip  
 A la cart: Corn Dogs or  
 Antipasto Salad

**2**  
 Tony's Smart Pizza,  
 Cheese or Pepperoni  
 Or Fish Sandwich  
 A la cart: Stuffed Crust Pizza

**12**  
**No School**  
 Veteran's Day

**13**  
 Beans and Hot Dogs  
 WG Biscuit or Deli Turkey  
 Sandwich WG  
 A la cart: Chicken Caesar  
 Salad or Chicken Fries

**14**  
 Brunch for Lunch  
 WG Pancakes  
 w/ Maple Syrup,  
 Bagel Breakfast Sandwich,  
 Orange Juice  
 A la cart: Pizza Pocket

**8**  
 WG Pasta w/ Homemade  
 Meat Sauce w/ WG Roll  
 or Turkey Italian Sandwich WG  
 w/ Mixed Green Salad with  
 Low-fat Dressing  
 A la cart: Corn Dogs or  
 Antipasto Salad

**9**  
 Chicken Nuggets WG  
 w/ Rice Pilaf, WG Breadstick  
 or Tuna Salad Sandwich WG,  
 Carrot Sticks w/ Low-Fat Dip  
 A la cart: Stuffed Crust Pizza

**15**  
 Roast Turkey w/ Gravy,  
 Mashed Potato, Green  
 Bean Casserole, WG Roll,  
 Blueberry Crisp or Ham Salad  
 Sandwich on WG  
 A la cart: Corn Dogs or  
 Antipasto Salad

**16**  
 Pizza Rounds WG  
 Or Fish Tacos  
 WG Pretzels, Cucumber  
 Sticks w/ Hummus Dip  
 A la cart: Stuffed Crust Pizza

**19**  
 Beef and Bean  
 Nachos  
 or Ham Italian WG,  
 Fiesta Mexican Rice,  
 Seasoned Corn  
 A la cart: Pizza Quesadilla

**20**  
 Early Release  
 Bagged Lunch  
 WG Pizza Pocket or  
 Turkey and Cheese  
 Sandwich, Carrot Sticks  
 Gold Fish Crackers

**21**  
**No School**  
 Professional Development  
 Day K - 12

**22**  
**No School**  
 Thanksgiving Break

**23**  
**No School**  
 Thanksgiving Break

**26**  
 Cheeseburger WG  
 w/ Lettuce and Tomato  
 or Tuna Salad Sandwich WG,  
 Smiley Fries  
 A la cart: Pizza Quesadilla

**27**  
 Hot Dog on WG Bun or  
 Meat Lovers Sub,  
 Baked Beans, Cole Slaw  
 A la cart: Chicken Caesar  
 Salad or Chicken Fries

**28**  
 Brunch for Lunch  
 WG Waffle Sticks  
 w/ Maple Syrup,  
 Egg and Cheese Breakfast  
 Sandwich, Sausage Patty, Peaches  
 A la cart: Pizza Pocket

**29**  
 Italian Dunkers WG w/  
 Dipping Sauce or Egg  
 Salad Sandwich, Sweet Potato  
 Fries, Mixed Green Salad  
 A la cart: Corn Dogs or  
 Antipasto Salad

**30**  
 Pepperoni or Cheese  
 Pizza WG  
 or Crispy Fish and Chips  
 w/ WG Dinner Roll  
 Veggies w/ Hummus Dip  
 A la cart: Stuffed Crust Pizza

Daily Offering: Fruit and Food Bar. Sunbutter and Jelly Sandwich and Other Sandwich Choices. Each Student is Required to have ½ Cup Fruit and / or Vegetable with Their Lunch.

Salad Bar Offerings: Leaf Lettuce, Spinach, Carrots, Cucumbers, Onions, Peppers, Croutons, Specialty Salads, Diced Egg, Diced Ham, Fresh Fruit, Canned Fruit and Assorted Dressings.