


BJHS Cross Country September 2018

All Practices are at Brunswick Junior High

Sun	Mon	Tue	Wed	Thu	Fri	Sat
						1
2	3	4	5 Practice 2:40-4:00	6 Signup Day Morning at BJHS	7	8
9	10 Practice 2:40-4:00	11 Practice 2:40-4:00	12 Practice 2:40-4:00	13 Practice 2:40-4:00	14 Practice 2:40-4:00	15
16	17 Practice 2:40-4:00	18 Meet #1 - Home At BJHS 4:00 - Start Time Girls followed by Boys Oxford Hill/Mt. A	19 No Practice Recovery Day	20 Practice 2:40-4:00	21 Practice 2:40-4:00	22
23	24 Practice 2:40-4:00	25 Practice 2:40-4:00	26 Meet #2 at Oxford Hills w/ Lewiston 4:00—Girls followed by Boys	27 No Practice Recovery Day	28 Practice 2:40-4:00	29
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BJHS Cross Country October 2018

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1 Practice 2:40-4:00	2 Practice 2:40-4:00	3 Practice 2:40-4:00	4 Meet #3 Home at BJHS 4:00—Girls followed by Boys	5 No Practice No School Professional Day	6
7	8 No Practice No School Columbus Day	9 Practice 2:40-4:00	10 Meet #4 at MTA w/Lewiston 4:00—Girls followed by Boys	11 No Practice Recovery Day	12 Practice 2:40-4:00	13
14	15 Practice 2:40-4:00	16 Practice 2:40-4:00	17 Meet #5 at Tripp w/ MTA 4:00—Girls followed by Boys	18 No Practice Recovery Day	19 Practice 2:40-4:00	20
21	22 Practice 2:40-4:00	23 Practice 2:40-4:00	24 Practice 2:40-4:00	25 Meet #6 Championship Meet At Home—BJHS Time TBD or 4:00 Girls followed by Boys	26	27
28	29	30 Tentative End of Season Party BJHS Café' 2:40-4:00 	31	TBD” We may attend the Winthrop Invitational if there are not date conflicts.		