After a beautiful summer-like September the leaves have finally started to turn, decorating the BHS grounds with orange, gold and red. It appears fall has officially arrived. Thanks to the gorgeous weather and a dedicated group of students working in the BHS garden, the crop this year has been plentiful. All our students are reaping the benefits of this fresh produce, as our cafeteria has been given squash, zucchini and green beans, which are being used to make healthy snacks and meals for the BHS community. For more information about the school garden, please contact Jon Riggleman.

Students have completed their first quarter and progress grades have been posted on Family Link. Students are encouraged to look at their grades and approach teachers if they feel they need or could benefit from additional support. Progress times are a good opportunity for students to self-identify areas in need of improvement and take advantage of the multiple avenues available for support. Some opportunities include arranging extra-help with a teacher, staying late to work in the library or spending time in the learning lab. As Marva Collins once said, “Success doesn’t come to you, you go to it.”

If you have not yet had the opportunity to get out to watch one of our athletic events, try and do so before the end of the fall season. Brunswick athletes are working incredibly hard and as our teams strive for success we invite Dragon fans to come out and cheer them on.

Just a reminder to mark your calendars for the community Brunswick Halloween Parade, which will take place on Saturday, October 31st. The BHS band will be taking part in the event and if you have not heard them perform yet this year, this is a great opportunity to listen to some fantastic music.

Enjoy the long weekend and be sure to check our website regularly throughout the year as we post daily updates and reminders on the site. (http://www.brunswick.k12.me.us/bhs/)
Greetings Parents/Guardians of Brunswick High School student:

The families of all four Brunswick schools are coming together to show ALL Brunswick teachers and staff how much we appreciate them with a breakfast on their Professional Development Day, Friday, October 9th. We are looking for helpers as well as donations of food and drink items to make this breakfast a success. This is a unique opportunity for parents from all four Brunswick schools to show appreciation to teacher and staff from ALL Brunswick schools!

To access the online signup for this event, go to:  http://tinyurl.com/Oct2015Breakfast

Items can be dropped off in the high school cafeteria on Thursday, October 8th from 4-5pm, or on Friday, October 9th from 6:30—7:30 am. If you need to make alternate arrangements for drop off, email charitykaiser52@gmail.com.

Thank you in advance for your help!

Charity Kaiser

Starting Tuesday, September 15th on every Tuesday and Thursday we will have a late bus for students. The late bus is provided for students staying late for extracurricular activities, academic support and the Homework Club. Bus 55 will pick up in front of BHS at 3:15 PM and BJHS at 3:30 PM. Ridership will determine bus stop locations. Example Cook’s Corner, Old Bath Rd, Cushing St, etc. Parents will be responsible for picking their student up at the general locations or the student may walk home from the bus stops. Students who want to ride the late bus need to check in at the front office by 2:15 PM to pick up a late bus blue pass.

The Brunswick Explorer Bus is willing to pick up students after school at either 2:50 / 3:50 / or 4:50. Students need to let the main office know by 1:00 each day what time they will need the bus. At the moment free tickets are available but usually the cost is $1.00. Students are encouraged to plan ahead any consecutive days they may need to stay after school so the bus and be guaranteed to be here.
OCTOBER/NOVEMBER DATES TO REMEMBER

- October 6—Parent Forum 6:00 PM in the library
- October 7—College Night—6:00 PM Crooker Theater
- October 9—Professional Development Day—no classes for students
- October 12—Columbus Day—no school
- October 14—PSAT testing in school for all Grade 11 students
- October 24, 2015—ACT Testing @ Brunswick High School
- October 28—Picture retake day
- October 30—End of 1st quarter
- November 2—Proactive Coaching Speaker presentation 6:00 PM Crooker Theater
- November 7—SAT Testing @ Brunswick High School
- November 10—Fall Athletic Banquet 6:00 PM Crooker Theater
- November 11—Veteran’s Day—no school
- November 13-15—Hockey Boosters’ Holiday Craft Fair
- November 19-21—Fall Play Production
- November 25—Professional Development Day—no classes for students
- November 26-27—Thanksgiving Break

BRUNSWICK AREA STUDENT AID FUND INFORMATION

Join BASAF Board Members for the premier of a 15 minute film, “Make a Difference”, by local filmmaker Jeff Fischer. Help celebrate 60 years of helping students with the cost of post secondary education! Thursday, October 15, 5:00—8:00 PM (Film will run at 5:15, 6:15 and 7:15) at the Frontier Café and Cinema, Brunswick. Established in 1956, the Brunswick Area Student Aid Fund currently manages 43 named funds worth approximately $4.5 million. BASAF annually awards scholarships (based on financial need) to qualifying students pursuing all types of post-secondary education. For more information about BASAF, go to our website at www.studentaidfund.org. Donations and inquiries may be mailed to “BASAF, PO Box 867, Brunswick, ME 04011”. This event is free and open to the public. We hope to see you there!
### IMPORTANT DATES FOR THE SENIOR CLASS OF 2016

<table>
<thead>
<tr>
<th>DATE</th>
<th>EVENT</th>
<th>TIME</th>
<th>LOCATION</th>
</tr>
</thead>
<tbody>
<tr>
<td>10/24/15</td>
<td>ACT Testing</td>
<td>7:30 AM</td>
<td>Brunswick High School</td>
</tr>
<tr>
<td>11/7/15</td>
<td>SAT Testing</td>
<td>7:30 AM</td>
<td>Brunswick High School</td>
</tr>
<tr>
<td>12/5/15</td>
<td>SAT Testing</td>
<td>7:30 AM</td>
<td>Brunswick High School</td>
</tr>
<tr>
<td>12/8/15</td>
<td>Financial Aid Meeting</td>
<td>6:00 PM</td>
<td>Crooker Theater</td>
</tr>
<tr>
<td>12/12/15</td>
<td>ACT Testing</td>
<td>7:30 AM</td>
<td>Morse High School</td>
</tr>
<tr>
<td>Dec—Jan</td>
<td>College Mid Year Reports need to be turned in</td>
<td></td>
<td>Ms. Witham, Counseling Office</td>
</tr>
<tr>
<td>Jan—Feb</td>
<td>$25 Cap &amp; Gown fee due</td>
<td></td>
<td>Ms. Witham, Counseling Office</td>
</tr>
<tr>
<td>1/29/16</td>
<td>Josten's Graduation Announcement order forms</td>
<td></td>
<td>Cafeteria</td>
</tr>
<tr>
<td>2/3/16</td>
<td>Josten's Graduation Announcement order forms</td>
<td></td>
<td></td>
</tr>
<tr>
<td>2/6/16</td>
<td>ACT Testing</td>
<td>7:30 AM</td>
<td>Portland High School</td>
</tr>
<tr>
<td>3/14/16</td>
<td>AP Exam sign up and deposit due</td>
<td></td>
<td>Ms. Witham, Counseling Office</td>
</tr>
<tr>
<td>3/15/16</td>
<td>Brunswick Area Student Aid Fund applications due— NO</td>
<td></td>
<td>Ms. Witham, Counseling Office</td>
</tr>
<tr>
<td></td>
<td>LATE APPLICATIONS ARE ACCEPTED</td>
<td></td>
<td></td>
</tr>
<tr>
<td>4/1/16</td>
<td>Prom tickets go on sale</td>
<td></td>
<td>Mrs. Driscoll and/or</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td>Ms. Witham, Counseling Office</td>
</tr>
<tr>
<td>5/7/16</td>
<td>SAT Testing</td>
<td>7:30 AM</td>
<td>Brunswick High School</td>
</tr>
<tr>
<td>5/14/16</td>
<td>Senior Prom</td>
<td>7:00 PM—</td>
<td>Taste of Maine, Woolwich</td>
</tr>
<tr>
<td></td>
<td></td>
<td>11:00 PM</td>
<td></td>
</tr>
<tr>
<td>5/2—5/13/16</td>
<td>AP Exams</td>
<td></td>
<td>Brunswick High School</td>
</tr>
<tr>
<td>5/24/16</td>
<td>Senior Night</td>
<td>6:00 PM</td>
<td>Crocker Theater</td>
</tr>
<tr>
<td>6/4/16</td>
<td>SAT Testing</td>
<td>7:30 AM</td>
<td>Brunswick High School</td>
</tr>
<tr>
<td>6/6—6/7/16</td>
<td>Senior Final Exams</td>
<td></td>
<td></td>
</tr>
<tr>
<td>6/18/16</td>
<td>Marching practice—MANDATORY</td>
<td>9:00 AM—</td>
<td>Brunswick High School gym</td>
</tr>
<tr>
<td></td>
<td></td>
<td>12:00 PM</td>
<td></td>
</tr>
<tr>
<td>6/9—6/10/16</td>
<td>Marching practice—MANDATORY</td>
<td>9:00 AM—</td>
<td>Watson Arena, Bowdoin College</td>
</tr>
<tr>
<td></td>
<td></td>
<td>12:00 PM</td>
<td></td>
</tr>
<tr>
<td>6/10/16</td>
<td>Graduation—Seniors please arrive by 6:00 PM</td>
<td>7:00 PM</td>
<td>Watson Arena, Bowdoin College</td>
</tr>
</tbody>
</table>

The Brunswick Explorer Bus is willing to pick up students after school at either 2:50 / 3:50 / or 4:50. Students need to let the main office know by 1:00 each day what time they will need the bus. At the moment free tickets are available but usually the cost is $1.00. Students are encouraged to plan ahead any consecutive days they may need to stay after school so the bus and be guaranteed to be here.
FAMILY, FACULTY AND FRIENDS OF SENIORS ARE INVITED TO PARTICIPATE IN THE
CLASS OF 2016 GRADUATION BEAUTIFICATION EVENT!

We are offering a very large hanging pot of beautiful flowers for the cost of $25.00 each. The hanging pots are placed around Sid Watson Arena to help spruce up the graduation ceremony. Each hanging plant will be marked with your name and available for you to take home, at the end of graduation. What a great way to honor your graduate for all of their hard work, over the last four years.

TO ORDER A PLANT, PLEASE SEND A CHECK FOR $25.00 AND THE ORDER FORM BELOW TO:
Class of 2016 Attn: Rita Maines
BRUNSWICK HIGH SCHOOL
116 MAQUOIT ROAD
BRUNSWICK, MAINE 04011

The deadline for purchase is May 27th, 2016 and all proceeds go to the Class of 2016.

NAME______________________________________________________

NAME OF GRADUATE________________________________________

ADDRESS________________________________________________________________________

HOME PHONE_______________________ CELL PHONE_____________________

PLEASE MAKE ALL CHECKS PAYABLE TO BRUNSWICK HIGH SCHOOL
Brunswick High School Profile

Established 1851
116 Maquoit Road
Brunswick, Maine 04011-7452
Phone 207-319-1912
Fax 207-798-5518
CEEB #: 200185

Shana Croflon, Principal
Mary Moore, Student Services Coordinator
Scott Bradley, Counselor
Michael Halmo, Counselor
Christina Ring, Counselor
Denise Witham, Counseling Secretary, Registrar
Kassandra Duffy, Counseling Secretary

The School
Brunswick High School offers a comprehensive program of academic excellence that affords students the opportunity to realize their potential and make a valuable contribution to society. A full complement of core and extracurricular programs is available to students in grades 9 through 12.

The Community
Education, arts and community have always been a trademark of Brunswick, a town of 21,000 residents on Maine’s beautiful seacoast situated on Casco Bay. It is 30 miles from the state’s largest city, Portland, and the capital, Augusta. Bowdoin College is a mainstay in our community. Nearby Bath Iron Works is a national leader in yacht and naval design and construction that brings its legacy to Brunswick.

Accreditation
Brunswick High School is accredited through the State of Maine and the New England Association of Schools and Colleges.

Class of 2015 - Post Secondary Plans
Percent Continuing Education: 80%
4 year schools: 62% 2 year schools: 17%
Military: 2% Work force: 18% Foreign Exchange Students: 1% Gap Year: 1%

Graduation Requirements
A student must earn a minimum of 21 1/2 credits and meet the standards in the district’s comprehensive local assessment system. Maine Studies is required of all students who have not completed this state requirement. All students must demonstrate computer proficiency. All students must have the following credits to graduate:

<table>
<thead>
<tr>
<th>Subject</th>
<th>Credits</th>
</tr>
</thead>
<tbody>
<tr>
<td>English</td>
<td>4</td>
</tr>
<tr>
<td>Science</td>
<td>2</td>
</tr>
<tr>
<td>Fine Arts</td>
<td>1</td>
</tr>
<tr>
<td>Health</td>
<td>1/2</td>
</tr>
<tr>
<td>Mathematics</td>
<td>3</td>
</tr>
<tr>
<td>Social Studies</td>
<td>3</td>
</tr>
<tr>
<td>Physical Education</td>
<td>1</td>
</tr>
<tr>
<td>Computer Competency</td>
<td>1/2</td>
</tr>
</tbody>
</table>

Students must complete 30 hours of community service as a graduation requirement.

Class Rank GPA
The class rank is based on seven semesters using a 100-point system and is weighted. Grade point average is unweighted.

Curriculum Levels
Honors -- English 1, 2, 3, Geometry/Algebra II, Pre-calculus, Calculus, Biology, Chemistry, Geophysical Science, Human Anatomy, Humanities, Physics, French 2 – 3, Spanish 2 – 3, Latin I/II, Wind Ensemble
Advanced/Accelerated -- Music Theory

Academic & Preparatory

Grading System
A+ 98-100 D+ 67-69
A  93-97 D 63-66
A- 90-92 D- 60-62
B+ 87-89 F Fail 0-59
B  83-86 P Pass
B- 80-82 AU Audit
C+ 77-79 I Incomplete
C  73-76 WP Withdraw Pass
C- 70-72 WF Withdraw Fail

Class of 2015 -- SAT I Overall Mean Scores
Critical Reading: 499 Writing: 480  Math: 490
National Merit Semi-Finalist: 2
CEEB Code: 200185

Advanced Placement Testing
97 students took 158 exams - 140 exams had a score of three or higher.

Extracurricular activities

Athletic Activities
Football, Boys & Girls Soccer, Field Hockey, Golf, Boys & Girls Cross-Country, Cheerleading, Boys & Girls Basketball, Boys & Girls Swimming/Diving, Coed Indoor Track, Boys & Girls Ice Hockey, Boys & Girls Tennis, Boys & Girls Spring Track, Softball, Baseball and Boys and Girls Lacrosse
# Class of 2015
## Post-Secondary Choices

<table>
<thead>
<tr>
<th>American University</th>
<th>Rollins College</th>
</tr>
</thead>
<tbody>
<tr>
<td>Babson College</td>
<td>Southern Maine Community College</td>
</tr>
<tr>
<td>Bates College</td>
<td>Southern New Hampshire University</td>
</tr>
<tr>
<td>Becker College</td>
<td>Springfield College</td>
</tr>
<tr>
<td>Beloit College</td>
<td>St. Anselm College</td>
</tr>
<tr>
<td>Bowdoin College</td>
<td>St. Joseph’s College</td>
</tr>
<tr>
<td>Brigham Young University Idaho</td>
<td>St. Lawrence University</td>
</tr>
<tr>
<td>Case Western Reserve University</td>
<td>Syracuse University</td>
</tr>
<tr>
<td>Central Maine Community College</td>
<td>The Culinary Institute</td>
</tr>
<tr>
<td>Champlain College</td>
<td>Thomas College</td>
</tr>
<tr>
<td>Clark University</td>
<td>University of Alabama Tuscaloosa</td>
</tr>
<tr>
<td>Clarkson University</td>
<td>University of Maine @ Augusta</td>
</tr>
<tr>
<td>Clemson University</td>
<td>University of Maine @ Farmington</td>
</tr>
<tr>
<td>Colby College</td>
<td>University of Maine @ Machias</td>
</tr>
<tr>
<td>Concordia University St. Paul</td>
<td>University of Maine @ Orono</td>
</tr>
<tr>
<td>Davidson College</td>
<td>University of Maine @ Presque Isle</td>
</tr>
<tr>
<td>DePauw University</td>
<td>University of Massachusetts</td>
</tr>
<tr>
<td>Eastern Connecticut State University</td>
<td>Amherst</td>
</tr>
<tr>
<td>University</td>
<td>University of New England</td>
</tr>
<tr>
<td>Eastern Maine Community College</td>
<td>University of New Hampshire</td>
</tr>
<tr>
<td>Emerson College</td>
<td>University of North Carolina @ Wilmington</td>
</tr>
<tr>
<td>Endicott College</td>
<td>University of Oregon</td>
</tr>
<tr>
<td>Florida Southwestern</td>
<td>University of Saint Andrews</td>
</tr>
<tr>
<td>Gettysburg College</td>
<td>University of San Diego</td>
</tr>
<tr>
<td>Goucher College</td>
<td>University of Southern Maine</td>
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<tr>
<td>Green Mountain College</td>
<td>University of Tampa</td>
</tr>
<tr>
<td>Iowa State University</td>
<td>University of Vermont</td>
</tr>
<tr>
<td>Ithaca College</td>
<td>University of Virginia</td>
</tr>
<tr>
<td>Hamilton College</td>
<td>Washington County Community College</td>
</tr>
<tr>
<td>Harvard University</td>
<td>Wheaton College</td>
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<tr>
<td>Husson University</td>
<td>Worcester State University</td>
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<tr>
<td>Johnson &amp; Wales University</td>
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<tr>
<td>Keene State University</td>
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<tr>
<td>Loyola University New Orleans</td>
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<tr>
<td>Maine Maritime Academy</td>
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<tr>
<td>Maryland Institute College of Art</td>
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<tr>
<td>McNally Smith College of Music</td>
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<tr>
<td>Middlebury College</td>
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<tr>
<td>Mount Ida College</td>
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<tr>
<td>Norwich University</td>
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<tr>
<td>Paul Smith’s College</td>
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<tr>
<td>Plymouth State University</td>
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<tr>
<td>Roanoke College</td>
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<tr>
<td>Rochester Institute of Technology</td>
<td></td>
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<tr>
<td>Roger Williams University</td>
<td></td>
</tr>
</tbody>
</table>
STUDENT SPOTLIGHT

Erin Marc-Aurele, grade 11, has successfully auditioned to participate in the Macy’s Great American Marching Band! She will be joining over 250 other musicians from 49 states to perform in the Macy’s Thanksgiving Day Parade. The band will perform for over 3 million live spectators as well as countless TV viewers. This is a HUGE honor. She is one of the first BHS band students to have earned this recognition. We are super proud of her!
Connor Flotton, grade 11, attended the Congress of Future Science and Technology Leaders in Massachusetts over the summer. We would like to congratulate him on his invitation and recognize this great accomplishment. Following is a summation of his experience at the Congress:

This summer, I was invited to attend the Congress of Future Science and Technology Leaders in Massachusetts. The Congress was established by the National Academy of Future Scientists and Technologists, in order to bring students from across America who excel in STEM fields together with leaders in those fields. It was an honor and a privilege to attend the Congress, and it was an experience that will stay with me the rest of my life. The Congress consisted of three days of talks from nearly thirty great leaders and entrepreneurs in science and technology. The speakers were all amazing, but some of them in particular were especially incredible. Dr. Craig Venter, founder of the J. Craig Venter Institute, talked about his work in synthetic life and DNA, and about the future possibilities of digitizing and replicating medicines and diseases for study. Dennis Crowley, the founder and CEO of Foursquare, talked about his experiences with failure, and taught me that the ideas everyone else thinks are crazy are probably your best ideas. Two Nobel Prize winners, David Wineland, winner of the 2012 Nobel Prize in physics, and John Mather, winner of the 2006 Nobel Prize in physics, gave talks about the work that led them to winning their Nobel Prizes. Mike Rhodin, the Senior VP of IBM Watson, showed us how Watson and artificial intelligence are advancing and will change the world. His talk in particular stayed with me, because he actually demonstrated what Watson can do. A robot running Watson was able to talk him through different mortgage options, like a human having a conversation and answering questions. It really struck me how far cognitive software has already come, and how much it will change the world. At the end of the Congress, the final speaker was Buzz Aldrin, the second man on the moon. It was incredible to be able to hear a legend like him speak in person. He told us about his journey to the moon, and it was an amazing honor to be there. The Congress was unbelievable, and being able to see so many great leaders talk about their experiences was a very inspiring and motivating experience.
The Town of Brunswick is moving forward with the naming of trails on the Kate Furbish Preserve. The preserve lays to the south of Merriconeag Rd by Mere Brook Golf Course between Harpswell and Princes Point roads. The names of the trails aim to commemorate and honor families and people who lived in the area where the preserve and Brunswick Landing are now. The trail naming is headed up by Bridger Tomlin, the Town’s Planning and Development Bowdoin Fellow, and a group of BHS students Ben Farrell, Noah Imperato, Mae Wilson and Julia Casey.
STUDENT SPOTLIGHT

BHS and Bowdoin teamed up Saturday, September 19 to help beautify the grounds of BHS during Bowdoin’s Common Good Day. Pictured are nine Bowdoin students along with Julianne Rose, wife of the new Bowdoin College President Clayton Rose. Thank you Bowdoin!

The Boy’s Soccer team, under the direction of Coach Mark Roma, took time out over a weekend to help an elderly woman in need. The team stacked a mountain of firewood to help her get ready for Maine’s long winter. Score one for the Dragons!

RYLA is Rotary’s youth leadership training program. The Brunswick Rotary sponsored these three BHS students through their relationship with the BHS Interact Club. RYLA emphasizes leadership, citizenship, personal growth and service. In late June of each year, clubs throughout District 7780 send 120 high school sophomores to the Rotary Youth Leadership Awards conference held at Camp Hinds in Raymond, ME. Aide, Brooke and Jackson spent 4 days together exploring leadership concepts through a series of practical situations which included team building activities, group problem solving, confidence building and solo events.

Left to right in pic—Aiden Sachs, Brooke Barter, Jackson Gordon
STUDENT SPOTLIGHT

Congratulations to the Freshmen Class Officers for 2015-2016!

President – Anna Kousky  
VP – Aiden Glover  
Treasurer – William Callahan  
Secretary – Jenna Brooks

YEARBOOK NEWS

Anyone who would like to submit photos of BHS student activities, athletics, candid or clubs may do so at www.replayit.com. The password to use is dragons. This allows for online uploading directly to the yearbook site. Be sure to take your photos with a title so our staff will know what sections they can go in. Replayit users may also view some of the replayit folders of images.

Senior Recognition Ads –

Do you have a senior that will be graduation with the class of 2016? If you would like to wish them a special sentiment or congratulatory note you may consider placing a Senior Recognition Ad in the Dragon Spirit yearbook.

Ad forms have been mailed home and also appear on the yearbook webpage under community support. The loose deadline is October 31st with submissions placed after that date on a space permitting basis.

Order your Dragons Spirit yearbook now!!!

If you haven’t heard the 2015 yearbook was a huge hit and sold out completely. There will be only 400 copies of the 2016 book printed so be sure to order yours today. Book sales forms are in the office and on the yearbook website. Online orders can be placed at www.jostens.com.
ART DEPARTMENT NEWS

Attention student writers and artists ~
Do you have a great original poem, short story or fantastic work of art? The 2016 Maine Region Scholastic Art and Writing Award Competition and the 2016 Congressional Art Competition are under way! All students are invited to participate. Students may go to www.scholasticartandwriting to register and create an account. There is a five dollar entry fee per work and twenty dollar portfolio entry fee. New award categories include fashion design, jewelry design and editorial cartoons. The deadline for digital submission is December 17th however entry fees and teacher/parent permission slips should be completed in advance with a recommended deadline of December 11th. Interested students should speak with their English and Art teachers for more information and go to www.scholasticartandwriting.org.

 Donate Life Maine Poster Contest sponsored by the New England Organ Bank. This contest is open to all Maine high school students to raise awareness of organ and tissue donation. Interested students are asked to create original art work that conveys a positive message about donation. The deadline is March 4, 2016 and more information can be found at: http://donatelifenewengland.org/poster-contest/

Photographers Forum Photo Contest for High School students. Interested students should go to www.pfmagazine.com to submit original photographs in a variety of categories. The deadline sequence is October 14 with a $4.95 entry fee. Additional deadlines follow.

Photography I students have made their own camera obscura (Pinhole cameras) and are using them to capture images in a negative format. Paper negatives will be contact printed into positives. All three classes are featuring the best pinhole photos by collaborating and using padlet to share their images digitally.

Student members of the National Art Honor Society are engaged in a mural project this month to spruce up the Home of the Dragons sign for the Athletic Department.

Art educator Jennie Driscoll will present at the state arts conference this month titled: A Measure of Success in North Port Maine. Arts educators from around the state will be in attendance sharing best practices and assessment methods.

Artwork by Colleen Graffam- Kearney and Allison Price, members of the Maine Art Education Association, is currently on display in the Inside/Outside exhibition at the Maine College of Art. This show brings together the creative work of artists from around the state to celebrate the studio practice and exploration that takes place both inside and outside the classroom and emphasizes the complementary nature between art-making and art-teaching. This show will be on view in the Zand Head and Hall Galleries, 522 Congress Street in Portland until October 17th and will feature drawing, painting, printmaking, photography, digital art, metal and wood sculpture, fiber arts, and mixed media.
COUNSELING DEPARTMENT NEWS

PSAT Information

We are pleased to announce that in partnership with The College Board, the PSAT’s (Preliminary Scholastic Aptitude Test) will be administered to all 11th grade students at Brunswick High School on Wednesday October 14, 2015 during school hours. Funding has been arranged for students to take the PSAT so the test will be available at no charge. The testing will take place during periods 1-2 and 3-4 and into Period 5/6 (ending at approximately 11:10). All other grades continue classes as usual.

PSAT Schedule – Grade 11
October 14, 2015

Location: Social Studies Wing - Rooms 201-222
Testing Rosters will be posted outside classroom doors beginning October 2nd

7:40-8:05 – Grade 11 Report to Testing Rooms/Distribution of Materials/ Directions

Testing Schedule (approximate – may begin sooner if directions completed)

8:05-9:05 – Reading (60 minutes)
9:05-9:10 – Break (stretch – no more than 5 minutes)
9:10-9:45 – Writing and Language (35 minutes)
9:45-10:10 – Math without calculator (25 minutes)
10:10-10:15 – Break (stretch – no more than 5 minutes)
10:15-11:00 – Math with calculator (45 minutes)
11:00-11:05 – Collect Materials and return to Counseling Staff
11:10 – All 11th Grade Students dismissed from testing
(if all rooms have not completed testing by 11:10, dismissal will be delayed until all are complete)

After dismissal from testing:****
Students who have B Lunch report to classes
Students who have C Lunch report to classes
Students who have A Lunch report to the cafeteria for lunch
11:35 - A Lunch students report to class
11:35 - Region #10 PM bus for all 10th & 11th grade students

Once again, Brunswick High School is proud to continue a Mentoring Program with Bowdoin College. Currently we have 10 Brunswick students who meet with their Bowdoin College student mentor once a week at the high school. The friendship that students build is invaluable and typically continues for over the course of the students’ high school career.

If you would like to know more about this worthwhile program, please contact Christina Ring at cring@brunswick.k12.me.us or at 319-1912.  


COUNSELING DEPARTMENT NEWS

The Counseling Office hosted its annual “9th Grade Parent Transition Evening” the end of September to an enthusiastic crowd of parents and students. The program covered the issue of transition from a variety of perspectives to include adjusting to the larger physical plant; transition to higher academic expectations; social and emotional adjustments and how to balance academics with co-extracurriculars. Mr. Keith Hart, 9th grade class advisor offered tips (and a packet) on academic preparation to include information on note taking, study skills development and overall management of academic course load.

A wonderful panel of students provided answers to questions from the audience regarding adjustments to the high school setting that many of them had experienced and how they approached these issues. Special thanks to the following students for offering of their time and expertise as role models: Emma Hughes, Maeve Arthur, Elina Woolever, Michael Ring, Taylor Washington, Jenna Bailey, Morgan Sciacca and Julia Casey.

The BHS counseling office hosted the 7th Annual Midcoast College Fair. This was the fourth year that BHS hosted the fair after being hosted by Mt. Ararat High School for the first several years after its inception. By all accounts it was a huge success. We had 110 colleges and universities in attendance along with the Finance Authority of Maine (FAME), Maine Education Services (MES) and the New England Board of Higher Education (NEBHE). FAME, MES and NEBHE were on hand to speak with students and parents and to share information on ways to pay for the cost of college through scholarships, setting up a college savings plan for students, financial aid and tuition reduction programs.

Students and parents who attend high school around the region---from Falmouth to Augusta, from Auburn to Damariscotta---were invited to attend. Some students and parents do not go to the college fair held at USM due to the distance and time involved to take part. Brunswick is situated much closer and with over 100 colleges in attendance, draws a large number of students and parents from the region.

College Information Night – October 7

Brunswick High School will host its annual College Information Night for juniors, seniors and their parents October 7 at 6:00 p.m. in Crooker Theater. Both students and parents are invited to attend.

An admissions counselor from both a private college and public university will be present to discuss the following topics:
- Application Overview – what to focus on
- Early Decision vs. Early Action vs. Regular Decision
- The Common Application – how to navigate
- College Recommendations – how to get them

Brunswick High counselors will also discuss the following:
- Naviance – how to use this tool
- Financial Aid – how to get it
- The Student Athlete – what is important to know

Further discussion will include the role of the student, parent and counseling office in the application process. A question and answer period will follow.
HEALTH NEWS

Concussions have been in the national spotlight in recent years as the rate among student athletes has climbed and the long term effects are becoming evident. We recorded 36 concussions during the 2013-14 school year, 32 in 2014-15 and thus far already 10 in the new 2015-16 academic year.

Concussions are serious brain injuries and because they appear invisible the temptation can be to return to school, academic work and athletics too soon which can prolong the recovery process.

We have developed a protocol to address the management of concussions in BHS students. This is a guide not only for the return to athletic activities but for academic expectations as well during the post-concussion recovery period. The evidence-based research has demonstrated that to prevent long term effects from a concussed brain that adequate cognitive rest is as important as physical rest following a head injury. Many times the symptoms of concussion such as headache, noise or light sensitivity, nausea, the inability to concentrate or short term memory loss may not surface for 24-48 hours following the head injury. It is very important to rest from all electronic devices, texting, videos, television, or computers for the first few days following a head injury to allow the brain to recover from the insult.

Don Crane, BHS Athletic Trainer, administers the ImPact test which is a computerized neuro-cognitive assessment tool which helps health care professionals track the recovery of concussed students. He administers the test to all 9th and 11th grade athletes to obtain baseline data which is stored and can be compared to a post-concussion ImPact test to gauge where a student is in the recovery process. Don can share this information with the students’ doctor. Every concussion is different and needs to be treated individually. The protocol is a guide for students, parents, teachers, guidance counselors, athletic trainers, school nurses and the students’ doctor for the monitored return to academics, athletics or extracurricular activities following a concussion. The protocol is on the school web-site under athletics and also under the nurse site.
HEALTH NEWS

<table>
<thead>
<tr>
<th>Stages</th>
<th>Student</th>
<th>Parent</th>
<th>School Staff</th>
</tr>
</thead>
<tbody>
<tr>
<td>Stage 1 – Pre-Diagnosis</td>
<td>Student should remain at home on complete rest 3-5 calendar days after initial injury. No electronics. (No computer, cell phone, video games, TV or texting). No Physical/Sports activity</td>
<td>Parent monitors rest. Parent makes appointment with Primary Care Physician for an evaluation and diagnosis</td>
<td>The School Nurse or Athletic Trainer should be notified. School nurse notifies teachers, guidance counselors, administrators, and athletics</td>
</tr>
<tr>
<td>Stage 2 – Complete Rest and confirmation of diagnosis</td>
<td>Student rests physically &amp; mentally out of school. No electronics. No Physical/Sports Activity per recommendation of physician</td>
<td>Parents continue to monitor rest. Supply Primary Care Provider Medical Diagnosis note to School Nurse</td>
<td>Teachers separate work into 3 categories: Excused: Not to be made up Accountable: Responsible for content, not process Essential: Must be completed by student</td>
</tr>
<tr>
<td>Stage 3 – Monitored Return to Classes</td>
<td>Student gradually returns to classes, partial day, but without academic work expectation. Health office monitors progress. If symptoms persist, student is returned to complete rest.</td>
<td>Parent monitors rest at home. If student returned to complete rest, parent to schedule follow-up with Primary Care Physician</td>
<td>Teachers continue to separate work as in Stage 2 and allow flexibility for due dates. Athletic Trainer administers IMPACT test</td>
</tr>
<tr>
<td>Stage 4 – Monitored Return to Current Academic Work</td>
<td>Student attends classes and does current work. Health office monitors progress. If symptoms persist, student is returned to Stage 3</td>
<td>Parent reports any concerns over persistent symptoms to health office</td>
<td>Guidance Counselor notifies teachers of status, and discuss concerns over student’s ability to perform current work</td>
</tr>
<tr>
<td>Stage 5 – Resumption of Full Academic &amp; Light Cardio Activities</td>
<td>Student begins to catch up on accountable and essential past work. Begins light cardio in P.E. class or with Athletic Trainer Supervision</td>
<td>Parents report any concerns to health office</td>
<td>If the students return to Stage 5 has taken at least 2 weeks, counselor holds parent-teacher-student meeting to define priorities &amp; expectations for past make-up work</td>
</tr>
<tr>
<td>Stage 6 – Resumption of Full Academic &amp; Teachers communicate with student concerning make-up of academic work</td>
<td>Parent reports any return of symptoms to health office</td>
<td>Guidance counselors monitor any difficulties related to make-up work.</td>
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</tbody>
</table>

BHS Concussion Protocol Notes

Concussions are serious brain injuries. Because they are invisible, the temptation is to return to school, academic work and athletics too early, which can substantially prolong recovery. When a student returns to school, the return will be gradual and monitored, with a return to earlier stages if symptoms persist or return.

**Rest . . . what is it?** It is important for students to avoid excessive sensory stimulation that can result, for example, from attending loud events (including athletic events, even on the sidelines or as a spectator) and playing video or computer games or listening to loud music. This is very important at least through the end of stage 3.

**Expected Duration of Rest Stage.** This is variable. However, it is anticipated that Stage 2 Complete Rest will last 3-5 school days for students diagnosed with their first concussion. This may be extended depending on the symptoms experienced by the student. This stage may last 5-7 school days for students with repeat concussions, again subject to extension based on symptoms.

**Categories of Work.** Once a student has been diagnosed with a concussion, teachers will begin to separate missed work into categories that the student will begin to catch up on once Stage 5 is reached. The categories are:

- **Excused.** Not to be made up.
- **Accountable.** Responsible for content, not process. May be notes or work shared by a classmate, or may be covered in a review sheet.
- **Essential.** Must be completed by the student and will be graded.

**Tests & Quizzes.** The student will not resume tests and quizzes on current work until Stage 4. The student will not begin making up missed tests/quizzes until Stage 5.
LIBRARY NEWS

News from the BHS Library!

Spirit Week at BHS!

The Library has been a very busy place since the start of the school year with freshmen orientations and Science and Health classes starting research projects! It was especially spirited during Spirit Week leading up to Homecoming! Here are some student candidps captured in the library! ~Mrs. Jerome

Emma and Brynn on Twin Tuesday!

Orange & Black Friday!

Class Colors Thursday with Juniors in Red!

Freshmen Jack, Kiko, Rian and Leilah taking a Reading Survey during Orientation

Freshmen exploring the Library’s collection of 25,000 books during Library Orientation in September!
MUSIC DEPARTMENT NEWS

NIGHT OF SWING AND JAZZ

SATURDAY, OCTOBER 24, 2015

BRUNSWICK HIGH SCHOOL CROOKER THEATER

FEATURING THE OPUS ONE BIG BAND & THE BHS JAZZ BANDS

SILENT AUCTION AND DESSERT BUFFET 5:00 PM

CONCERT AT 7:00 PM
UNION SCHOOL NEWS

At the Off Campus Learning Center, Brunswick High School’s Alternative Education Program, we are off to a good start! We have already had two of our 18 sessions at the Riverview Martial Arts Dojo. Students are engaged and are enjoying doing something different.

During the third week of school the students and teachers climbed Mount Megunticook at Camden Hills State Park. The excellent views made the steep climb worth it!

At the end of last year the staff at Union School were pleased to present the Bob Clark Award to Axel Billington (photo on left) and Dylan Thiboutot. (photo on right) Bob Clark was a student at Union School from October, 1986 to October 1987. He will be remembered for his kind and caring nature, his appealing personality, and his leadership skills. The Recipient of this award is a Brunswick High graduate who has met certain criteria in the areas of career and post-secondary school goals, peer interaction and character. Accompanying the award is a $200 cash grant and future support for college textbooks.
ATHLETIC NEWS

AGREN APPLIANCE
GREEN BRIDGE CUP 2015-16
“Promoting Educational Athletics”

Brunswick High School and Mt. Ararat High School have always enjoyed a strong athletic rivalry as members of the Kennebec Valley Athletic Association and the Maine Principal’s Association. Conversations on both sides of the river often talk about which school’s athletic department is stronger! In an effort to answer that question and promote this friendly rivalry we will be introducing the “Green Bridge Cup” 2014-15

Rules:
Schools can score points every time there is a regular season Brunswick/MTA event. (Pre-season/ Tournaments excluded) Points will be added up during the entire school year during all three sports seasons. The school with the most points will be declared the winner for that school year.

All varsity contests are worth = 2 points
All sub varsity contests are worth =1 point

For all events with multiple teams; i.e. Cross Country meets, track, swim, cheer competitions etc. the school that places higher for that meet/comp will receive 2 points.

<table>
<thead>
<tr>
<th>Fall</th>
<th>Winter</th>
<th>Spring</th>
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</thead>
<tbody>
<tr>
<td>Football</td>
<td>Boy’s Basketball</td>
<td>Baseball</td>
</tr>
<tr>
<td>Boy’s Soccer</td>
<td>Girl’s Basketball</td>
<td>Softball</td>
</tr>
<tr>
<td>Field Hockey</td>
<td>Girl’s Ice Hockey</td>
<td>Boy’s Lacrosse</td>
</tr>
<tr>
<td>Girl’s Soccer</td>
<td>Boy’s Ice Hockey</td>
<td>Girl’s Lacrosse</td>
</tr>
<tr>
<td>Golf</td>
<td>Girl’s Indoor Track</td>
<td>Boy’s Outdoor Trk</td>
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<tr>
<td>Boy’s Cross Country</td>
<td>Boy’s Indoor Track</td>
<td>Girls Outdoor Trk</td>
</tr>
<tr>
<td>Girls Cross Country</td>
<td>Girls Swimming</td>
<td>Boy’s Tennis</td>
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<tr>
<td></td>
<td>Boy’s Swimming</td>
<td>Girl’s Tennis</td>
</tr>
<tr>
<td></td>
<td>Cheerleading</td>
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</tbody>
</table>

Awards:
Agren Appliance will provide two plaques for each school to update upon the completion of each school year! There will also be one “Green Bridge Cup” that the victorious school will display in their trophy case for the entire next school year.

Scoreboard:
13.5 BHS, 4.5 Mt. Ararat

Go Dragons!
OCTOBER 2015 ATHLETIC SCHEDULE...check Schedulestar.com for most recent changes

Wed, Oct 7  
3:30 PM; 5:00 PM; B V & JV Soccer @ Brewer High School
3:30 PM; B Freshman Soccer vs Lewiston High School
3:30 PM; 5:00 PM; G V & JV Soccer vs Brewer High School
4:00 PM; G V Volleyball vs Gardiner Area High School

Thurs, Oct 8  
3:30 PM; 5:00 PM; G V & JV Field Hockey vs Brewer High School
6:00 PM; B Freshman Football @ Leavitt Area High School

Fri, Oct 9  
4:00 PM; 5:00 PM; B JV & V Soccer vs Edward Little High School
3:30 PM; 5:00 PM; G V & JV Soccer vs Edward Little High School
4:00 PM; B & G V Cross Country @ Camden Hills Invitational
7:00 PM; B V Football @ Brewer High School
7:00 PM; G V Cheerleading @ Brewer High School

Sat, Oct 10  
TBA V Golf Open Date Class A Team Championship
10:00 AM; G Freshman Soccer @ Yarmouth High School
10:00 AM; G V Volleyball vs Deering High School
11:30 AM; B Freshman Soccer @ Yarmouth School

Mon, Oct 12  
10:00 AM; B JV Football vs Leavitt Area High School
11:00 AM; 12:30 PM; G V & JV Field Hockey @ Mt. Ararat High School

Tues, Oct 13  
3:30 PM; 5:00 PM; G V & JV Soccer vs Mt. Ararat High School
4:00 PM; 6:00 PM; B JV & V Soccer @ Mt. Ararat High School

Thurs, Oct 15  
4:00 PM; B Freshman Football vs Oxford Hills High School

Fri, Oct 16  
3:30 PM; 5:00 PM; B V & JV Soccer @ Cony High School
4:00 PM; 6:00 PM; G JV & V Soccer vs Cony High School
7:00 PM; B V Football @ Mt. Blue High School
7:00 PM; G V Cheerleading @ Mt. Blue High School

Sat, Oct 17  
TBA V Gold Open Date Class A Individual Championship
8:30 AM; G V Volleyball @ Falmouth High School tournament
11:00 AM; G V Cross Country @ KVAC Championship
11:45 AM; B V Cross Country @ KVAC Championship

Mon, Oct 19  
5:00 PM; B JV Football vs Mt. Blue High School

Tues, Oct 20  
3:00 PM; G V Field Hockey Open Date Quarterfinals

Wed, Oct 20  
3:00 PM; G V Field Hockey Open Date Quarterfinals

Thurs, Oct 22  
5:00 PM; B Freshman Football vs Morse High School

Fri, Oct 23  
3:30 PM; G V Soccer Open Date MPA Preliminaries
7:00 PM; B V Football vs Nokomis High School

Sat, Oct 24  
11:00 AM; 11:35 AM; G V & B V Cross Country Regionals
11:00 AM; B V Soccer Open Date MPA Prelims
11:00 AM; G V Field Hockey Open Date MPA Semi Finals

Tues, Oct 28  
3:30 PM; G V Soccer Open Date Quarterfinals
4:00 PM; 4:30 PM; G JV & B JV Cross Country @ Edward Little

Wed, Oct 29  
3:30 PM; B V Soccer Open Date Quarterfinals

Fri, Oct 30  
7:00 PM; B V Football Open Date Quarterfinals

Sat, Oct 31  
11:00 AM; 11:45 AM; G V & B V Cross Country States
11:00 AM; B & G V Soccer Open Date Semi finals
Local Community Service Opportunities Posted On Line

"Never doubt that a small group of thoughtful committed citizens can change the world; indeed, it’s the only thing that ever has.”
- Margaret Mead

You have three options…

1) Visit the BHS Main Page http://www.brunswick.k12.me.us/bhs
   Click on the "Community Service" link and search the site or click on the "Current Events" category for the most up to date opportunities or "List of Organizations" to search a community partner of choice.

2) Follow Volunteer Maine Website Directions: (It takes just twenty seconds to start making a difference…)
   Go to www.volunteermaine.org
   Click on the "Red Button"
   Type in your zip code in the yellow box
   * Note the box to the right gives you the opportunity to search "zip only" or for service opportunities within a particular number of miles - even just five miles within zip code area produces significantly more opportunities.
   Hit the search button below the "Zip Code" yellow box

3) Visit Mr. Wilson in Room 203

_________________________________

A reminder to please verify that the hourly amount under the community connections category on your report card is correct. Any questions may be directed to Mr. Wilson at 319-1910 ext. 2203.

A review of the policy is as follows:

- Students must complete a minimum of thirty (30) hours of community service as a graduation requirement.

- Students need to earn five hours before their 11th grade year and fifteen before their 12th grade year to obtain off campus privileges.

- It should be noted, in 2008 the Brunswick School Board amended the policy to allow 8th graders to earn up to 10 hours towards their thirty hour requirement for graduation at Brunswick High School.

Certain job shadow opportunities may compliment the spirit of this requirement while also directly satisfying career objectives suggested by the Maine Learning Results. To the extent that these opportunities exist, pre-arranged and approved job shadow experiences may be used to fulfill up to ten hours of the thirty hour requirement. ♦
NOTICE TO PARENTS OF BRUNSWICK HIGH SCHOOL STUDENTS
ON RELEASE OF INFORMATION TO MILITARY RECRUITERS AND COLLEGES

A federal law, the No Child Left Behind Act, requires secondary schools to provide student names, addresses, and telephone numbers to both military recruiters and institutions of higher education, upon request. Parents and legal guardians of students, however, have the right to request that the school not release such information without prior written parental consent.

The purpose of this notice is to inform you of the law and to provide you the opportunity to request that information about your child not be released to either military recruiters or institutions of higher education. To prevent the release of information, you must inform us by filling out the form below. If you do not inform us otherwise, we will be required by federal law to disclose your child’s name, address, and telephone numbers to military recruiters and institutions of higher education that request this information.

Please return this form to Mrs. Farnsworth in the main office through the mail or with your student. Please contact Mrs. Farnsworth if you need further information.

Thank you,

[Signature]
Shanna Crofton
Principal

PARENT/GUARDIAN REQUEST:
I am the parent or legal guardian of ________________________________
________________________ (list all children to which this request applies),
who is/are student(s) at Brunswick High School. Please do not release my child’s name,
address, or telephone number to the following without my prior written consent (initial
one or both):
_______ Military Recruiters
_______ Institutions of Higher Education

Dated: ____________________  ____________________
________________________  Signature of Parent/Legal Guardian

** COMPLETED FORMS REMAIN ON FILE AND WILL REMAIN IN EFFECT UNTIL OTHERWISE NOTIFIED BY PARENT OR GUARDIAN.**