

Brunswick Junior High School Athletic Program

PHILOSOPHY

Brunswick Junior High School's athletic programs are designed to meet the developmental needs of students through age appropriate intramural and interscholastic activities. It is also a goal that students will develop the skills, knowledge, and understanding of activities along with a spirit of cooperation, acceptance, involvement, sportsmanship and healthy fun.

Students should develop skills, knowledge and understanding of their chosen activity together with respect and appreciation for team members, opponents, coaches, and officials.

Brunswick Junior High supports the core principles as outlined in the Sports Done Right Panel of The University of Maine Sport & Coaching Initiative of 2005. These core principles are:

- * Athletic participation must be healthful, positive and safe for everyone involved, conducted in an environment that teaches values and ethics, strengthens the community, promotes competition without conflict and enriches the lives of the athletes.
- * Learning and personal growth form the foundation for interscholastic and intramural sports.
- * Parents and community are actively involved in creating and supporting an environment that fosters positive athletic experiences for student-athletes.
- * The coach is the key to making the student-athlete experience appropriate, positive and educational.
- * Each student who meets the eligibility standards has the opportunity to participate and learn through sports.
- * Participation in sports builds self-confidence while teaching good health and fitness habits to last a lifetime.
- * High-quality athletic programs are build upon a foundation of strong leadership, clear policy, adequate resources and effective organization.

Research indicates that students involved in athletics are most likely to succeed at their chosen profession and make creative contributions to their communities. Many of the character traits, qualities and attributes required to be a successful student-athlete are exactly those that will promote a successful life after high school or college. We are constantly trying to improve communication with students and parents. For our programs to be successful it is necessary that everyone involved understand the direction and goal of the Brunswick athletic program.