

"The Adolescent Brain (A Work in Progress)"

Brunswick Jr. High School welcomes **Pender Makin,** Director of The REAL School

If you find yourself wondering: "Who is this person? And where did my child go??", you might be the parent of an adolescent!

Thursday, May 7th, 2015 6:00-7:30 pm BJHS Library

> Please <u>**RSVP**</u> to Mrs. Nein or Mrs. Roy at 319-2932 or aroy@brunswick.k12.me.us by April 27th

Topics will include:

- Information about adolescent brain development
- Resources and strategies for better understanding and managing adolescent behaviors
- Tools for helping your teen to navigate the social and emotional rapids, and
- Ideas for maintaining open communication and a positive relationship throughout