



New BJHS Track May 2018

Updated 5/4/18

Sun	Mon	Tue	Wed	Thu	Fri	Sat
		1 Full Team Practice At BJHS 2:40-4:00	2 Meet #1 At Mt. Ararat Events begin at 3:30	3 No Practice Recovery Day	4 Full Team Practice At BJHS 2:40-4:00	5
6	7 Practice for All Runners 2:40-4:00	8 Full Team Practice at the High School Track 3:30- 4:45	9 Early Release No Practice	10 Meet #2 At Tripp Middle School Events begin at 3:30	11 No Practice Recovery Day	12
13	14 Full Team Practice At BJHS 2:40-4:00	15 Meet #3 At Oxford Hills Events begin at 3:30	16 No Practice Recovery Day Championship Team Posted—If Oxford Hills Results are Received.	17 Full Championship Team Practice at BJHS 2:40-4:00 Top 3 in each event from season results	18 No Practice Recovery Day	19
20	21 Full Championship Team Practice at BJHS 2:40-4:00	22 Full Championship Team Practice at High School Track 3:30-4:45	23 No Practice Recovery Day	24 Full Championship Team Practice at BJHS 2:40-4:00	25 No Practice Recovery Day	26
27	28 Memorial Day No Practice	29 Full Championship Team Practice at BJHS	30 No Practice Recovery Day	31 Full Championship Team Practice at High School Track 3:30-4:45	June 1 No Practice Recovery Day	

Championship Team: Top 3 in each event from results accumulated during the season. 4 per relay, plus relay alternates.



BJHS Track June 2018

Sun	Mon	Tue	Wed	Thu	Fri	Sat
					1 No Practice Recovery Day	2
3	4 Full Championship Team Practice at BJHS 2:40-4:00	5 Full Championship Team Practice at BJHS 2:40-3:30	6 Championship Meet At Tripp Middle School Events begin at 3:00	7	8	9
10	11	12 Full Team End of the Season Track Celebration In the BJHS Cafeteria	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30