October has come and gone and it is hard to believe we have already completed the first week of November. The month is off to a great start.

On November 2nd, Brunswick, Mt. Ararat, and Morse High Schools worked collaboratively to bring in Rob Miller from Proactive Coaching to speak about life-long lessons that are learned in high school athletics. Separate sessions were held for student athletes, their parents, and team coaches.

The discussion with student athletes focused on respect for the game, teammates and opponents, accountability, character and team spirit. For parents, the conversation emphasized the value of watching their child play, keeping team goals in mind, accepting the judgments of officials and coaches and being a good listener. The presentation for coaches concentrated on the love of the game, leading by example and the importance of rewarding effort and behavior instead of outcome. The sessions were well attended and support our school goal to promote positive sportsmanship throughout the community.

There are also a number of exciting events on the horizon for the Brunswick community, parents, students, faculty and staff to look forward to. For those who played a fall sport, just a reminder that the Fall Athletic Awards will be distributed on Tuesday, November 10th at 6:00pm in Crooker Theater. Parents and community members are welcome to attend and we hope to have a strong turnout.

On November 11th, we take a day to recognize our Veterans. Mr. Blake brought the value of this day to life this week by inviting Master Chief Dumont in to speak. He is a retired member of the US Navy who currently volunteers time to support other veterans. Students had an opportunity to listen to him talk about his career and to ask questions about his service and our veterans. This helped our students to better understand the significance of Veteran’s Day through an engaging and interactive discussion. Thank you to Master Chief Dumont for volunteering his time to come to BHS and work with our students.

Mark your calendars because this is something you do not want to miss: November 19th, 20th at 7:00pm and on November 21st at 2:00pm and 7:00pm the BHS Players are putting on The Man Who Came to Dinner in Crooker Theater. The production involves over forty students from across grade levels and our students have been working incredibly hard to master this piece. We hope you will attend the performance because it will certainly be an exceptional show.

Just a reminder that report cards for the first quarter will be distributed to students on Monday, November 9th at the end of the school day. If students have any questions about their grades please have them connect directly with their teachers.

As we look ahead, there are many events at BHS to look forward to. Visit BHS’s website (http://www.brunswick.k12.me.us/bhs) to stay up-to-date on school news and upcoming events.
TRANSPORTATION INFORMATION

Starting Tuesday, September 15th on every Tuesday and Thursday we will have a late bus for students. The late bus is provided for students staying late for extracurricular activities, academic support and the Homework Club. Bus 55 will pick up in front of BHS at 3:15 PM and BJHS at 3:30 PM. Ridership will determine bus stop locations. Example Cook’s Corner, Old Bath Rd, Cushing St, etc. Parents will be responsible for picking their student up at the general locations or the student may walk home from the bus stops. Students who want to ride the late bus need to check in at the front office by 2:15 PM to pick up a late bus blue pass.

The Brunswick Explorer Bus is willing to pick up students after school at either 2:50 / 3:50 / or 4:50. Students need to let the main office know by 1:00 each day what time they will need the bus. At the moment free tickets are available but usually the cost is $1.00. Students are encouraged to plan ahead any consecutive days they may need to stay after school so the bus and be guaranteed to be here.
NOVEMBER/DECEMBER DATES TO REMEMBER

- November 5—Region 10 Open House 5:00—7:00 PM @ Region 10
- November 7—SAT Testing @ Brunswick High School
- November 7—Festival of Crafts in the Gym
- November 9—report cards distributed to students
- November 10—Fall Athletic Banquet 6:00 PM Crooker Theater
- November 11—Veteran’s Day—no school
- November 13-15—Hockey Boosters’ Holiday Craft Fair
- November 19-21—Fall Play Production
- November 25—Professional Development Day—no classes for students
- November 26-27—Thanksgiving Break
- December 5—SAT Testing @ Brunswick High School
- December 8—Financial Aid Night 6:00 PM Crooker Theater
- December 9—Early Release Day—students released at 12:00 PM
- December 10—Winter Band Concert 7:00 PM Crooker Theater
- December 11—Progress reports available on FamilyLink
- December 12—ACT Testing @ Morse High School
- December 16—Winter Chorus Concert 7:00 PM Crooker Theater
BRUNSWICK BELIEVES...

BRUNSWICK SCHOOL DEPARTMENT seeks widespread stakeholder input into the development of our new Strategic Framework. A workgroup, including school board members, administrators, parents and community members have been working with consulting company, Good Group Decisions, to develop and implement a plan for gathering and analyzing stakeholder input into the development of our new Strategic Framework!

Beginning next week, we will be hosting community focus groups – open to all Brunswick residents and school employees – to allow people a variety of opportunities to offer thoughts, opinions, ideas, concerns, and hopes ...

Please help us by providing your voice and your ideas for the vision of the future of our schools! This is an exciting opportunity for all of us to work together and create what we, in Brunswick want for our future and for the future of our children. Collectively we can make great things happen!

Bring us your voice, your vision, your ideas, your creativity, your aspirations.

Everyone is welcome, we want our schools to be the heart of our community and together we will achieve this goal!

Our strategic planning motto is: “Brunswick Believes….”! Beginning next week, we will have the first of three questions printed in the paper, the second and third questions will appear in the paper during the consecutive weeks. Start thinking about your responses now!

Week 1) What do you most value about Brunswick public schools?
Week 2) How can Brunswick Schools better serve our students? Our Community?
Week 3) What would you like Brunswick Schools to be known for in 5-10 years?

CHECK OUR WEBPAGE FOR UPDATES AND LINKS TO THE “QUESTION OF THE WEEK” so you can include your response! http://www.brunswick.k12.me.us/brunswickbelieves/

Opportunities to respond to these questions via Google Forms Survey will be linked from the district website each week. All responses will collated and analyzed by Good Group Decisions consultants and will be included in the data that drives development of our new strategic framework!

Please ALSO consider coming, in person, to one of our Focus Group events, where Good Group Decisions staff will facilitate an interactive forum to gather more input!

Focus Group Dates/Locations:

Tues. Oct. 27, 2-4 pm - Thornton Oaks

Mon. Nov. 2, 6-8 pm - Mid Coast Regional Redevelopment Authority (on the base, by Chamber of Commerce)

Thurs. Nov. 12- 7:30-9:30 am- Central Office, Conference Room (46 Federal Street)

Fri. Nov. 13, 3-5 pm- R10 Tech School

Thurs. Nov. 19, 10 am-12 noon - Curtis Memorial Library

Thurs. Nov. 19, 6-8 pm - Perryman Drive Community Center
### IMPORTANT DATES FOR THE SENIOR CLASS OF 2016

<table>
<thead>
<tr>
<th>DATE</th>
<th>EVENT</th>
<th>TIME</th>
<th>LOCATION</th>
</tr>
</thead>
<tbody>
<tr>
<td>11/7/15</td>
<td>SAT Testing</td>
<td>7:30 Am</td>
<td>Brunswick High School</td>
</tr>
<tr>
<td>12/5/15</td>
<td>SAT Testing</td>
<td>7:30 AM</td>
<td>Brunswick High School</td>
</tr>
<tr>
<td>12/8/15</td>
<td>Financial Aid Meeting</td>
<td>6:00 PM</td>
<td>Crooker Theater</td>
</tr>
<tr>
<td>12/12/15</td>
<td>ACT Testing</td>
<td>7:30 AM</td>
<td>Morse High School</td>
</tr>
<tr>
<td>Dec—Jan</td>
<td>College Mid Year Reports need to be turned in</td>
<td></td>
<td>Ms. Witham, Counseling Office</td>
</tr>
<tr>
<td>Jan—Feb</td>
<td>$25 Cap &amp; Gown fee due</td>
<td></td>
<td>Ms. Witham, Counseling Office</td>
</tr>
<tr>
<td>1/29/16</td>
<td>Josten’s Graduation Announcement order forms distributed during class meeting</td>
<td></td>
<td>Cafeteria</td>
</tr>
<tr>
<td>2/3/16</td>
<td>Josten’s Graduation Announcement order forms collected during lunches</td>
<td></td>
<td></td>
</tr>
<tr>
<td>2/6/16</td>
<td>ACT Testing</td>
<td>7:30 AM</td>
<td>Portland High School</td>
</tr>
<tr>
<td>3/14/16</td>
<td>AP Exam sign up and deposit due</td>
<td></td>
<td>Ms. Witham, Counseling Office</td>
</tr>
<tr>
<td>3/15/16</td>
<td>Brunswick Area Student Aid Fund applications due— NO LATE APPLICATIONS ARE ACCEPTED</td>
<td></td>
<td>Ms. Witham, Counseling Office</td>
</tr>
<tr>
<td>4/1/16</td>
<td>Prom tickets go on sale</td>
<td></td>
<td>Mrs. Driscoll and/or Ms. Witham, Counseling Office</td>
</tr>
<tr>
<td>5/7/16</td>
<td>SAT Testing</td>
<td>7:30 AM</td>
<td>Brunswick High School</td>
</tr>
<tr>
<td>5/14/16</td>
<td>Senior Prom</td>
<td>7:00 PM—11:00 PM</td>
<td>Taste of Maine, Woolwich</td>
</tr>
<tr>
<td>5/2—5/13/16</td>
<td>AP Exams</td>
<td></td>
<td>Brunswick High School</td>
</tr>
<tr>
<td>5/24/16</td>
<td>Senior Night</td>
<td>6:00 PM</td>
<td>Crocker Theater</td>
</tr>
<tr>
<td>6/4/16</td>
<td>SAT Testing</td>
<td>7:30 AM</td>
<td>Brunswick High School</td>
</tr>
<tr>
<td>6/6—6/7/16</td>
<td>Senior Final Exams</td>
<td></td>
<td></td>
</tr>
<tr>
<td>6/8/16</td>
<td>Marching practice—MANDATORY</td>
<td>9:00 AM—12:00 PM</td>
<td>Brunswick High School gym</td>
</tr>
<tr>
<td>6/9—6/10/16</td>
<td>Marching practice—MANDATORY</td>
<td>9:00 AM—12:00 PM</td>
<td>Watson Arena, Bowdoin College</td>
</tr>
<tr>
<td>6/10/16</td>
<td>Graduation—Seniors please arrive by 6:00 PM</td>
<td>7:00 PM</td>
<td>Watson Arena, Bowdoin College</td>
</tr>
</tbody>
</table>
FAMILY, FACULTY AND FRIENDS OF SENIORS

ARE INVITED TO PARTICIPATE IN THE

CLASS OF 2016

GRADUATION BEAUTIFICATION EVENT!

We are offering a very large hanging pot of beautiful flowers for the cost of $25.00 each. The hanging pots are placed around Sid Watson Arena to help spruce up the graduation ceremony. Each hanging plant will be marked with your name and available for you to take home, at the end of graduation. What a great way to honor your graduate for all of their hard work, over the last four years.

TO ORDER A PLANT, PLEASE SEND A CHECK FOR $25.00 AND THE ORDER FORM BELOW TO:
Class of 2016 Attn: Rita Maines
BRUNSWICK HIGH SCHOOL
116 MAQUOIT ROAD
BRUNSWICK, MAINE 04011

The deadline for purchase is May 27th, 2016 and all proceeds go to the Class of 2016

NAME__________________________________________________________

NAME OF GRADUATE____________________________________________

ADDRESS_______________________________________________________

HOME PHONE_______________________ CELL PHONE_____________________

PLEASE MAKE ALL CHECKS PAYABLE TO BRUNSWICK HIGH SCHOOL
BRUNSWICK AREA STUDENT AID FUND

Established in 1956, Brunswick Area Student Aid Fund currently manages 43 named funds worth approximately $4.5 million. Recently, BASAF granted scholarships of $339,400 to 196 students in the communities of Brunswick, Topsham, Harpswell, Bowdoin & Bowdoinham.

BRENDAN J. KEATING MEMORIAL FUND

Brendan J. Keating was born in 1991 in Bath, Maine, son of Thomas J. Keating and P. Lynn Ouellette, and grew up in Brunswick. He graduated from Brunswick High School in 2009 along with his twin brother Ryan, three years after his sister Katie also graduated from Brunswick High School. Brendan was more at home working with his hands than in the classroom which led him to take vocational courses in high school and later to attend the Maine School of Masonry. He was proud to be a mason and particularly enjoyed stonework which benefited his family in the form of a beautiful stone patio and garden walkway at their home. As a tribute to him and in his honor, this scholarship fund was created by his family to support a high school graduate of the greater Brunswick area who wishes to pursue a career in masonry or in any of the vocational trades. Brendan would be proud to be passing on his love of masonry and of honoring the value of those students who are skilled at working with their hands who wish to attend masonry school or a technical institute for their secondary education.

BASAF annually awards scholarships (based on financial need) to qualifying students pursuing all types of post-secondary education. For more information about BASAF, go to our website at www.studentaidfund.org. Donations and inquiries may be mailed to “BASAF, PO Box 867, Brunswick, ME 04011.”
STUDENT AND STAFF RECOGNITION

A box to collect student and staff recognition nominations has been placed in the main office to encourage communication about the wonderful students and staff we have here at BHS. Following are the submissions received so far:

Students: Molly Gramins, Shelby Cash, JD Souza
Reason for Nomination: Received the Rotary Service Above Self Award

Student: Nick Bates
Reason for Nomination: Nick found some loose cash outside my door. He brought it to me (instead of just keeping it). It turned out to belong to Mr. Choate who had dropped it on his way into my room earlier.

Student: Brin Stricklett
Reason for Nomination: For creating two wonderful posters (frame worthy) for the Curtis Memorial Library and Coastal Humane Society. They are amazing, pieces of art, helping recruit volunteers.

Student: Aiden Glover
Reason for Nomination: When one student was distraught to the point of being unable to participate in a class activity, Aiden (without being asked to do so) stepped up and volunteered to trade places with the student. Aiden selflessly wished to alleviate the students distress so that the student could be included in the class activity.

Student: Emma Dorr
Reason for Nomination: When finding the classmates to work in pairs, one student was left alone. When the teacher recognized the situation and asked for a partner for this person, Emma immediately stepped forward volunteering to be this person’s partner. Emma displayed compassion, empathy, and courage which prevented an awkward and potentially hurtful situation. Emma was my hero on this day! This was a great example of a random act of kindness.

Students: Isaac Boll, Kyra Teboe, Josh Factor
Reason for Nomination: For playing in the Jazz Trio for the Brunswick Community Education Foundation “Spark” event. They played for almost two hours straight and were the hit of the evening. Thank you!

Student: Caroline Nickerson
Reason for Nomination: For being an awesome assistant during Orange days, period 5 / 6. Caroline helps out with all sorts of projects and is basically amazing.

Teacher: Mike Scarpone
Reason for Nomination: Being awesome all the time
Educational Tours

This April a group of Brunswick High School students will accompany Mr. Flanagan on a tour of Belize. Highlights of this educational tour will include visits to the Lamanai ruins, which were named after the Mayan ruler Lord Smoking Shell, as well as a trip to the interior to visit the Xunantunich Ruins.

There will also be opportunities to visit Chaa Creek Natural History Center as well as a local school. This study of the pre-Columbian Mayan culture is a natural adjunct to the study of American History.

The focus of the trip will be to broaden the student’s understanding of both ancient and modern cultures.

The tour is organized by EF Tours, an organization that has more than fifty years of experience in arranging student educational tours. As part of the EF Tours program the organization partners with several colleges. These schools offer students the opportunity to earn college credit by completing coursework centered around their tour destination.

In addition to the unique historical and cultural attributes of Belize, the country is also home to an extremely diverse ecosystem. Students will have the opportunity to explore both terrestrial and maritime habitats. The first explorers of America were astounded by the biodiversity of the new world. Students on the tour will have the chance to share in the astonishment of those first explorers.

In addition, Belize is the only nation in Central America whose official language is English. Belize is home to a large variety of cultures – Spanish, African and English among them – that provide a vibrant mix. Belize is considered both a Central American and a Caribbean nation with historical and cultural ties to both areas. Belize was once part of the British Empire and was known as British Honduras. It became an independent commonwealth in 1981.

There are still some slots available at this time. Interested students should contact Mr. Flanagan in Room 211 for details.
STUDENT SPOTLIGHT

International Dragons

Here are Brunswick High’s wonderful exchange students from nine different countries. We appreciate all that they bring to our school culture and community. Thanks for being a dragon!

Learn about each and see their introductions here; https://www.youtube.com/watch?v=SWlkbrtxkJU

Top Row left to right:
Sini Rautiainen Finland
Olivia Sanduleac Moldova
Rosario Repetto Argentina
Emi Yoshida Japan

Bottom Row left to right:
Raghad Abuzant Palestine
Novak Chen China
Jenny Massow Germany
Lucas Da Silva Spain
Valeriya Yastreba Ukraine
BHS seniors (left to right) Jennings (J.D.) Souza, Molly Gramins, and Shelby Cash, with Rotarian Jim Whitten, received the “Service Above Self Award” at the Brunswick Rotary weekly lunch meeting on October 19th. These students represent selfless service to their school and community with over 1,000 combined hours of service dedicated to mentoring, civic involvement, and improving healthcare locally and globally.

The BHS Jazz trio of Isaac Boll, Kyra Teboe, and Josh Factor played to the delight of the crowd during the Brunswick Community Education Foundation’s celebration recently at the Daniel Inn in Brunswick.
Bhs Players Presents The Man Who Came to Dinner

On Thurs November 19, Friday November 20 and Saturday November 21, the BHS Players will present their fall production The Man Who Came To Dinner. This 1940’s period comedy features a large cast and plenty of laughs. When Sheridan Whiteside, an eccentric and acid-tongued radio personality is disabled on the doorstep of a prominent Ohio family and must be confined there for several weeks to recuperate, he immediately takes over the entire household with a combination of threats, intimidation, and acerbic wit, exiling his hosts to the second floor. He holds court in the living room for his outlandish gaggle of friends, runs up staggering long distance phone bills, and populates the house with a menagerie of critters including penguins, cockroaches, and octopi. When Whiteside’s long suffering secretary Maggie falls in love with a local newspaper man, he must use his wit and chicanery to find a way to keep Maggie with him.

Performances are at 7PM with an additional performance at 2PM on Saturday the 21st. Tickets are $8.00 for students and senior citizens and $10.00 for adults and can be purchased at the door. Don’t miss it!
STUDENT ACTIVITY NEWS

On Sunday, October 11, four members of the Brunswick High School Action Team and Rita Maines showed up at Mid-Coast Presbyterian Church in Topsham to help unload a few tons of pumpkins from a tractor trailer truck. When the back door opened, Emma Hughes jumped in and immediately started handing out the small pumpkins in the giant box to other volunteers. When no one could reach the pumpkins near the bottom, she jumped in the box and kept the flow of pumpkins going. As soon as the big box was empty and the bigger pumpkins (about 800) needed to be carried from near the front of the truck to the rear, Owen Rudalevige jumped aboard. With straw and pumpkin stems underfoot, and the air pretty much like a silo in a tornado, Owen trudged back and forth carrying the biggest pumpkins, handing them to volunteers. Meanwhile, Julia Rutherford and Aiden Sachs loaded pumpkins into wheelbarrows and pushed them uphill and arranged them on pallets. As a thanks for the Action Team efforts, the Pumpkin Patch people of Mid-Coast Presbyterian Church sold us 50 $5 pumpkins for a buck apiece, saving us $200. The pumpkins were brought to Westrum House, VOA’s senior housing program in Topsham, in preparation for the upcoming painting project.

On Tuesday October 20, the Brunswick Action Team went to the senior housing program in Topsham, the Westrum House, for an afternoon of fun with residents. Refreshments were served, students competed with seniors on Wii bowling (and, as usual, the seniors were victorious) and everyone sat down to transform pumpkins into festive works of art. This is the second year the Action Team has painted pumpkins with seniors. This kicks off another year of intergenerational gatherings between caring teenagers and women and men in their 70’s, 80’s and 90’s. Last year, there were four such events at Westrum House and it is always very gratifying to create these opportunities. The teens are often surprised by the liveliness and fun loving attitudes of seniors and the seniors are often surprised that the kids feel comfortable with them. These events do much to break down stereotypes and demonstrate that people of all ages have much in common.

The Action Team is collecting cash donations and wish list items to help out Avian Haven’s Wild Bird Rehabilitation Center through their Fledgling Pledge fundraiser. Look for the giant nest at all home football games and basketball games to make your donation or contact Rita Maines or an Action Team Captain. With any donation, large or small your name will be written on a paper owl and placed in our fledgling pledge tree located in the gym lobby of the high school. Thank you for considering our fundraiser and thank you for your continued support of the BHS Action Team.
Green Thumbs Up

The BHS-Seeds garden winds up its second year with a bountiful harvest of over 1,200 pounds of vegetables. Six BHS students, three Bowdoin College interns, Willo Wright of Seeds of Independence and BHS English teacher Jon Riggleman worked three mornings a week all summer to turn two barren fields—at BHS and Brunswick Landing—into productive gardens. This project was made possible with grants procured by Seeds of Independence and the generosity of Wild Oats Bakery, which offered to buy the first $1,000 dollars worth of our produce. The Brunswick School Department has also bought our organic produce for its lunch programs. Besides providing summer employment, educational and recreational activities for Brunswick youth, the garden project hopes to have donated over 200 pounds of fresh produce to the Mid Coast Hunger Prevention Program by season’s end.

YEARBOOK NEWS

Yearbook meets every Monday and Tuesday after school in room 135. We have a fantastic hard-working staff that is gaining experience in page layout, leadership and communication. New members are always welcome. We currently are focusing on the fall sports section, clubs and student life areas. The seniors have been working hard on the senior section to finalize the image order alphabetically.

Club participants, advisors and club leaders, are asked to document their activities and group photos and upload images to www.replayit. Please use dragons as the password. We would like to have club group photos submitted by November 16th.

A reminder to parents, guardians and friends of seniors—

The Senior Recognition ads deadline has been extended until November 13th due to available page space. Photos may be sent in to the main office with the ad order form for scanning or images may be emailed to dragonspirityearbook@gmail

Order your Dragons Spirit yearbook now!!!

If you haven’t heard the 2015 yearbook was a huge hit and sold out completely. There will be only 400 copies of the 2016 book printed so be sure to order yours today. Book sales forms are in the office and on the yearbook website. Online orders can be placed at www.jostens.com.
ART DEPARTMENT NEWS

THROUGH THE LOOKING GLASS
The BHS Creative Arts Magazine, *Through the Looking Glass*, is currently accepting original submissions of art that may include: drawing, illustration, painting, printmaking, photography, digital art, collage, cartoons, comic strips, sculpture and mixed media and/or literary work including: poetry, lyrics, short stories, humor, fiction, non-fiction, essays and dramatic dialogues. The deadline for our first on-line edition will be Tuesday, November 24th. Artwork should be brought to Ms. Price in room 116 to be photographed and will be returned to the artist the following week. All written submissions must be typed and dropped off in room 116 or at the BHS Library. Please be sure to include your name and title of the work with your submission. Any questions should be directed to Editor-in-Chief, Angel Jimenez or to Advisor, Ms. Price. All work will be considered by our editorial staff and judged according to the following criteria: originality, expressiveness, technical skill and personal voice.

2016 SCHOLASTIC ART & WRITING COMPETITION
BHS students are encouraged to submit work to the Scholastic Art and Writing Competition. The regional deadline for writing submissions is December 16th and the deadline for art submissions is December 17th. Since 1923, the Scholastic Art & Writing Awards have recognized the vision, ingenuity, and talent of our nation’s youth, and provided opportunities for creative teens to be celebrated. Each year young artists and writers, filmmakers and photographers, poets and sculptors, video game artists and science fiction writers, along with countless educators who support and encourage the creative process participate in this competition. To find out about submission guidelines please check their website: [http://www.artandwriting.org/the-awards/how-to-enter/](http://www.artandwriting.org/the-awards/how-to-enter/)

BHS STUDENT ARTWORK FEATURED
A painting by Anna Callahan has been chosen for the 2016 annual Student Art Exhibition to be held at the Maine Education Association in Augusta. This show will feature work by students in grades K – 12 from around the state of Maine. To celebrate the opening of the show, the MEA will host a reception and awards ceremony early next year. (date to be announced)

Anna’s piece *(pictured right)* is an acrylic painting she created for her observational self-portrait figure project in Ms. Price’s Art II class last spring.
ART DEPARTMENT NEWS

ART FIELD TRIP
Students in Ms. Price’s Art 3, Art 4 and AP Studio Art classes will be taking a field trip to see the Biennial Exhibition at the Portland Art Museum this month. To preface a unit of study on Contemporary art, students will be comparing, analyzing, and interpreting a range of works through both written and drawn assignments to inspire ideas for upcoming studio projects.

On view (below): Brunswick artist, John Bisbee’s *Hearsay*, welded iron spikes, 70” x 87”

WANTED: OLD TOYS
The Art Department is looking for donations of worn, unwanted or broken toys- of any kind. They will be lovingly repurposed for still life arrangements for our drawing and painting projects. You may drop these off at the BHS main office or Art Department. Thank you!
COUNSELING DEPARTMENT NEWS

Once again, Brunswick High School is proud to continue a Mentoring Program with Bowdoin College. Currently we have 10 Brunswick students who meet with their Bowdoin College student mentor once a week at the high school. The friendship that students build is invaluable and typically continues for over the course of the students’ high school career.

If you would like to know more about this worthwhile program, please contact Christina Ring at cring@brunswick.k12.me.us or at 319-1912.

FAMILY AND CONSUMER SCIENCE DEPARTMENT NEWS

The Early Childhood Education elective is going strong thanks to the welcoming attitudes of Coffin school and Little Red Schoolhouse teachers. This semester, twelve students are coordinating their block schedules to work with children under the supervision of an experienced early childhood teacher for one to three hours per week depending on their individual schedules. Students are prepared with an understanding of how children develop, discipline techniques and other pertinent skills to help facilitate the experience for the teacher and children.

The experience is provided to help students develop confidence and competence with young children for possible early childhood education aspirations. Many of the former E.C.E. students are practicing elementary and middle school teachers today. If your young adult is interested in education for a career, be sure to check out the three child development, semester classes that are available at BHS.

HEALTH DEPARTMENT NEWS

Health Ed students just completed a detailed nutrition analysis. Many students had common findings about their nutrient intakes including high levels of sodium and low consumption of calcium. Students identified simple changes they could make daily that could have lasting long-term benefits.
HEALTH OFFICE NEWS

From: Maine Health Alert Network
Re: Influenza Arrives in Maine

Message: Influenza has officially arrived in Maine. Mid Coast Hospital detected the first positive influenza A virus by polymerase chain reaction (PCR) on October 8, 2015. This was confirmed as influenza A/H3N2 by Maine’s Health and Environmental Testing Laboratory (HETL) on October 9. The patient was an unvaccinated adult from Sagadahoc County with no underlying medical conditions who did not have any recent travel, did not require hospitalization, and is recovering at home. Both Influenza A and B strains are currently circulating nationally. The 2015-2016 quadrivalent influenza vaccine contains components of both A strains (H1 and H3) as well as two B strains (Yamagata and Victoria) and is likely to offer good protection.

Vaccination: The best way to prevent influenza is by getting vaccinated. Maine CDC and national authorities recommend all individuals older than 6 months be immunized, even if they were vaccinated for influenza last season. All individuals with high risk conditions should be vaccinated as soon as possible. Influenza vaccine is available in Maine right now.

Prevention: As we enter the influenza season, it is important to remember the “No Flu 4 You” guidelines to help prevent illness including: Wash your hands; cover your cough; stay home when you’re sick; and get vaccinated.

For surveillance information in Maine, go to www.maineflu.gov

TECHNOLOGY ED DEPARTMENT NEWS

Technology Ed. Department is well under way this year. Mr. Clarke’s Engineering Design students are about to test their bridge designs. This will cap off our Structures unit in which we’ve discussed forces acting on structures, equilibrium, and structural failure. Thus far we have tested 2 designs. The first failed at 730 lbs., the second held a measly 612 lbs. Before the first group could get too high and mighty we did a quick strength to weight calculation and determined the second bridge was slightly more efficient due to its lighter weight, attributed to using slightly less material and better crafted welds. It was a great lesson in economy and had all of the students looking at their projects in a new way.

In the woodshop we have progressed through the safety tests and machine checkout demonstrations, done our design work and material calculations and have moved into actually turning those designs in to reality. Students are focused on working independently and asking good questions when they’ve run out of ideas and experience. The production woodworking class took a shot at developing a trebuchet project by building several ¼ scale prototypes, tennis balls were flung with varying degrees of success, but all came away with a new appreciation for the scale, durability and complexity of the real thing. Next we will be getting into a very nice cabinetry project that will be installed in a classroom here at B.H.S.

Mrs. Cygan’s CADD students are making serious headway as they learn drawing strategies and ways to conceptualize the work as well as learning the commands and drawing tools. Speaking of tools: the 3d printer is up and going and has been a fantastic addition to the CADD lab. Independent study student Amelia Hawley is developing a robotic hand project as an extension to a summer program she took at Johns Hopkins University. Her project integrates Engineering Design Tech elements with CADD and electronics.

It’s always fascinating and gratifying for me when students have done the research and planning, and progressed through the actual construction to see these projects and ideas start to come together!

Mr.Clarke
LIBRARY NEWS

News from the BHS Library!

It’s always exciting when Ms. Lienau’s Latin I class comes to the Library to look up information and take notes on Greek and Roman Gods because the Latin students are allowed to use only books for their research! Students in two classes spent a period doing research in the Library and later gave creative presentations in the classroom, complete with costumes and props. I had the pleasure of visiting one class and seeing their research on Roman myths come to life! ~Mrs. Jerome

Cameron Ashby, as Neptune, the Roman god of the sea, was interviewed by “TV reporter” Mitko Ivanov in their skit.

Daniel Lyons and Ben Baumgarte presented a puppet show to perform the myths surrounding the Roman god Mercury, the messenger of the gods. Daniel holds a caduceus, the magic staff entwined with two snakes that Mercury used to guide souls to the underworld.

Sarah Ferdinand, as Minerva, the Roman goddess of wisdom, poetry, war and medicine, was interviewed by “TV reporter” Mac Callahan in their skit.
MUSIC DEPARTMENT NEWS

Dear Parents and Students,

Happy November from the BHS Music Department! We hope you have all had a wonderful fall so far and have had the opportunity to experience one of our many recent performances.

This month is FULL of Congratulatory remarks!

First, Congratulations to the following students for being accepted into the 2015 – 2016 Maine Music Educators All State Jazz Festival

Kyra Teboe – Piano – Honors Jazz Combo
Sophie Blair – Vibes – Honors Jazz Ensemble
Erin Marc-Aurele – Trumpet – Honors Jazz Ensemble
Anna Webster – Trombone – Jazz Band
Erik Huntington – Trombone – Jazz Choir Horn Section

This is an outstanding achievement for each of these students! They rank among the very best jazz musicians in the state and it is an honor to have 5 students from BHS selected.

Next, a HUGE congratulations to the following students for being accepted into the All New England Band Festival

Nick White – Bassoon
Suzy Anderson – Clarinet
Josie Adolf – Bass Clarinet
Henry Raker – Alto Saxophone
Celeste Sturniolo– French Horn
Sean Erwin – French Horn
Erik Huntington – Trombone
Sophie Blair – Percussion

These students will travel to Plymouth State University in November to combine with other high school musicians for a one day festival. The day will culminate with a performance for several hundred audience members under the direction of internationally known music conductors and educators. This is a tremendous honor as they were chosen from a field of over 400 applicants.

Upcoming performances and dates for the music department include:

Wednesday – November 4th – Music Boosters Meeting @ 6:30 p.m.
Friday – November 13th – Pep band at the Class B Football Championships @ BHS
Saturday – November 21 – Pep band at the Class B State Football Championship @ Fitzpatrick Stadium in Portland
December 10th – 7:00 p.m. - Crooker Theater – Band Winter concert
December 16th – 7:00 p.m. - Crooker Theater – Choral Winter Concert

We hope to see you at one of our upcoming performances!!!!
MUSIC DEPARTMENT NEWS

Congratulations goes out to Adams Carney, Anna Webster, and Elliott Nagler who recently traveled to Nashville to participate in the Nafme All National Honors Ensembles. In the photo to the right, you can see the students outside of the Grand Ole Opry. They each had a fabulous experience working with conductors and teachers who are internationally known and respected.
MUSIC DEPARTMENT NEWS

Congratulations go out to the following students who have been accepted into one of the following District 3 Honors Ensembles:

Flute:
Emily Cowan
Rowan Horton
Carly Poulton

Clarinet:
Suzy Anderson
Ethan Boll
Hollie Imperato
Emma Nagler
Mikayla Williams

Bass Clarinet:
Josie Adolf (TOP SCORE IN HER SECTION!)

Alto Sax:
Henry Raker

Tenor Sax:
Kyra Teboe (TOP SCORE IN HER SECTION!)

Bassoon:
Nick White (TOP SCORE IN HIS SECTION!)

Trumpet:
Erin Coughlin
Bailey Fike
Erin Marc-Aurele (TOP SCORE IN HER SECTION!)
Aidan Perkinson

French Horn:
Sean Erwin
Celeste Sturniolo

Trombone:
Julia Baumgarte
Erik Huntington

Tuba:
Anna Webster (TOP SCORE IN HER SECTION!)
Nolan Deck

String Bass:
Owen Rudalevige (TOP SCORE IN HIS SECTION!)
Keegen Arnold

Percussion:
Sophie Blair – Mallets (TOP SCORE IN HER SECTION!)
Josh Factor - Snare
MUSIC DEPARTMENT NEWS

MIXED CHOIR:

Soprano
Madeleine Blakemore
Sabrina Fisher
Lily Kimball Watras
Molly McGough
Abby Powell

Alto
Mikayla Bouchard
Logan Gillis
Macy Giunti
Maya Manzanero-Lopez
Lorna Moore
Carly Poulton
RyLee Ramsey
Olivia Schafer

Tenor
Adams Carney
Timothy St. Pierre

Bass
Dante Baskett
Isaac Boll
Trey Curtis
Jacob Guerrette
Aidan Lentz
Elliott Nagler
Brian Sehestedt

TREBLE CHOIR:

Soprano
Savannah LeClerc
Paige MacKinnon
Hannah Perreault

Alto
Sophie Calderwood
Amanda Cloutier
Isabella Cunningham
Aidan Crawford
Claire Johnson
Lillian Lowell
Eliza Rudalevige
Grace Schafer
Petra Smat
Poinsettia Sale!

$13.00 for a 6.5” pot
$18.00 for a 7” pot
Red, White and Pink plants

November 2nd - November 23rd

Sponsored by BHS Music Boosters in partnership with Longfellow’s Greenhouses

To place an order:
email Ashley Albert at aalbert@brunswick.k12.me.us
or call 319-1910 x 2405

Poinsettias available for pick-up Friday, December 4th
3:00 PM - 6:00 PM
BHS Music Room
The Physical Education classes just conducted their first quarter Fitness Tests. The FitnessGram is a valuable tool for helping to assess fitness and activity levels and helps identify ways to improve fitness and health. The tests included sit ups, pushups, shuttle run, mile run and sit and reach. Each test measured a different component of fitness. All classes participated in this testing that occurs quarterly. Everyone gave a great effort and did a fantastic job. High scores are as follows:

**Mile Run – Boys under 5:42**
Aidan Glover, Nolan Lyne, Jacob Doring, Nick DaRosa, Luke Shonts, Chris Tucker, Cameron Ashby, Noah Greene, Matt Yost, Donald Bromiley, Hunter Parker and Daniel Lyons with the best time of 5:21

**Mile Run – Girls under 8:00**
Amanda Cloutier, Erin Coughlin, Bailey Hartill, Bridget Smith, Harriet Peabody, Elinore Kosak, Emily Larochelle, Beth Labbe, Rayna Sage, Jenna Brooks, Alex Morse, Charlotte MacMillan, Anna Kousky and Desiree Tanner with the best time of a 6:12

**Sit ups – one minute timed – Boys**
Josh Flanagan 60, Nick Munn 61, Jack Tishkevich 66, Garrett Woodruff 75

**Sit ups – one minute timed – Girls**
Ania Johnston 54, Lea Scrapchansky 54, Thalia Jackson 56, Nadia Leiner 56, Tasha Schneiderat 56

**Pushups – Boys**
Nate Girardin 50, Cameron Ashby 50, Kiko Manzanero-Lopez 50, Ryan Duffy 51, Finn Mitchell 56, Aiden Glover 56, Kam Harrison 70

**Push ups – Girls**
Anna Kousky 21, Emma Dorr 21, Beth Labbe 22, Lea Scrapchansky 22, Tasha Schneiderat 30, Isabella Cunningham 30, Jenna Brooks 30

**Shuttle Run – Boys**
Kam Harrison 8.9, Nick Munn 8.9, Garrett Woodruff 8.9, Noah Cox 8.9, Nate Girardin 8.6, Aiden Glover 8.5, Donald Bromiley 8.5, Hunter Parker 8.5, Matt Yost 8.4

**Shuttle Run – Girls**

**Sit and Reach – Boys- Scores over 16.5 inches**
Nick Arnold, Hunter Delong, Nate Curtis, Connor Pendergast, Nate Tardiff, Wyeth Tobey and with the longest reach of 21 – Nick DaRosa.

**Sit and Reach – Girls – all with scores over 20 inches**
Dayna DuRoss, Atti Shepherd, Rae Bamberger, Rachel Poulton, Bailey Herinckx, Logan Gillis, Haley Alexander, Tea’ Kepler, Eliza Rudalevige, Jillian Giunti, Jillian Andrews, Abigail Komeiga, Katherine Hartnett and Hannah Perreault
REGION 10 TECHNICAL SCHOOL NEWS

R10 Tech
68 Church Road
Brunswick, Maine, 04011
729-6622

OPEN HOUSE, 2015

Region Ten Café Presents
Mini Italian Sandwiches
Chicken Salad Finger Sandwiches
Pastrami & Cheddar w/ Deli Mustard
Veggies & Dip
Watermelon Slices
Homemade Chex Mix
Fresh Tortilla Chips & Salsa

Assorted Desserts
(No nut cookies, wheat free & dairy)

Bottled Water & Seltzer Water

White Owl Café Presents
Mini Pizzas

You're Invited!

Airbag Demo Displays
Raffle Items: Lawnmower Auto detailing

Maine Community Colleges
Johnson & Wales, Fort Kent, Husson
NECI, UTI, NTI, Spa Tech, MFTI
Maine College of Health Professionals
Hannaford, Fire House Subs, Job Corps

Region Ten Technical High School
Where education happens...

Thursday November 5th 5-7 PM

Brunswick High School Dragon News
ATHLETIC DEPARTMENT NEWS

AGREN APPLIANCE
GREEN BRIDGE CUP 2015-16
“Promoting Educational Athletics”

Brunswick High School and Mt. Ararat High School have always enjoyed a strong athletic rivalry as members of the Kennebec Valley Athletic Association and the Maine Principal’s Association. This friendly sports rivalry competition, known as the Green Bridge Challenge, was an idea proposed by Mt. Ararat Athletic Director Todd Sampson. Started last year, the Green Bridge Cup is being awarded annually to the school with the most victories in head-to-head match-ups. The Green Bridge Cup, sponsored by Agren Appliance, is shown here with BHS Athletic Administrator Jeff Ramich and members of the Boys Varsity Soccer team. When asked about the prospects of retaining the Green Bridge Cup this year, Ramich says “I know that our athletes will continue to work hard to defend the Cup and keep it here at Brunswick High.”

Attached photo, from left to right:
Luke Estabrook, Keenan Welzel, Josh Door,
BHS Athletic Administrator Jeff Ramich, and
JD Souza

Rules:
Schools can score points every time there is a regular season Brunswick/MTA event. (Pre-season/Tournaments excluded) Points will be added up during the entire school year during all three sports seasons. The school with the most points will be declared the winner for that school year.

All varsity contests are worth = 2 points
All sub varsity contests are worth =1 point

For all events with multiple teams; i.e. Cross Country meets, track, swim, cheer competitions etc. the school that places higher for that meet/comp will receive 2 points.

<table>
<thead>
<tr>
<th>Fall</th>
<th>Winter</th>
<th>Spring</th>
</tr>
</thead>
<tbody>
<tr>
<td>Football</td>
<td>Boys Basketball</td>
<td>Baseball</td>
</tr>
<tr>
<td>Boys Soccer</td>
<td>Girls Basketball</td>
<td>Softball</td>
</tr>
<tr>
<td>Field Hockey</td>
<td>Girls Ice Hockey</td>
<td>Boys Lacrosse</td>
</tr>
<tr>
<td>Girls Soccer</td>
<td>Boys Ice Hockey</td>
<td>Girls Lacrosse</td>
</tr>
<tr>
<td>Golf</td>
<td>Girls Indoor Track</td>
<td>Boys Outdoor Track</td>
</tr>
<tr>
<td>Boys Cross Country</td>
<td>Boys Indoor Track</td>
<td>Girls Outdoor Track</td>
</tr>
<tr>
<td>Girls Cross Country</td>
<td>Girls Swimming</td>
<td>Boys Tennis</td>
</tr>
<tr>
<td></td>
<td>Boys Swimming</td>
<td>Girls Tennis</td>
</tr>
<tr>
<td></td>
<td>Cheerleading</td>
<td></td>
</tr>
</tbody>
</table>

Awards:
Agren Appliance will provide two plaques for each school to update upon the completion of each school year! There will also be one “Green Bridge Cup” that the victorious school will display in their trophy case for the entire next school year.

Scoreboard:
28 BHS, 12 Mt. Ararat
BHS club volleyball wrapped up our fourth fall season this past Saturday, at an Invitational Tournament, hosted by defending State Champion Falmouth High School. The Dragons took 4th place out of 15 schools with historic program wins over Greely, Falmouth and Massabesic. The excitement around this program continues to grow as we’ve had over 50 student athletes participate in each of the last years and passionate supporters who would like to see the team make a jump to Varsity in 2016. Thanks for a great season. Brunswick Pride.

- Coach Chris Baribeau

This summer the Brunswick Boys basketball team, under the direction of Coach Todd Hanson and former Dragon Adam Williams (BHS Class of ’03) participated in a weekend camping, hiking, and basketball trip. The Dragons spent two nights camping on beautiful Sebec Lake, competed against two local high school teams, and hiked both Borestone Mountain and Gulf Hagas. Borestone is a popular hiking spot near the center of the state, with a trailhead located on Mountain Road near Willimantic. The well-marked, well-maintained trail passes to the south and east of Midday Pond ascending the west side of the mountain. The distance from parking to the summit is about 4.8 km with two peaks reaching over 2000 feet. The last part of the trail is very steep with sharp rocks with iron rungs to assist hikers. The East Peak offers a spectacular 360-degree view extending from the Penobscot River to the east, to the western Maine mountains and the Quebec border to the west. Gulf Hagas is referred to as the “Grand Canyon of the East.” The West Branch of the Pleasant River cuts through the earth for three miles creating a vertically walled slate gorge with numerous waterfalls. A trail follows the rim of the canyon offering hikers views of the falls and its geology. The gorge is approximately 5 km long; the river drops 370 feet (110 m) in this distance boasting 130 feet (40 m) walls. Gulf Hagas is one of 14 National Natural Landmarks in the State of Maine.

Photo is from the summit of Borestone.

Front row – Corban Teel, Alan Molnar

Back – Owen Rudalevige, Coach Adam Williams, Jesse Devereaux, Josh Dorr, Caleb Cost, JD Souza, Thomas Hanson, Coach Todd Hanson
OCTOBER 2015 ATHLETIC SCHEDULE...check Schedulestar.com for most recent changes

Wed, Nov 4  3:00 PM; B V Soccer Open Date Regional Finals
            3:00 PM; G V Soccer Open Date Regional Finals

Fri, Nov 6  7:00PM; B V Football Open Date Semi Finals

Sat, Nov 7  B V Soccer Open Date State Championship
            G V Soccer Open Date State Championship

Fri, Nov 13 B V Football Open Date Regional Finals

Sat, Nov 14 TBA  G V Ice Hockey Scrimmage @ Edward Little High School

Fri, Nov 20 6:15 PM; G V Basketball Scrimmage @ Yarmouth High School
            7:10 PM; G V Ice Hockey @ Lewiston High School

Sat, Nov 21 TBA; B V Football Open Date State Championship
            TBA; B V Ice Hockey Scrimmage vs Brewer High School
            2:00 PM; G V Basketball Scrimmage @ Erskine Academy/Freeport Tourney

Tues, Nov 24 7:40 PM; G V Ice Hockey @ Greely High School

Fri, Nov 27 TBA; B V Basketball Scrimmage @ Marshwood High School

Sat, Nov 28 TBA; B V Ice Hockey Scrimmage @ Mt. Ararat/Lisbon Round Robin
            3:40 PM; G V Basketball Scrimmage @ Gardiner Area High School/Gardiner Tourney
            6:30 PM; G V Ice Hockey @ Gorham (USM)

Mon, Nov 30 6:00 PM; G V Basketball Scrimmage vs Gorham

Go Dragons!
Local Community Service Opportunities Posted On Line

"Never doubt that a small group of thoughtful committed citizens can change the world; indeed, it’s the only thing that ever has.”
- Margaret Mead

You have three options...

1) Visit the BHS Main Page http://www.brunswick.k12.me.us/bhs
   Click on the "Community Service" link and search the site or click on the "Current Events" category for the most up to date opportunities or "List of Organizations" to search a community partner of choice.

2) Follow Volunteer Maine Website Directions:  (It takes just twenty seconds to start making a difference…)
   Go to www.volunteermaine.org
   Click on the "Red Button"
   Type in your zip code in the yellow box
   * Note the box to the right gives you the opportunity to search "zip only" or for service opportunities within a particular number of miles - even just five miles within zip code area produces significantly more opportunities.
   Hit the search button below the "Zip Code" yellow box

3) Visit Mr. Wilson in Room 203

A reminder to please verify that the hourly amount under the community connections category on your report card is correct. Any questions may be directed to Mr. Wilson at 319-1910 ext. 2203.

A review of the policy is as follows:

- Students must complete a minimum of thirty (30) hours of community service as a graduation requirement.

- Students need to earn five hours before their 11th grade year and fifteen before their 12th grade year to obtain off campus privileges.

- It should be noted, in 2008 the Brunswick School Board amended the policy to allow 8th graders to earn up to 10 hours towards their thirty hour requirement for graduation at Brunswick High School.

Certain job shadow opportunities may compliment the spirit of this requirement while also directly satisfying career objectives suggested by the Maine Learning Results. To the extent that these opportunities exist, pre-arranged and approved job shadow experiences may be used to fulfill up to ten hours of the thirty hour requirement. ♦
NOTICE TO PARENTS OF BRUNSWICK HIGH SCHOOL STUDENTS
ON RELEASE OF INFORMATION TO MILITARY RECRUITERS AND COLLEGES

A federal law, the No Child Left Behind Act, requires secondary schools to provide student names, addresses, and telephone numbers to both military recruiters and institutions of higher education, upon request. Parents and legal guardians of students, however, have the right to request that the school not release such information without prior written parental consent.

The purpose of this notice is to inform you of the law and to provide you the opportunity to request that information about your child not be released to either military recruiters or institutions of higher education. To prevent the release of information, you must inform us by filling out the form below. If you do not inform us otherwise, we will be required by federal law to disclose your child’s name, address, and telephone numbers to military recruiters and institutions of higher education that request this information.

Please return this form to Mrs. Farnsworth in the main office through the mail or with your student. Please contact Mrs. Farnsworth if you need further information.

Thank you,

[Signature]
Shanna Crofton
Principal

PARENT/GUARDIAN REQUEST:
I am the parent or legal guardian of ____________________________
__________________________ (list all children to which this request applies),
who is/are student(s) at Brunswick High School. Please do not release my child’s name,
address, or telephone number to the following without my prior written consent (initial one or both):

[ ] Military Recruiters
[ ] Institutions of Higher Education

Dated: ________________________________
Signature of Parent/Legal Guardian

** COMPLETED FORMS REMAIN ON FILE AND WILL REMAIN IN EFFECT UNTIL OTHERWISE NOTIFIED BY PARENT OR GUARDIAN.**