

BJHS Track March 2017

| Sun | Mon | Tue | Wed | Thu | Fri | Sat | | | |
|-----|--|---|--|---|--|-----|--|--|--|
| | | | 1 | 2 | 3 | 4 | | | |
| 5 | with Auburn, May 24 (home) with Lewiston, May 30 Championship meet at Auburn. | | | | | | | | |
| 12 | More meets may be added to this list. The first two weeks of practice will be focused on the introduction of events and conditioning. | | | | | | | | |
| 19 | 20 | 21 All Girls Full Girls Team 2:40-4:00 | 22 Early Release Day No Practice | 23 All Boys Full Boys Team 2:40-4:00 | 24 | 25 | | | |
| 26 | 27 Practice for All Running and Jumping Events 2:40-4:00 | 28 Practice for Throwing Events 2:40-4:00 | 29 Practice for all Jumpers Practice 2:40-4:00 | 30 Practice for All Runners and Jumpers 2:40-4:00 | 31 Practice for Throwers 2:40-4:00 | | | | |



BJHS Track April 2017

| Sun | Mon | Tue | Wed | Thu | Fri | Sat |
|-----|---|---|--|--|---|-----|
| | | | | | | 1 |
| 2 | 3 Practice for All Runners 2:40-4:00 | 4 Practice for all Throwers 2:40-4:00 | 5 Practice for Jumpers 2:40-4:00 | 6 Full Team Practice at the High School Track 4:00-5:15 | 7 No Practice Recovery Day | 8 |
| 9 | 10Practice for AllRunners2:40-4:00 | 11Full TeamPractice at the HighSchool Track 4:00-5:15 | 12 Practice for all Throwers 2:40-4:00 | 13 Early Release Day No Practice Parent Conferences | 14 No School No Practice | 15 |
| 16 | 17 | 18 | 19 | 20 | 21 | 22 |
| | Spring Vacation Week: Optional Practice Times will be Announced | | | | | |
| 23 | 24 Practice for All Runners 2:40-4:00 | 25 Full TeamPractice at the HighSchool Track 4:00-5:15 | 26 Practice for allThrowers2:40-4:00 | 27 Practice for Jumpers2:40-4:00 | 28 Practice for AllRunners2:40-4:00 | 29 |
| 30 | | | | | | |



BJHS Track May 2017

| Sun | Mon | Tue | Wed | Thu | Fri | Sat |
|-----|---|---|--|---|--|-----|
| | 1 Full Team Practice at the High School Track 4:00-5:15 | 2 Full Team PracticeAt BJHS2:40-4:00 | 3 Meet #1 At Mr. Ararat w/ Bath | 4 No Practice Recovery Day | 5 Practice for All Jumpers and Distance Runners 2:40-4:00 | 6 |
| 7 | 8 Practice for All Runners 2:40-4:00 | 9 Full Team Practice at the High School Track 4:00- 5:15 | 10 Practice for all Throwers 2:40-4:00 | 11 Full Team PracticeAt BJHS2:40-4:00 | 12 Meet #2 At Oxford Hills | 13 |
| 14 | 15 Full Team PracticeAt BJHS2:40-4:00 | 16 Meet #3 At Mt. Ararat w/ X Tripp, Auburn | 17 No Practice Recovery Day | 18 Practice for AllRunners2:40-4:00 | 19 Practice for allThrowers2:40-4:00 | 20 |
| 21 | 22 Full Team Practice At BJHS 2:40-4:00 | 23 Meet #4 Update, Meet will be at Bath: Brunswick will be hosting | 24 No Practice Recovery Day | 25 Full Championship Team Practice at BJHS 2:40-4:00 | 26 Full Championship Team Practice at BJHS 2:40-4:00 | 27 |
| 28 | 29 Memorial Day No Practice | 30 Championship Meet at Auburn | 31 | June 1 Rain Date for Champion- ship meet. | | |



BJHS Track June 2017

| Sun | Mon | Tue | Wed | Thu | Fri | Sat |
|-----|-----|---|-----|--|-----|-----|
| | | | | 1 June 1 Rain Date for Champion- ship meet. | 2 | 3 |
| 4 | 5 | 6 Tentative Date End of the Season Track Party In the BJHS Cafeteria | 7 | 8 | 9 | 10 |
| 11 | 12 | 13 | 14 | 15 | 16 | 17 |
| 18 | 19 | 20 | 21 | 22 | 23 | 24 |
| 25 | 26 | 27 | 28 | 29 | 30 | |