

# The Husky Herald



B. J. H. S.

A MONTHLY NEWSLETTER FROM THE SCHOOL PRINCIPAL

VOLUME 15, ISSUE 10 JUNE 2018

Dear Parents and Caregivers,

Here we find ourselves at the end of the school year, and it always comes up quickly. Our teaching teams have so much that they want to do with their students before sending them off for the summer, and it is an exciting time at Brunswick Junior High School. Please stay up to date on all the events that are coming up for your child.

This edition of the newsletter is larger than most as we have so many special events coming up. Please be sure to read through this to get an idea of fun and engaging events through June.

The end of the year is also bittersweet. Although we all love summer and some vacation time, we say goodbye to our 8th graders. I have really enjoyed our current 8th grade students and we have seen a lot of growth with them over the years. They have worked hard to find out who they are as individuals and as a group, and we will miss them as they move on to the high school.

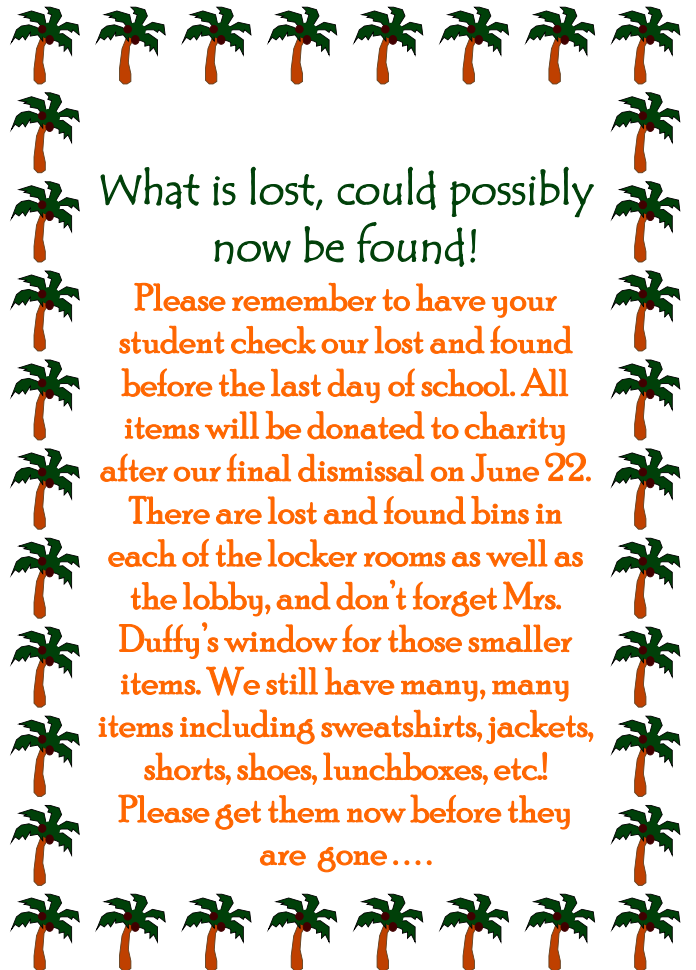
Finally, thank you to our parents and caregivers for partnering with us this year. The importance of a strong home-school relationship cannot be overstated. We are fortunate to have such great families in Brunswick. I hope everyone has a safe and enjoyable summer!

Sincerely,

*Walter Wallace*

Walter Wallace, Principal

**Our Last Day of School is  
June 22nd,  
This is an Early Dismissal day:  
Dismissal @ 12:15 p.m.**



What is lost, could possibly now be found!

**Please remember to have your student check our lost and found before the last day of school. All items will be donated to charity after our final dismissal on June 22.**

**There are lost and found bins in each of the locker rooms as well as the lobby, and don't forget Mrs. Duffy's window for those smaller items. We still have many, many items including sweatshirts, jackets, shorts, shoes, lunchboxes, etc!**

**Please get them now before they are gone....**



Summer Vacation

# Notes from the Nurse!

If your child has medication in the health office:  
All over the counter medication will be sent home with your child on June 19/20.  
All inhalers will be given out to the children on June 21 to keep in their backpacks to bring with them on June 22 if needed  
I will be in contact with parents regarding prescription medication for pick up.  
NO medications are kept in the health office over the summer



Any medication left in the health office will be properly disposed of on June 25th



When school resumes in the fall, a new medication form will need to be filled out and medication will need to be in the original container to be given in school.

For outgoing 8<sup>th</sup> graders:

Physical exams are recommended for students entering 9<sup>th</sup> grade. Packets with the health forms will be given to our outgoing 8<sup>th</sup> graders at the end of the school year. High school athletic form packets may be obtained at the high school or downloaded from the high school website under athletics.

For next year's 6<sup>th</sup>, 7<sup>th</sup>, and 8<sup>th</sup> graders:

Athletic forms must be signed by the **parent** and the **physician** and be on file in school for your child to participate in any school sport programs. All health and athletic forms may be obtained at the junior high front office, health office or downloaded from the junior high website.

Reminder: All incoming 7<sup>th</sup> graders need to have documentation of one tdap and one MCV4 (meningococcal) vaccine or an exemption letter on file at school per Maine State Law. Make your appointments now for summer physicals and to get the forms and any needed immunizations completed.

Any questions, please contact me at [htetu@brunswick.k12.me.us](mailto:htetu@brunswick.k12.me.us)



Have a safe and healthy summer!  
*Helen Tetu, RN*



## Sync with your "tween"

Summer is almost here, how are you syncing with your tween and other parents? Kids are out of school, home alone, with friends, out and about. Here are some ways you can be on top of your parent game...



**Share info with other parents.** Exchange contact info with other parents. Tell parents of your tween's friends that they can call you if they have concerns about your child and offer to return the favor.



**Monitor and Secure.** If you have alcohol, prescriptions or other similar items, keep track of it – know how much you have and keep it where tweens cannot get it.



**Check in often.** Ask your tween to call you at a set time when they go out so you can confirm where they are and how they are doing.

For more tips [visit the Access Health Website](#) or [find us on Facebook](#)



# BJHS Step Up Day JUNE 1ST!

On June 1st we will be hosting our annual Step Up Day for incoming 6th grade students. The new 6th grade students will arrive from HBS to BJHS around 9:30 a.m. and stay through lunchtime.

Our current 6th and 7th grade students will also "move up" during this time period and experience their own new grade levels.

Our current 8th grade will also have a Step Up Day at BHS! Busses will leave at 9:00 a.m. and be back at 11:45 a.m. Students will be treated to a tour, discussions and will eat lunch in the high school cafeteria.



Please remember to keep clippin' over the summer months, we will be happy to have your Box Tops collection again in the fall!!



## Annual 8th Grade Party at Winslow Park

June 19th; 9:30 a.m.-1:30 p.m.  
parents are encouraged to attend  
We need many helpers that day  
to put on the picnic for our  
8th graders, please join us!

## Huskies' Garden of Eatin' is Looking for Volunteers!

Dear BJHS Staff, Students and Parents,

Our beautiful garden has started its eighth season, producing wonderful organic vegetables. It has thrived thanks to the hard work of our volunteers. This year we have potatoes, carrots, spinach, Swiss chard, tomatoes, peppers, beans, sunflowers, squash, asparagus, strawberries, beautiful flowers, and herbs. The fall harvest will be served in the school cafeteria and any harvests over the summer can be eaten by you or donated to the Mid-Coast Hunger Prevention Program.

In order to keep it going we need **SUMMER VOLUNTEERS!** No experience needed! It's a great opportunity to help support the school garden. You can commit any week to one visit (about two hours), 3 times that week, or more. The time of visits can be adjusted to fit your schedule and to the schedule of that week's garden coordinator.

- \* **Parents** - We could use some help this summer keeping this garden growing! - Please sign up!
- \* **6th Graders** - Come check this out!
- \* **7th Graders** - Come keep this going!
- \* **8th Graders** - You can earn up to 10 hours of community service towards high school graduation just by spending some time outdoors! We would love to work with you to do nice things for BJHS!!

Get positively charged in a beautiful setting and help our garden flourish! Please, sign up at the link <https://m.signupgenius.com/#/showSignUp/60b0d45a4a72aa57-summer2>

Please, contact Ms. Lamdin (room 108) or Radka MacKillop ([radkakeshirova@yahoo.com](mailto:radkakeshirova@yahoo.com)) if you have questions.

We appreciate your help!  
*The BJH Wellness and Go Green Teams*



# Ways to Build Math Skills This Summer

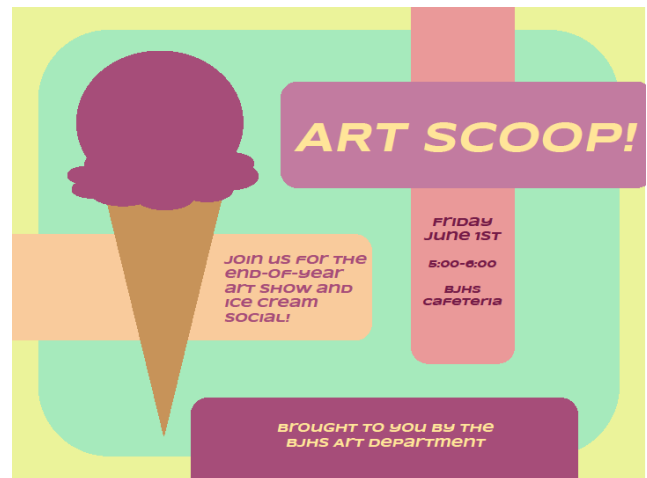
Children typically forget some of what they learned during the school year if they don't engage in learning activities over the summer. This is particularly true in math. A study by researchers at the University of Missouri shows that on average, students lost about 2.6 months of math learning over the summer. That means classroom teachers spend weeks reviewing math facts and concepts in the first few weeks of school.

- 1. Note numbers.** Increase your child's awareness of numbers by looking around the house to find examples. Boost your child's awareness of how numbers are used by pointing out the movie times, weather forecasts and sports statistics in your daily newspaper.
- 2. How tall are you?** Lots of middle school age students grow over the summer months! Many families record the height of their child on a door or wall chart. Measurement and understanding relationships between numbers are crucial to the development of mathematical thinking.
- 3. Play grocery store math.** When at the supermarket, estimate the cost of the purchases or find unit prices in order to look for the best buy. Supply paper and pencil, and maybe a calculator, as well, so your child can practice using calculators the way adults use them every day.
- 4. What's on the menu?** The next time you go to a restaurant, hang on to the menu while you are waiting for your meal and play some math games with your child. Ask him to find the least expensive item on the menu, then all the items that cost between \$5 and \$10 or three items whose total cost is between \$9 and \$20. This will not only fill the time while you're waiting to eat, it will show your child how math is used every day. When you get the bill have your child calculate the tip and total or change due back.
- 5. Cook up a math game.** The kitchen is a great place to practice math, as long as there's an adult home to supervise. Ask your child to double or halve a recipe.
- 6. Measure the distance.** You don't have to leave home for this game, although it's ideal for vacations. Get out a map that indicates the distance in miles between cities. Measure the distance between Los Angeles and San Francisco, and between Phoenix and San Francisco. Which is greater? How does that compare to the distance between New York City and Chicago?
- 7. Math tutor.** Want someone else to do it for you? Contact the guidance department for names of people who tutor in the summer.

Continued.....

We're getting ready for **Art Scoop**, our annual celebration of artwork at Brunswick Junior High!

On view at the Junior High will be artwork from all students throughout the year. The display promises to be impressive, and will showcase our students' hard work, creativity, and self-expression. We will also have a variety of "make-and-take" arts and crafts activities, and as always, we will be scooping ice cream in the cafeteria! Timed to coincide with both *the 6th grade Science Fair*, *the 8th grade Astrobiology Symposium* on **Friday, June 1st**, we invite you to fill your evening with science and art!



**Art Scoop** runs **TONIGHT** from **5:00-6:00!**



- 8. Calculate fuel consumption and elapsed time.** When you are going on a car trip, find out how many miles per gallon your car gets. Project how much longer it will take to get to your destination, how often you will have to stop for gas, etc.
- 9. Calculate exchange rates.** If you are traveling to a different country, discuss exchange rates and be in charge of calculating different costs in dollars.

# Connect to Casco Bay

## *Jewell Island Project Presentations*

*Please join BJHS's Jewell Island Team as we share the results of our expeditionary learning about Casco Bay.*

*View all of our student action projects that respond to our Essential Questions:*

- Why should we care about Casco Bay?*
- How are we going to nurture Casco Bay?*

*Where: Main Gym, Gym Foyer, and 7th Grade Hallway/Classrooms*

*When: Tuesday, June 19<sup>th</sup>*

*Time: 5:00—7:30 PM  
(Students need to arrive at 4:45.)*





## Summer Host Families Needed

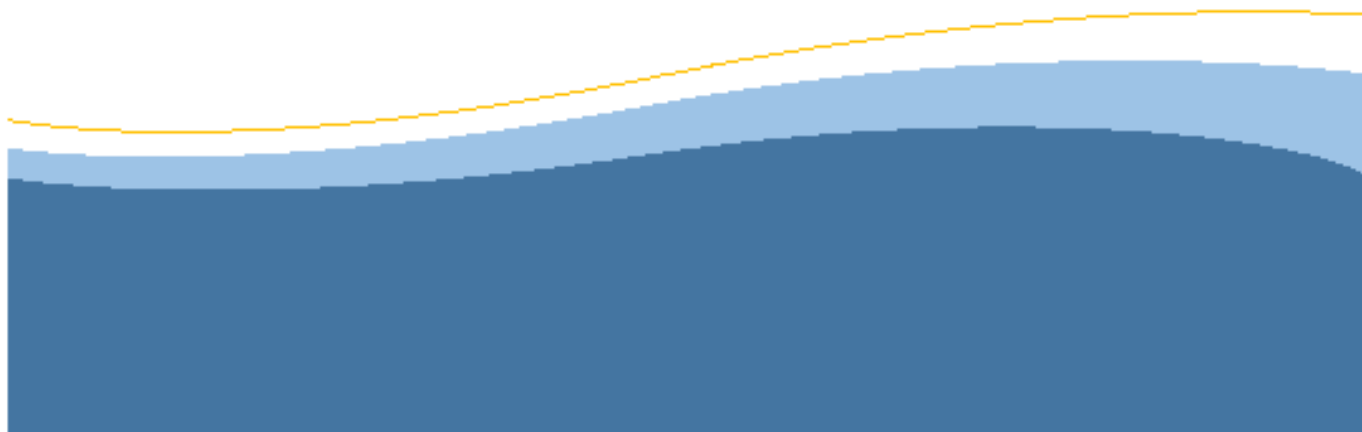
Do you have a student who would be interested in a STEAM (science, technology, engineering, ART, and Math) summer learning program at Brunswick High School this summer? Help with hosting a visiting 7th grade student from Shanghai and your middle school child will have this enriched summer experience in exchange.

\* 7/30/18—8/7/18

- Provide overnight accommodations
- Provide breakfast each day
- Share family summer activities and experiences with Chinese student

For more information and to sign up for this unique learning immersion, please contact (207)319 -1900 ext. 1000 or at [jnixon@brunswick.k12.me.us](mailto:jnixon@brunswick.k12.me.us).

Participation response is needed by June 19th to take part in this opportunity.



# Games to Support Math and Reasoning

The following list of games, excerpted from *Games and Their Uses in Mathematics Learning* (Sharma, 2008), will help your child sharpen thinking skills, make inferences, draw conclusions, evaluate answers and strengthen reasoning.

☺ Simon or Mini Wizard	☺ Battleship
☺ Cribbage	☺ Quarto
☺ Concentration	☺ Chinese Checkers
☺ Parcheesi	☺ Checkers
☺ Othello	☺ Score Four or Connect Four
☺ Qubic	☺ Pyraos
☺ Krypto	☺ Go Muko
☺ Kalah or Mancala	☺ Master Mind
☺ Four Sight	☺ Black-Box
☺ Reckon	☺ Card Games
☺ Dominos	☺ Hex
☺ British Squares	☺ Stratego
☺ Number Safari	☺ Pinball Wizard
☺ Number War Games	

Websites for Math Games & Math Help:

<http://www.amathsdictionaryforkids.com/>  
<http://illuminations.nctm.org/ActivitySearch.aspx>  
<http://www.sheppardsoftware.com/math.htm>  
[http://www.mathtv.com/videos\\_by\\_topic](http://www.mathtv.com/videos_by_topic)  
<http://www.ixl.com/math/grade-8>  
<http://calculationnation.nctm.org/>



## A Great Big Thank You!

BJHS thanks you for your support of our fundraisers this year! Our fundraisers help to raise money for our Student Activities Fund. This fund helps defray the costs for field trips and classroom activities that would otherwise not be possible.  
*Thank you for your support!!*

# Ideas for Summer Reading

Again this year, all B.J.H.S. students are being asked to read at least two books this summer. Students received a pink reading log on Step-up Day from their language arts teacher. On the first week of school, teachers will ask students to pass in their summer reading logs. The logs will also be posted on our school website.

There are many good ideas for summer reading to help maintain fluency and reading level, as well as to encourage independent reading. Look for titles that are interesting and fun to read! We hope that students will lose themselves in a great book this summer and avoid the “summer slide” that is likely to happen if students don’t read over the summer.

If students don’t read at all over the summer, they are likely to suffer from “summer slide,” but if students read three books at their level, they will likely maintain their progress. On the positive side, students who read more than three books at their level are likely to actually make some gains in reading.

In addition to visiting our local library, below is a list of notable sites to help get you started:  
<http://www.ala.org/yalsa/booklistsawards/booklistsbook>  
<http://mainemamle.org/2014/04/21/great-young-adult-novels-for-2104/>

[http://www.nationalbook.org/nbawinners\\_category.html](http://www.nationalbook.org/nbawinners_category.html)

<http://www.windham.lib.me.us/msba>

<http://www.ala.org/alsc/awardsgrants/notalists/ncb>  
[www.goodreads.com](http://www.goodreads.com)

Please also visit our school website for other possible summer reading suggestions.

**Yearbooks will be distributed the last week of school.**

Brunswick Schools are marching in Portland's Pride Parade year! We will have a bus available to transport any interested students, staff, family members, or friends interested in marching in the parade. If you have your own transportation, feel free to meet us at the parade instead of taking the bus.

**When:** *Saturday, June 16.* The bus leaves Brunswick Junior High at 10:45 on Saturday morning and returns around 2:15 that afternoon. The parade itself begins in Portland at noon. These times may be adjusted as the parade organizers finalize the details, so we'll keep everyone informed of any changes.

**Where:** The bus pickup and drop-off will be in front of BJHS. The parade begins at Monument Square, goes along Congress St., then down High St. to Deering Park.

**Who:** Students, staff, families and friends. Anyone that wants to represent our schools in the parade. Our bus will be able to transport 50-60 people, but even more are welcome to meet us at the parade start. Since seats are limited, please let us know if you would like to ride the bus with us by contacting Mr. McNamara, Ms. Bucknam, or Ms. LeBlanc.

**What:** Some items we recommend bringing along are comfortable walking shoes, a snack and drink (we're planning on having a wagon to pull through the parade to help carry extra drinks), sunscreen, weather-appropriate clothing, health or medical supplies.



**Brunswick Junior High School is planning a Field Day to celebrate the last day of school, June 22nd! Parent volunteers are welcome to come help us facilitate games and activities. All are welcome! The more the merrier! Stay tuned for sign up information, or feel free to contact Ms. LeBlanc by email, [dleblanc@brunswick.k12.me.us](mailto:dleblanc@brunswick.k12.me.us) with any questions.**

**Please join us for our annual  
Frito Pie Dinner  
At the Outdoor Band Concert  
On June 7 At 6:00 p.m.**

Bring a blanket or a chair, grab a spot on the lawn and have a Frito Pie Picnic Dinner for only **\$3.00**

Includes Frito pie,  
plus a bottle of water  
and a dessert!

*(or just dessert for \$1.00)*

*(Please recycle your water bottles in  
the provided green Clink bags)*





Please join us on Friday, June 1st, for our first ever 8th grade Astrobiology Symposium, 6th grade Science Exhibits, and Art Scoop! The Symposium will be in rooms 102/103 (5:30-6:30), the 6th grade Science Exhibits will be in the cafeteria (6:00-7:00), and the Art Scoop will be in the back of the cafeteria (5:00-6:00). We're hoping to get parents and students from all grade levels circulating through for a fabulous evening of Science and Art.



*Our 8th Grade Final Assembly  
and  
Talent Show  
are on  
June 20  
beginning at 8:20 a.m.*

  
**Let there be  
Music!**

The BJH music department will be presenting the final concerts of the year on Monday, June 4 and Thursday, June 7.

On Monday, June 4, the BJH chorus will be performing in the BJH gym at 7:00pm. Our theme this year is "Class of 2022" and will include a wide variety of songs from the Pop/Rock genre. This concert is free and open to the public and includes are 6<sup>th</sup>, 7<sup>th</sup> and 8<sup>th</sup> grade choruses as well as our acapella groups.

On Thursday, June 7, the BJH Bands will perform at the annual "Celebrate Summer" Outdoor Band Concert. This concert begins at 6:00pm on the athletic field that runs parallel to Columbia Ave. (our field hockey/girl's lacrosse field). Our 6th, 7th and 8th grade band students will share some of their favorite songs from past years. Bring a chair or a blanket and enjoy the music. You can bring a supper or purchase one from our music boosters.

  
**Please join us!**

In case of rain, the concert will be moved indoors. This concert is free and open to the public.

Our annual Student Music Awards will also be presented at these concerts.  
**We hope you can join us!**

# Sports Corner

## Spring Sports Winding Down

Congratulations to all of our student athletes. This spring, we had over 200 students juggling school and a sport. A big thank you to parents for helping students balance work and play, and providing daily transportation. They finish their season next week. Please take time to thank your child's coach or consider having your child write a note to the coach thanking them for his/her time and effort.

## Physical Forms for Athletes moving on to BHS

If your child will participate in a sport at Brunswick High School, please go to the high school athletics webpage, select *BHS athletic forms* and read the information provided. They have more requirements and forms than we do at BJHS. All completed forms must be returned to the Athletic Office before the first day of try-outs. When all forms have been turned in, the student athlete will be given a clearance slip along with the filled out emergency card to turn in to the coach on the first day. These forms must be redone each year to insure the student is in good health. If the student plays two or more sports, before the beginning of the next sport they must come in to the athletic office and ask for a new clearance slip and emergency card. The card will need to be filled out and along with the clearance slip be given to the new coach before try-outs for that sport. A physical is required each year in order to participate in sports unless a statement signed by the student's physician is on file and dated no later than twelve (12) months prior to participation in any sports season.

## Physical Forms for Athletes staying at BJHS

The fall sports season seems to come upon us quickly and getting the required forms completed can be stressful. However, they are required and students will not be allowed to participate without properly completed paperwork. Please, plan ahead. Athletic Permission Forms (a.k.a. Physical forms) are valid for one school year. Forms are available in the school lobby during summer hours, or you may download them from our website. You can complete section two of the form by asking your child's doctor to fax a letter to the school (attention: athletic director) indicating the child is cleared to play and gives the date of the last physical.

Fall Sports...looking ahead . . . In the fall, BJHS will offer cross country and field hockey for all grades. Soccer (boys and girls) will be offered for seventh and eighth graders. Practice and game schedules will be posted on the school website in late-August. BAYFL is taking registrations now for athletes interested in football or cheering [www.bayfl.org](http://www.bayfl.org).

**Summer Activities and Free Meals for Children.** The Midcoast Hunger Prevention Program is offering summer-long fun and free meals for children and teens in multiple locations in the greater Brunswick area. Many students who receive lunches during the school year have a difficult time finding a nutritious meal during summer vacation. Through the federally funded Summer Food Service Program, free meals will be served at open sites on weekdays all summer to any child 18 years of age or younger - no questions asked. At the meal sites, different activities will be offered daily such as outdoor games, arts & crafts, and even wildlife presentations with live animals! Lunches will be served from 12pm-1pm, Monday through Friday starting June 25th at Curtis Memorial Library and Perryman Village. Other locations in Lisbon and Bowdoinham will be available as well. For more information, please contact Mary Sasso at [msasso@mchpp.org](mailto:msasso@mchpp.org) or (207) 725-2716 x307.

